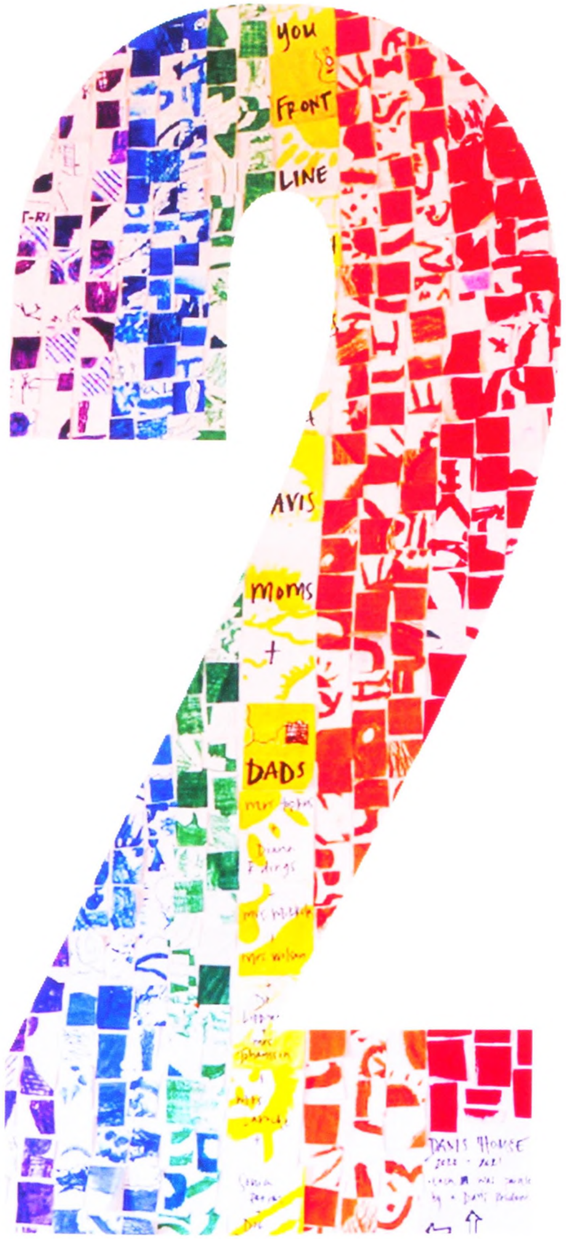
STANSTEAD COLLEGE

2020-2021

Webster
20-21
FOR THE
THINGS YOU
Care about,
BUT DO IT IN A WAY THAT
lead OTHERS TO JOIN Y


YOU
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2021

STANSTEAD COLLEGE SPECTRUM 2021

MESSAGE FROM THE EDITOR

A Once-in-a-Lifetime Experience

Last summer, we were all wondering if we'd be able to come back to school in person. Or would COVID-19 keep us captive in our homes and isolated from our friends and classmates as it had during the previous school year? Thankfully, we did, and, oh, what a year it has been!

When school first started, the new rules that were put in place were very hard to adapt to. I think that a lot of us looked at this year as a time when we missed out on so much. We did not participate in any tournaments. We couldn't leave campus to go to town. We were separated from our families. And we missed our friends who could not join us in person during the school year, as quite a few had to take online classes. To top it all off, those of us who were on campus had to socially distance ourselves and wear masks all year long!

But no one can say we didn't have a memorable year. In fact, I'd have to say that this year has been unforgettable.

All year long, we had sports. This kept us in shape and helped us to focus on something besides schoolwork and the pandemic. A few teams, like varsity soccer, were lucky enough to get to play against BCS. Even though the girls team got annihilated! Ouch!

I think we can all agree that the animation team was on top of it this year. House soccer, Fear Factor, glow-in-the dark dodgeball, special dinners, tennis tournaments, and parties, we had it all, and more. Without all of these activities, weekends would not have been the same!

There were also two of the biggest events of the year that we still got to do despite everything: All-Campus Day and Spartanpalooza, both of which were a hit and some of the most memorable days of the year. As for this life, I actually got up on stage and sang a song! Took me six years but I finally did it!

Coming to live on campus was one of the most important parts of the year, for me and for so many other day students. I know most of us would never have had this opportunity if it were not for the pandemic. Although it was a hard decision to make, it was worthwhile as I feel I got to complete my sixth year here in the best possible way.

And finally, on the last night of the year, the class of 2021 got together to celebrate our graduation in style at our Grad Party.

So, in the end, we did go through a once-in-a-lifetime event, a global pandemic, that will definitely make it into the history books. A big thank you to all the teachers and staff who kept us safe. Without you, this past year would have been a disaster. Despite all the hardships, I believe that the yearbook team has managed to include all of the good memories in this book. I hope you will all remember this year fondly. Despite the world crashing and burning around us, we still got to have lots of fun.

- Sophia Caillet Farfan

MESSAGE FROM THE HEAD

Remember What We've Learned From All This

If, like me, you spent part of the pandemic watching the Netflix comedy series "The Good Place," you discovered in an early Season One episode that the prophets of the world's major religions had solved just five percent of the mysteries of the universe.

One of those unsolved mysteries must have been how a small boarding school in rural Quebec made it through the entire 2020-21 school year with in-person classes, a full complement of sports and student life activities and without any cases of the COVID-19 virus.

Well, now is the time to unveil the secret to that success. Like J.R.R. Tolkien's Lord of the Rings, it involved a group of friends trying to reach a destination in the face of all of the chaos and obstacles that the enemy could throw at them. They persisted, demonstrating courage, patience and fortitude throughout their arduous journey. A good sense of humour also helped lighten their burdens and lifted their spirits along the way.

Somehow, out of this extreme test, many wonderful things emerged – a successful school year, strong friendships, lessons in patience and humility and, hopefully, a greater appreciation for what we here at Stanstead College were able to experience over the past 10 months compared to most high school students around the world.

Perhaps one of the things that came out of this pandemic was that we became a little more forgiving of each other – and maybe even of ourselves too. Perhaps we learned to be more thoughtful of the people in our lives who cared for us, looked out for us and loved us.

When we wander through the stages of our existence, there are people we will always remember. Those who were kind to us. Those who passed along some wise words that will stay with us forever. Those who gave us a boost when we were not feeling our best and when we needed it the most. Those who always had our best interests at heart.

We need people like that, because – as we have witnessed over these past 15 months – life is often VERY hard. It's one of the tough realities we find out about as we get older – life is always ready to let us know how bad we are. Sometimes we need people around us to let us know how good we are.

I hope that over the past year you found a few of those people here at Stanstead College. And if you did, I hope that you took a moment to thank them before you left.

We are now in the process of gradually reconnecting with all of the simple pleasures that have been denied to us for over a year. Once we're finally able to do those things again, they're going to seem like little wonders to us. At least for a while. But after a few months, or maybe even sooner, they won't. And we'll surely start to take them for granted once again as we resume our familiar old habits and routines.

We should try not to do that. The simple things in life are actually the essential things in life. They're what keep us going and make each day worth living. We should try to remember what life was like when we couldn't do those things and appreciate t
he joy that those simple moments bring to us. We should try to learn and grow from what the tough times have taught us.

There still a ways to go but the path ahead is opening up for all of us. The road forward is bright.

Good luck to all of you. Thank you for your forbearance during this unprecedented journey of the past year. We look forward to seeing you again soon.

- Michael Wolfe
Head of School

TEACHERS & ADVISORS

Front: Eryn Hessian, Lisa Smith, Erik Van Dyke, James Rioux, Christian Wells, Michael Wolfe, Joanne Carruthers, Andrew Blair, Keri Reynolds, Carmen Campbell
Middle: Logan Béasse, Duane Liverpool, Patrick Fraser, Thomas Peasley, Courtney Tougas, Amy Laroche, Rebecca Benizri, Laura Kirby, Nicki Campbell, Adam Spirk, Elizabeth Zimmerman, Joannnie Robitaille, Simon Winquist, Barbara Wilkinson, Faaiz Akbar
Rear: Bernie Pimm, Kyra Borsoi, Jean-Jacques Prévost, Chris Planetta, Geoff Standage, Matthew Thompson, Ladonna LaMonth, Magali Gagnon, Eric Grenier, Matthew DeCarlo, Shawn Belknap-Keet. Missing: Audrey Hamilton, Ross Murray

Shawn Belknap-Keet – Math/Science
Rebecca Benizri – Math/Science
Andrew Blair – Math/Science, director of academics 1
Carmen Campbell – English 2
Nicki Campbell – English (department head) 3
Joanne Carruthers – Assoc. Head of School, Admissions 4
Matthew De Carlo – French, Geography 5
Magali Gagnon – French 6
Eric Grenier –Music, Ethics
Audrey Hamilton – History 7
Eryn Hessian – Math/Science, University Guidance 8
Laura Kirby – Math/Science
LaDonna Lamonth – Math/Science
Amy Laroche – Art 9
Duane Liverpool – English 10
Thom Peasley – English, Drama 11
Bernie Pimm – Economics
Christopher Planetta – Math/Science
Jean-Jacques Prévost - French
Keri Reynolds – University Guidance 12
James Rioux – History, director of hockey operations 13
Joannie Robitaille – French 14
Andre Simard – History
Lisa Smith – Math/Science (department head) 15
Adam Spirk – French, animation 16
Jeffrey Standage – Math/Science
Matthew Thompson – Geography
Courtney Tougas – Contemporary World/Finance
Erik Van Dyke – Math/Science, Director of Athletics 17
Christian Wells – Math/Science, Philosophy, Asst. Head of School 18
Barbara Wilkinson - English
Simon Winquist – French, Humanities 19
Amy Wolfe – Library
Michael Wolfe – Head of School 20
Emily Zimmerman – Math/Science

PREFECTS

Front: Tammy Wood-Downey (co-head prefect), Mr. C. Wells, Mr. M. Wolfe, Mrs. J. Carruthers, Andrew Bouchard (co-head prefect), Cindy Zhang
Middle: Joliane Legault, Leo Shi, Léa-Rose Rémillard, Fernanda Rivas Cansino, Sofia Paradis, Yoan Torello, Hayden Pimm, Victoria Fernandez Garcia, Logan Béasse, Alicia Wang
Rear: Rosemary Lefebvre, Ben Chadwick, Matthew Liddell-Grainger, Max Pedicelli, Vicky Azar, Nicolas Pokora, William Dyke, Hadley Forbes

TRUSTEES & DIRECTORS

Directors listed in bold

Sergio Afif '09
Monty Allan '78
Robert Archambault
Gabrielle Archer '09
Peter Ashworth
George Baptist '76
Nicolas Bauer '10
David Beasse '59
Martin Beasse '91
Georges Beaubien '68
Philippe Beauregard '92
Constance Bedard '06
Ryan Bedard '10
Mathieu Beliveau '99
Nathalie Beliveau '98
Felix Boisse '10
Michael Bonaro '05
Ellen Bounsall
Pat Burden '70
Joey Cammalleri '74
Stephen Carden '77
Dorothy Chan '07
Olivier Charette '09
Hank Chen '10
Christopher Clegg '80
Jeffrey Cowen '09
Jonathan Cowen '72 (Chair)
Judith Crosland Cowen
Winston Cuenant '99
Peter C. Daniel '54
Terry Davies
Collin De La Bruere '09
George Diamandopoulos '94
Andrea Dumas '08
Blanche Du Sault '11
Tracey Emms '82
Eric Fafard
Susan Fitzpatrick
Kelly Foran '12
Alex Gagnon-Sckoropad '08
Marie-Pier Germain '01
Jared Givarz '00
Randy Goodleaf '81
Karine Goyette '99
Darren Gray '00
Jeff Gray '04
Necola Guerrina '09
Hugh Gurd '71
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Cindy Ho
Duane Holder '90
Stanley Holmes Sr. '53
Tiffany Hsu '13
Kevin Hurlburt '93
Mark Jankowski '12
Dr. Pierre-Olivier Jean '08
Gillian Knightley '93
Mitch Kotansky '80
Claudine Landry '00
Ashley Langevin '17
John Laroche
Kirsten Layzell McConnell
Jean-Francois Lefort '09
Antoine Leger
Joseph Levy '69
Andrew Lippi '09
Vicky Liu '14
Andrea Lopez Sanchez '14
Hilda Lui '05
Sean Maas '01
Samuel MacCallum '80
David Marosi '04
Suzy McDonald '95
Doug McEwen '76
Jesse McRae '02
William Moffatt '72
Julia Naber '04
John Nadeau '77
Rebecca Nienkamper '83
Guy Ouellet
Naomi Orth '11
Dr. Zubin Panthaki '85
Francois Paradis '92 (Vice-Chair)
Isabelle Paradis-Gatcliffe '89
Dr. Michael Peirce '73
Robert Perretta '04
Tom Perretta '06
Angelo Perrotta
Julian Perrotta '08
Jackson Qiu '14
Kimberly Quinn '93
Luc Quirion
Jean-Samuel Rancourt '06
Pierre Reid
Frank Riddle '08
Jason Rodi '95
Orfa Roji '93
JD Ross '00
Joanne Ross
Peter Ross '03
Light Sathiensamrit '07
Andrea Schmitt
Robert Scobie '94
Etienne Scraire '12
Charles Seagram '92
Joel Segal '75
Lindsay Smith '09
Harvey Stevens '74
Matthew Stevenson '77
Charles Vaillancourt '09
Catherine Van der Linden
Rene Villarreal '94
Alex Wagner '02
Geoffrey Wagner '71
Dr. Akiko Watanabe '70
Matthew Watt '99
Scott Waugh '70
Claire Webster
Judith Webster
Philip Webster
Stuart Webster
Helen White '09
Jordan Wong '09
Alyson T. Wood
Aika Yamashita '14
Jacqueline Zhang '14

HONORARY TRUSTEE
Charles W. Colby

SUPPORT STAFF

ADMISSIONS / HEAD'S OFFICE

(Rear) Liliana Roji, admissions assoc.; Patrick Fraser, asst. dir. of admissions;Joanne Carruthers, director of admissions; Logan Vanasse, admissions assoc.; (front) Donna Richter, admin. asst. academics; Marie-Eve Simard, admin. asst. head of school; Christine Allard, admin. asst. admissions. Missing: Jane Liu, admissions assoc.

BUSINESS OFFICE

(l-r) Kim Martin, accounts payable; Lynn Johnston, dir. business operations; Farrah Cabana, asst. controller; Peggy Alger, office administrator; Francois-Olivier David, human resources; Karine Richard, student accounts. Missing: Mike Huckins, dir. facilities

ARENA

Marc Parent, manager; Josh Pope

HEALTH CENTRE

Sonia Perron, nurse; Marie-Soleil Larouche-Roberge, nurse; Holly Moore, counsellor

COMMUNICATIONS

Ross Murray, director; Kyra Borsoi, associate; Shannon Garrett, associate, Quinn, the cuteness

ADVANCEMENT / HEADS

Dugie Ross, interim adv. director; Joann Carruthers, assoc. head; Karen Cushing, adv. assoc.; LeeAnne Smith, outgoing adv. director; Jesse McRae, incoming adv. director; Mike Wolfe, head; missing: Emily Marosi, adv. assoc.

IT

Jean-Luc Navert, director, Maude Poulin-Labelle, intern, Paul Thompson, advisor

JANITORIAL

(L-r) Samantha Bryant, Shannon Bryant, Anna Wang, Taunya Pope, Sarah Archer (supervisor), Gilles Lizotte, David Lacasse Buzzell, Ed Yao. Missing: Louise Almassy. Missing: David Buzzell

MAINTENANCE

(L-r) Skyler Muth, Sébastion Paxton, Campbell Wolfe, Khaleq Ahad, Guy Roy, Will Huckins, Sean Ride (manager), Josh Pope, Richard Gilchrist. Missing: Johnny Gingras, Christine Blanchet

FOOD SERVICES

Dana Hospitality

LIBRARY

Amy Wolfe, Keri Reynolds

TUCK SHOP

Shannon Pimm, Faaiz Akbar

SECURITY/TRANSPORTATION

Stéphane Dozois (manager); Security: Guy Beaudoin, Holger Richter,Christian Robert,Wayne Stratton; Transportation: Denis Comeau, Christopher Goodsell, Michael Goodsell, Gilles Lizotte, Guy Ouellet, Robert St-Hilaire

GYM

Alta Sheldon

GRADS

12

CLASS OF 2021

Andrey Afanasyev

Victoria Azar

Nickname: Dre
From: Moscow, Russia
At SC since: Grade 9
Best Memory: Montreal break and Seb's room

Nickname: Vicky
From: Sao Pauo, Brazil
At SC since: Grade 10
Best Memory: Chem classes with Austin, Tam & Jakub, and also late nights at Nicole's and Aimee's and Sophie's room with 42.

Mariama Barry

Jacob Bigras

Jeremy Bigras

Andrew Bimm

Nickname: Yama
From, Ottawa, Ontario
At SC since: Grade 8
Best memory: All the basketball tournaments and games! Nights in Webster with the girls, drinking water on Saturday nights with the Grade 12s... Winter Carnival this year. 5 years went by so fast and narrowing a few most memorable moments is impossible. Looking at the years is such a blur yet so much was such a highlight, hopefully prom will add itself to the list:)

Nickname: Sister (Thanks, Pana)
At SC since: Grade 12
Best Memory: The memories, but especially the friends I've made here are will never be forgotten. Thanks to everyone in Cowen, especially the boys for the sick moments: the pranks, the sus jokes and the parties. Thanks to the hockey boys, this was still a sick year even though I would have loved the roadies with you guys. Thank you to the teachers for making this journey worth it and special. Quebz 2.0, I'll miss you guys. I will miss everyone and I will miss Stanstead. #cowen #quebz #SCHockey #SC

Nickname: Jer
From: Montreal, Que.
At SC since: Grade 12
Best Memory: Despite all the restraints, this year has been everything I could've asked for. I made many new friends and created many memories that will forever stay with me: hanging out with everybody, either in the rooms, in the lounge, outside, or at the rink. The social life at Stanstead is what's so special and I'll remember my experience here forever. Thank you, Stanstead College.

Nickname: Bimm
From: Coventry, Vermont
At SC since: Grade 7
Best Memory: Being a part of the team that ran the first TEDx event at Stanstead.

Andrew Bouchard

Nickname: Bouch
From: Newport, Vt.
At SC since: Grade 7 – now in my 7th year (PG)
Best Memory: Habitat for Humanity in Nicaragua and Vietnam Service Learning trip.

Bennett Chadwick

Nickname: Ben
From: Ottawa, ON
At SC since: Grade 11
Best Memory: Sunday night dinners.

Chaeyoung Cheong

Nickname: Raina
From: Seoul, South Korea
At SC since: Grade 11
Best Memory: Every moment :)

Aimee Cloutier

From: Montreal, Que.
At SC since: Grade 11
Best Memory: Getting involved in every animation, playing on sports teams, and talking to everyone.

Dominique Cormier

Emma DeCorby

Michael Deforel

Fritz Dietrich

Nickname: Dom, Corms
From: Sainte-Marie-de-Kent, NB
At SC since: Grade 11
Best Memory: Hockey road trips with the girls.

From: Saskatoon, Saskatchewan
At SC since: Grade 12
Best Memory: Winter Carnival

Nickname: Miguel
From: Geneva, Switzerland
At SC since: Grade 10
Best Memory: Storage room with the boys

From: Germany
At SC since: Grade 9
Best Memory: Variety Show Grade 9

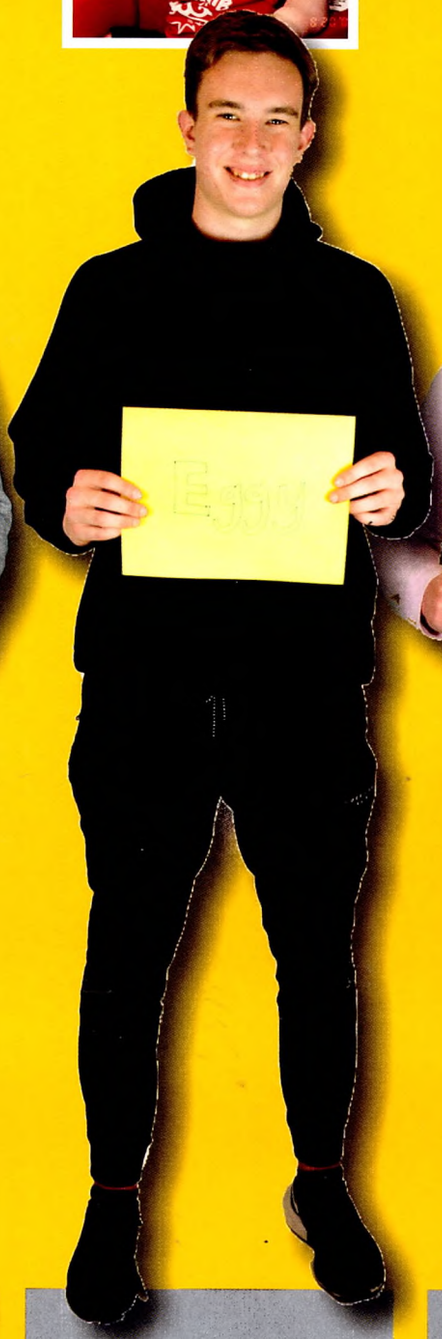
Marc-Antoine Ducharme

Nickname: Ducharme
From: Magog, Qc
At Stanstead Since: Grade 10
Best Memory: Leaving on a Friday for hockey
Special Thanks:
The boys and the Quebz 2.0! Also, to all the teachers and coaches but especially to my parents for allowing me to study at Stanstead
#FreeJT
#FreeNT

William Duhamel

Nickname: Will
From: Sherbrooke
At SC since: Grade 11
Best Memory: Rugby Trip to California.

William Dyke



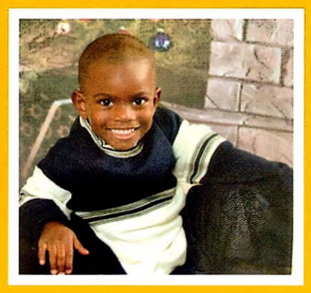
Nickname: Dyker
From: Lethbridge, Alberta
At SC since: Grade 11
Best Memory: All the hockey road trips we had when I was in Grade 11.

Panayioti Efraimidis

Nickname: Pana
From: Ville St-Laurent, Quebec
At SC since: Grade 11
Best Memory: My past 2 years here have been some of the best of my life. I'm fortunate to have created such amazing memories with the all the boys whether it was in Davis or Cowen, the hockey road trips, the Storage Room boys. Stanstead will always have a special place in my heart and I'm thankful for that. I loved being a Spartan and will always be one. Nothing replaces long-lasting memories and friendships. GO, LB, HL, RY, AS, RH, AK, HVA, GL, OH, EM, DL, NT, MW, MD, RJ, JT, HS.

Sophia Caillet Farfan

Hadley Forbes



Emilie Fortunato

Laurence Frenette

Nickname: Farfan
From: Stanstead, Qc.
At SC since: Grade 7
Best Memory: Tubing trips at Valcartier, Ottawa Trip Grade 11, art classes Grade 10, variety shows, haunted hallways in Colby, basketball tournaments in Montreal, CAIS, and Spartan Palooza 2021.

Nickname: Papi
From: Grand Bahama
At SC since: Grade 10
Best Memory: "Rugby" can't talk about it....

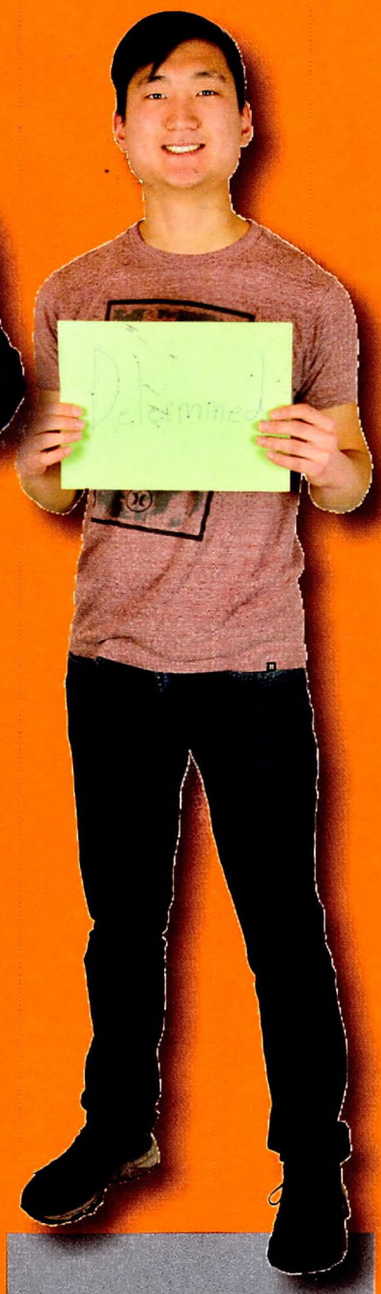
Nickname: Fortu
From: Laval, Qc.
At SC since: Grade 11
Best Memory: Roadies with the girls.

Nickname: Lau
From: Boisbriand, Qc
At SC since: Grade 9
Best Memory: All the road trips with the girls, the track meets, and winning our 5th NAPHA Championship.

Evan Gass

Nickname: Gasser
From: Cookshire-Eaton, Que.
At SC since: Grade 10
Best Memory: Spending time with all my friends, whether that was on the road, on the way to a game, or just in the lounge hanging out.

Korey Goudreau



Nickname: Softball King
From: Stanstead, Que.
At SC since: Grade 9
Best Memory: Winning the softball 2021 season.

Sebastian Henault

Nickname: Seb
From: Indianapolis, Indiana
At SC since: Grade 12
Best Memory: Meeting Shannon Garrett.

Jiabao Hu

Nickname: Jessie
From: Chengdu, China
At SC since: Grade 10
Best Memory: So many... learning in classes, traveling to Quebec City and Ottawa, talking with friends...

Nicole Isaak

Ryan Johnson

Jakub Kaczynski

Peppi Kahkonen

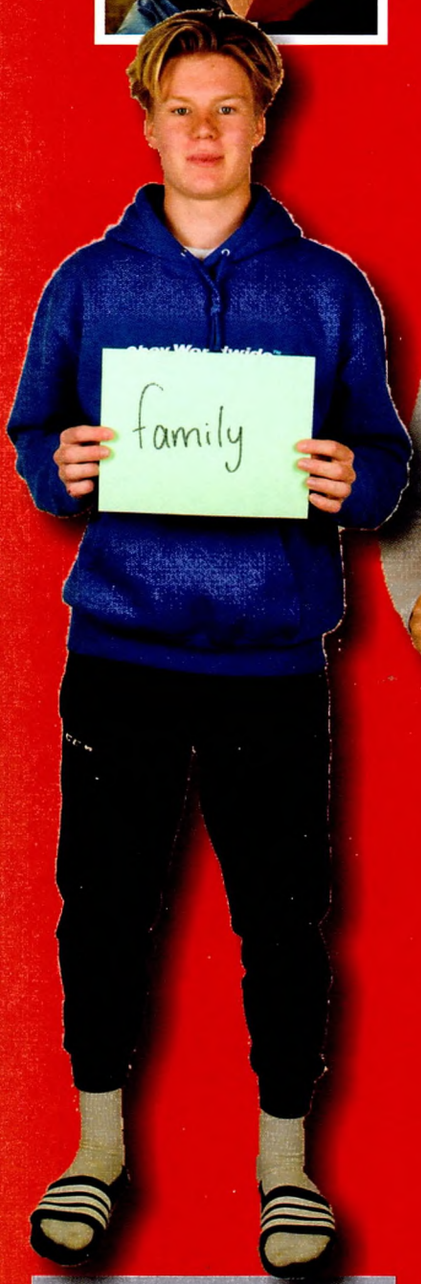
Nickname: Nikki
From: Montreal, Que.
At SC since: Grade 11
Best Memory: The hospital visits.

Nickname: RJ
From: Houston, Texas
At SC since: Grade 10
Best Memory: Pranking in Cowen.

From: Sainte-Anne, Guadeloupe
At SC since: Grade 10

Nickname: I don't really have one but my roommate calls me Pep
From: Espoo, Finland
At SC since: Grade 12
Best Memory: There is not really one that would come over others but for sure all the sunny days and the feeling after good practices!

Jakub Kalny



Nickname: Raz
From: Prague, Czech Republic
At SC since: Grade 11
Best Memory: Road trips with the boys and post-game Chipotle.

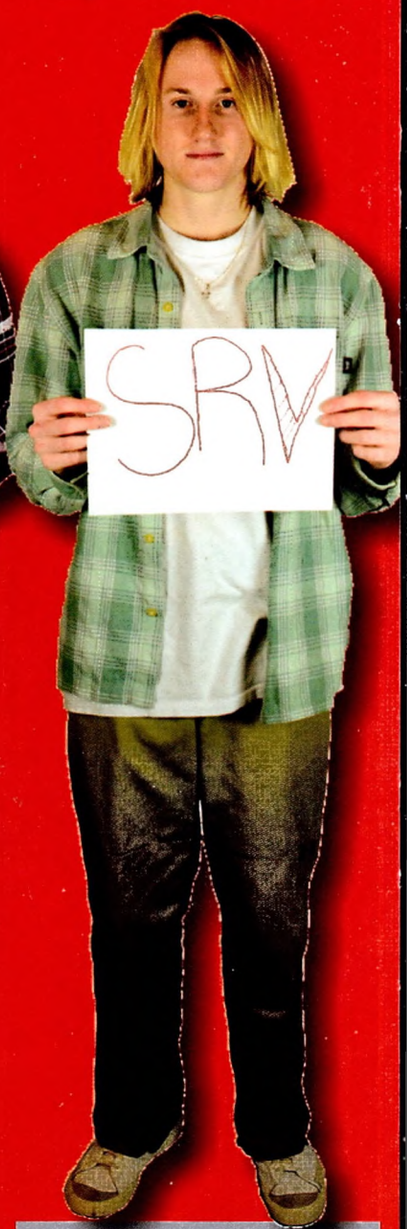
Aick Karayenzi

Nickname: Aicky
From: Kigali, Rwanda
At SC since: Grade 11
Best Memory: Volleyball.

Justin Laforce

Nickname: Laforce
From: Derby, Vt
At SC since: Grade 9
Best Memory: November 27, 2020.

Gage Larkin



Nickname: Gage
From: Tustin, California
At SC since: Grade 9
Best Memory: Storage Room.

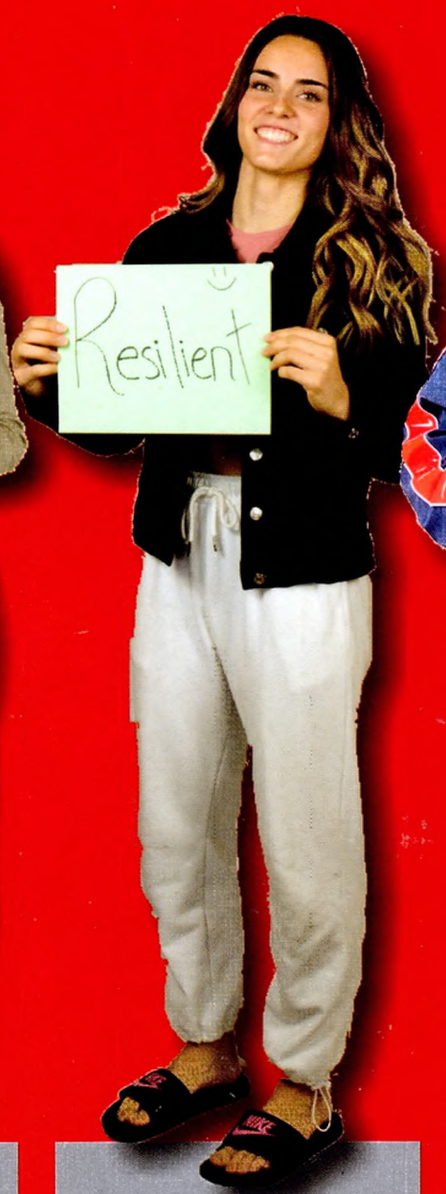
Ho Lee

Nickname: Chow
From: Gangnam, Seoul, South Korea
At SC since: Grade 8
Best Memory: Hanging out with the boys after lights out. The time with the boys, rugby trips, Bot activities especially. A couple of work details with the boys from Grade 8 to 12. Loved being a Spartan and never regretted coming here. Five years and grateful high school moments. Without these people RY,RJ,PE,JT, MW,MD, JD, CH,AD,JM,AK,LF,JW,JL,TW,MB, SC wouldn't have been the same.

Joliane Legault

Nickname: Jo
From: Mercier, Que.
At SC since: Grade 10
Best Memory: Annoying Vicky, late nights with the girls, volleyball practice with the best coach ever, and stargazing with Jakub.

Audrey McCutcheon

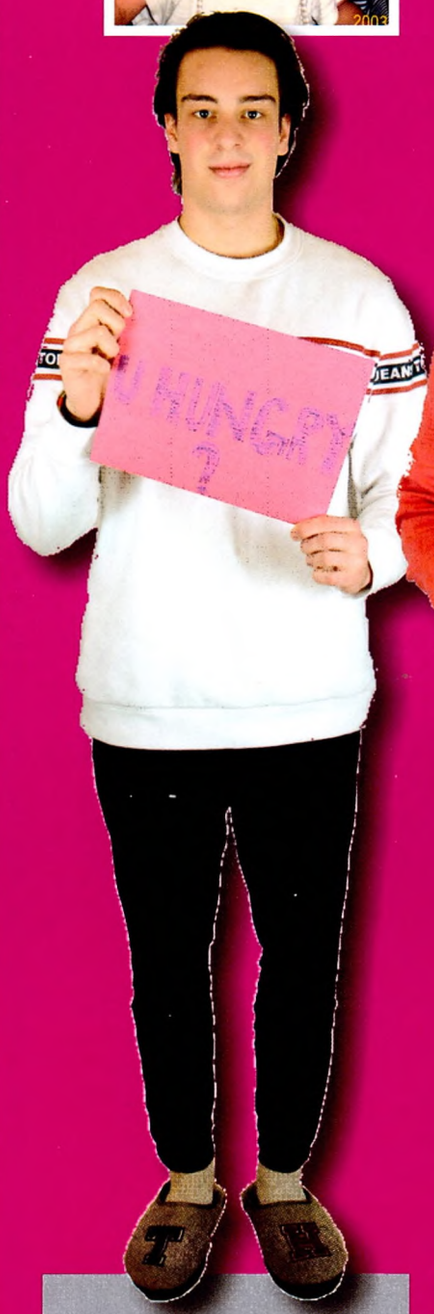


Nickname: Cutch
From: St-Jean-sur-Richelieu, Que.
At SC since: Grade 10
Best Memory: Winning against Shattuck St-Mary's at their home rink.

Marie-Ange Ndekwe

Nickname: Angie
From: Pretoria, South Africa
At SC since: Grade 10
Best Memory: So many I can't possibly name just one. From Demauz and Tim Hortons dates with Anqi, Nicole or Vicky to the long and hilarious chats in the TOD with Miss Lamonth and never forget Webster fire alarms and the unknown person who used our bathroom (if you know, then you know). I've made quite a few genuine connections at Stanstead that I will always be extremely grateful for!

Gergely Orosz

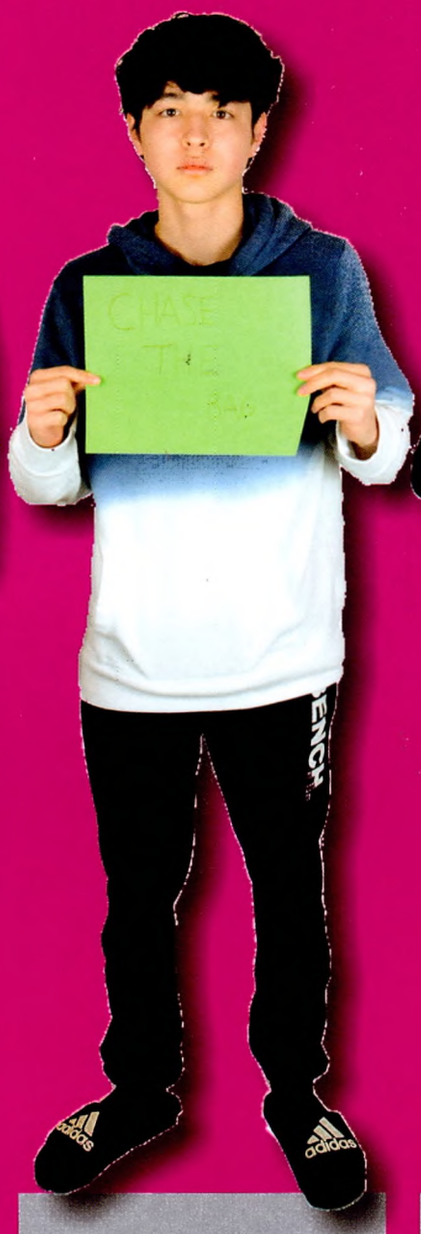


Nickname: Greg, Gergs
From: Gyr, Hungary
At SC since: Grade 11
Best Memory: Minnesota Tournament, post-game Five Guys with the boys.

Yuchen Pan

Nickname: Richard
From: Shanghai, China
At SC since: Grade 8
Best Memory: Volleyball.

Kazuaki Peasley



Nickname: Kaz
From: Fukuoka, Japan
At SC since: Grade 11
Best Memory: Playing hockey in Grade 11.

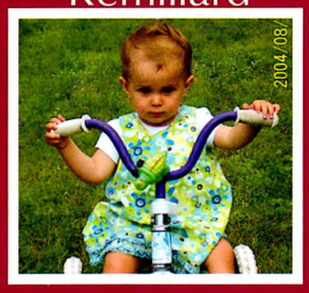
Anqi Peng

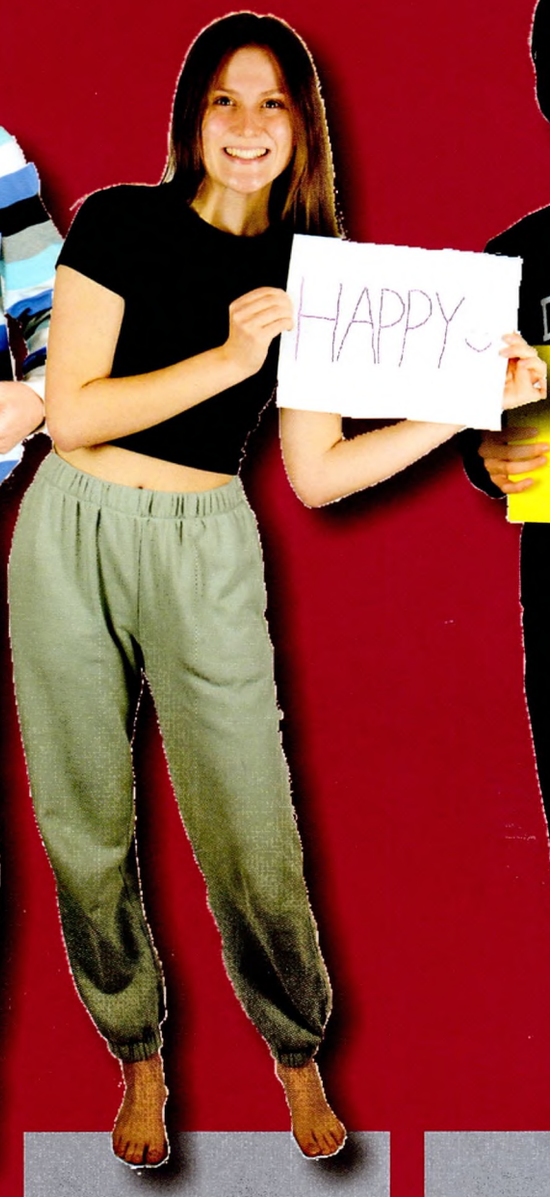
Nickname: ig@anqipeng6
From: Hong Kong/Shenzhen
At SC since: Grade 10
Best Memory: Honorable mention to Alicia for being an amazing roomie and all my friends for being there for me. Special thanks to Angie for reminding me to write for the yearbook before it is past due.

Nicolas Pokora

Nickname: Nico
From Stanstead, QC
At SC since: Grade 7
Best Memory: After being here for 6 years, I can say that one of my most memorable times or memories at Stanstead is probably All-Campus Day at the end of the school year. It's a time where everyone is outside playing sports with their friends and its one of the most fun days of the year. I remember all of them and It was always a blast.

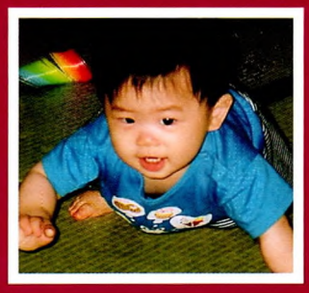
Léa-Rose Rémillard





Nickname: Lea
From: Washington, DC
At SC since: Grade 10
Best Memory: The first weeks of school all 3 years, getting to know the new students, reuniting with friends and teachers from the previous school year, and simply having tons of fun doing activities.

Hajime Saeki



Nickname: Jimmy or Hajime
From: Japan
At SC since: Grade 11
Best Memory: I always have helpful friends around me at SC.

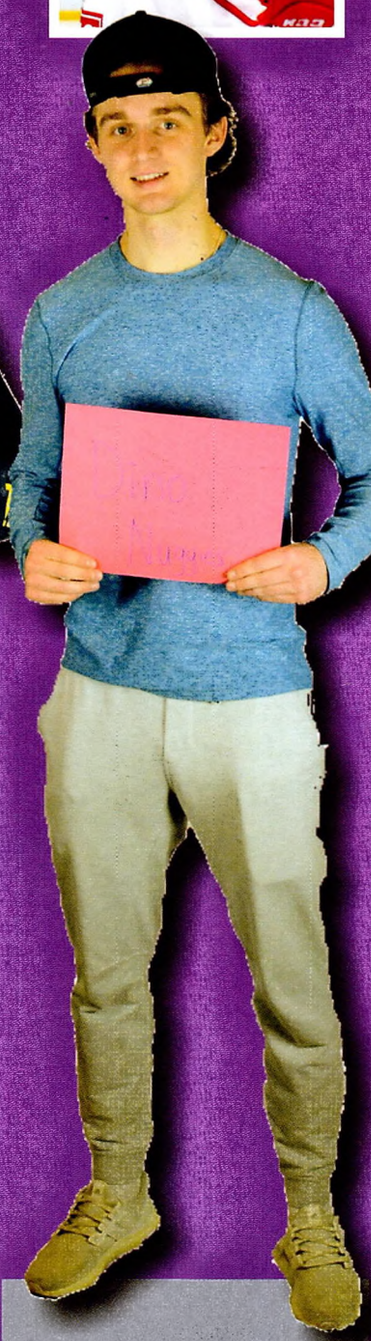
Shaheem Samuel

Nickname: Easy Money, Bucket, Cash, and Shooter
From: South Shore, Longueuil right after before the bridge to get Montreal. I live in the suburbs.
At SC since: Grade 12
Best Memory: I would say playing pick up games both indoors and outdoors. Trash talking when it comes to 2k and winning. Making new friends from across the world. Being awarded Senior S in basketball and track.

Austin Scarinza

Nickname: Scarz
From: Bow, New Hampshire
At SC since: Grade 11
Best Memory: Toronto and Minnesota with the boys.

Maxwell Stewart

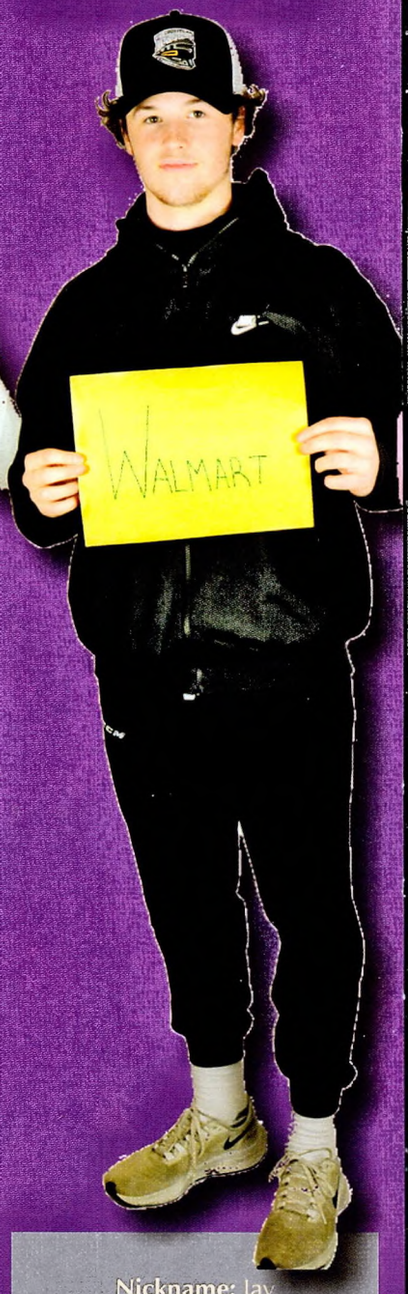


Nickname: Stew or Stewy
From: Walpole, Massachusetts
At SC since: Grade 12 last year
Best Memory: Playing for the hockey team.

Nicolas Tan

Nickname: Nicotine
From: Montreal, Quebec
At SC since: Grade 12
Best Memory: Hiking with the boys.

Jeremy Tremblay



Nickname: Jay
From: Orford, Quebec
At SC since: Grade 9
Best Memory: Quebec Grade 10 trip, Crazy sports road trips and lifelong memories of late nights in dorms. Special thanks: to the Stanstead College staff for making me a better person every day, the Quebecers all along those years. the Grade 10 boys and lifelong friends who I had along the way in these insane journey.

Sophie Trudeau

Dingyi Wang

Julia Webster

Tamara Wood-Downey

Nickname: Soph or Mama
From: La Beauce, Quebec
At SC since: Grade 12
Best Memory: Weekends with my daughters, volleyball practice and writing AP Lang essays.

Nickname: Alicia, Wanger
From: China
At SC since: Grade 12
Best Memory: Staying up late with friends on the night of variety show, waiting for Baccalaureate.

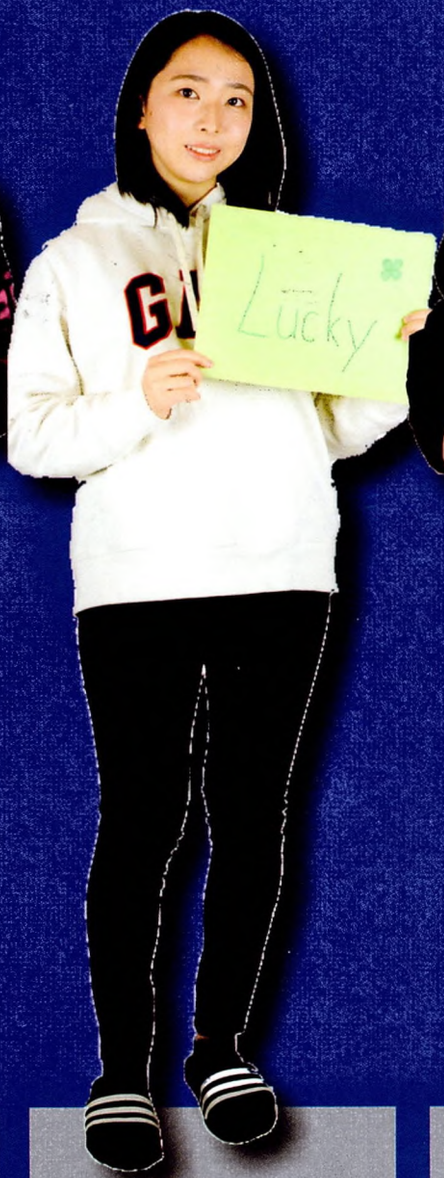
Nickname: Siena
From: Montreal, Quebec
At SC since: Grade 12
Best Memory: All the soccer games, tennis, late nights with friends, and talking to our neighbors by the window.

Nickname: Tammy
From: Magog, Quebec
At SC since: Grade 7
Best Memory: There are too many to start naming... but late night with the girls and annoying Bouch and Dyker through the window and chemistry class are ones to remember!

Jiajun Wu

Nickname: Michael, Jumanji
From: Liuzhou, China
At SC since: Grade 7
Best Memory: Friday nights with the boys.

Marie Yoshizawa



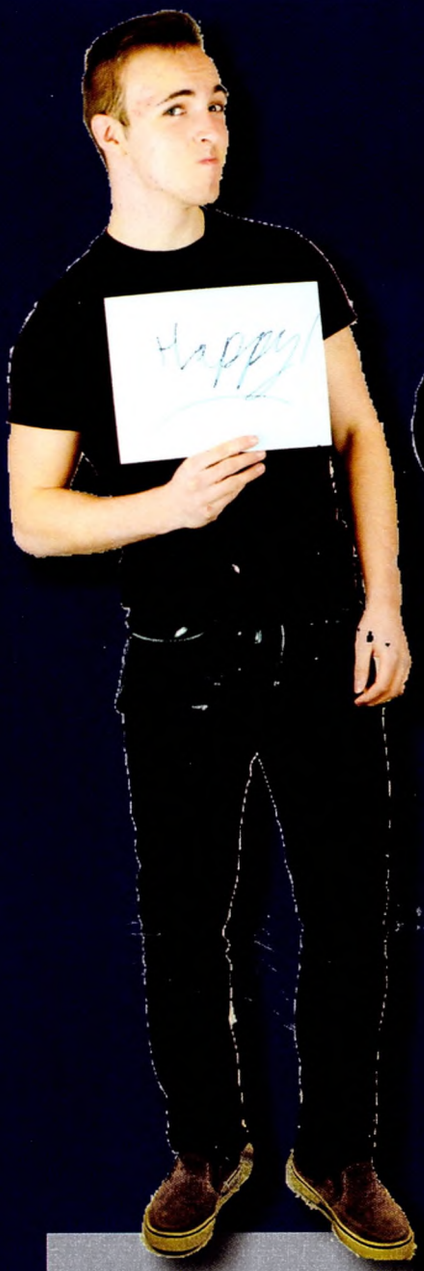
From: Tokyo, Japan
At SC Since: Grade 10
Best Memory: Hanging out with my friends :)

Ryan Young

From: Derby Line, Vt.
At SC Since: Grade 7
Best Memory: Rugby trips with the boys to Spain and L.A.
"Gots to see it thru, my boy."

GRADE 11

Logan Béasse



From: Stanstead, Quebec
At SC since: Grade 8
Best Memory: Going sledding during the weekends in the winter with LG, Jonathan and Jose.

Cédric Beauregard

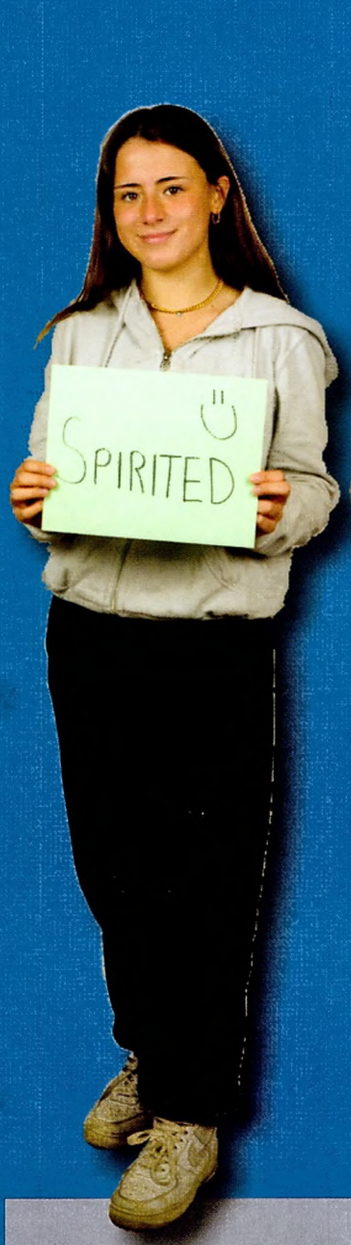
Nickname: Ced
From: Stanstead, Quebec
At SC since: Grade 10

Ariela Boltvinik Palacios Roji

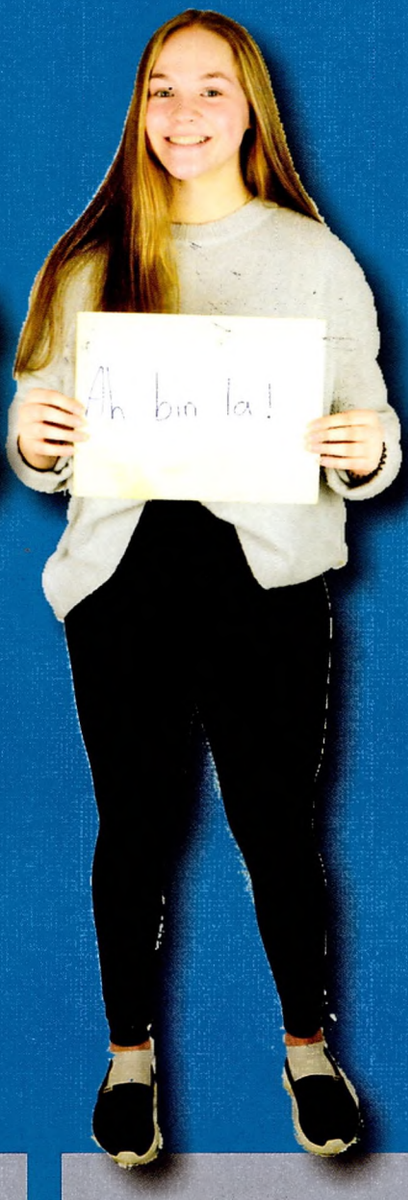
Stéphanie Bourque

Yu Shan Chan

Yi-Ting Chiang

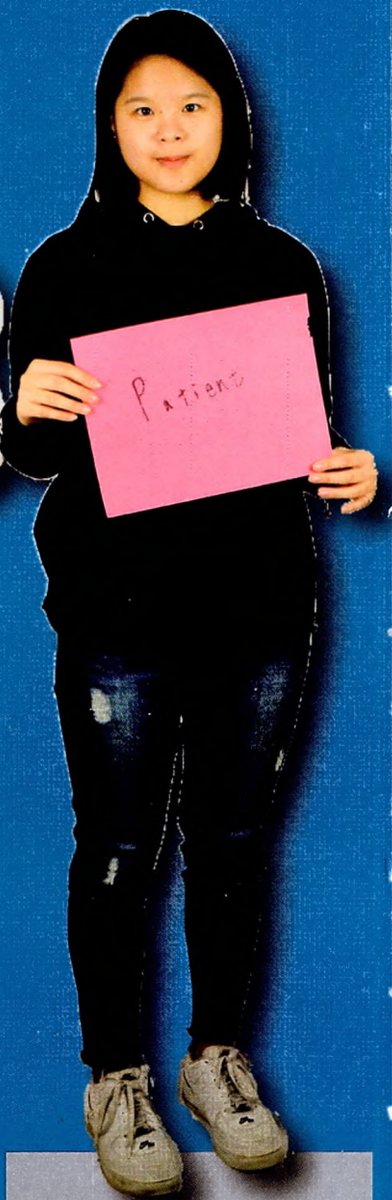


Nickname: Ari
From: Mexico City, Mexico
At SC since: Grade 9
Best Memory: The loud lunches with the Mexicans, looking at Tere running outside from Colby in a towel every time the fire alarm went off, and laughing for hours with Alice and Riho.



Nickname: Steph
From: Moncton, NB
At SC since: Grade 10
Best Memory: Road trips with the girls!

Nickname: Gordon
From: Hong Kong
At SC since: Grade 10

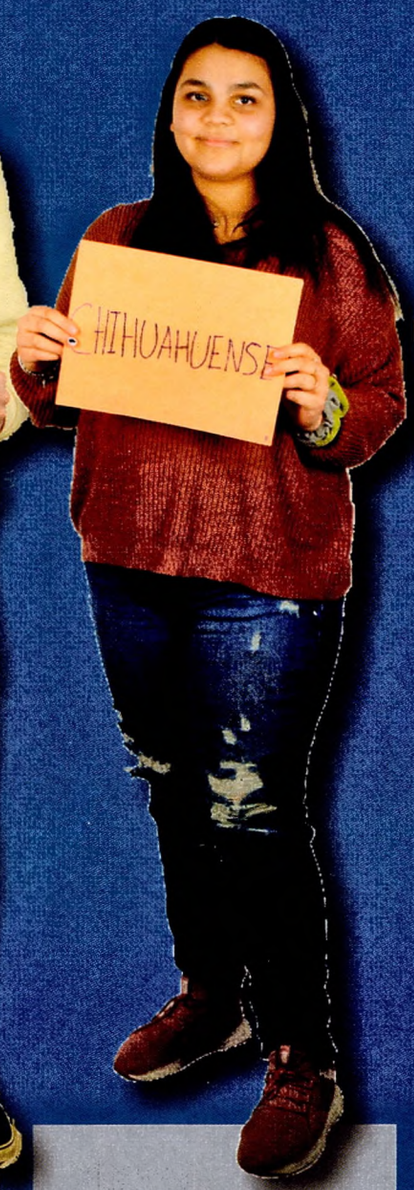


Nickname: Sylvia
From: Taiwan
At SC Since: Grade 11

Jorge Correia

Nickname: Marcelo
From: Cape Verde/Portugal
At SC since: Grade 10
Best Memory: My first CAIS tournament with the varsity soccer team in 2019.

Ariadna Duran Bernal

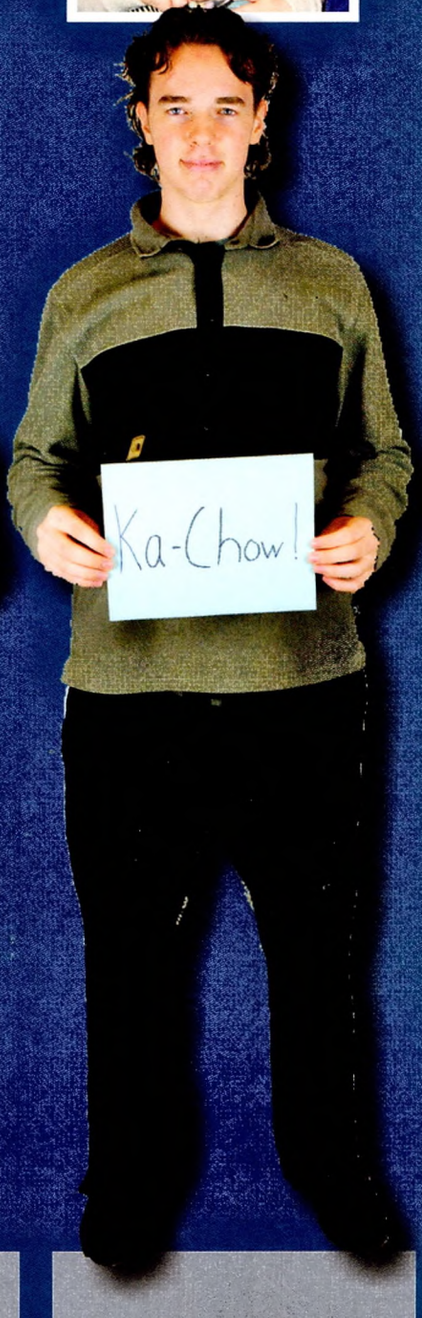


Nickname: Ari
From: Chihuahua, Mexico
At SC since: Grade 11
Best Memory: Laying down in the snow with some friends while listening to music and seeing a huge amount of stars. I could not feel my body after laying down on the snow but it was worth it 100%.

Victoria Fernandez Garcia

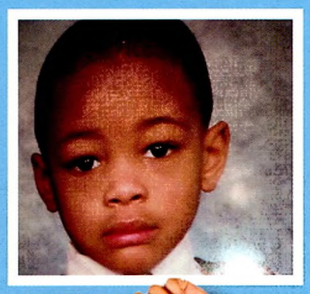
Nickname: Vivi
From: Oaxaca, Mexico
At SC since: Grade 10
Best Memory: Weekend trips with friends or going to the IGA with them too.

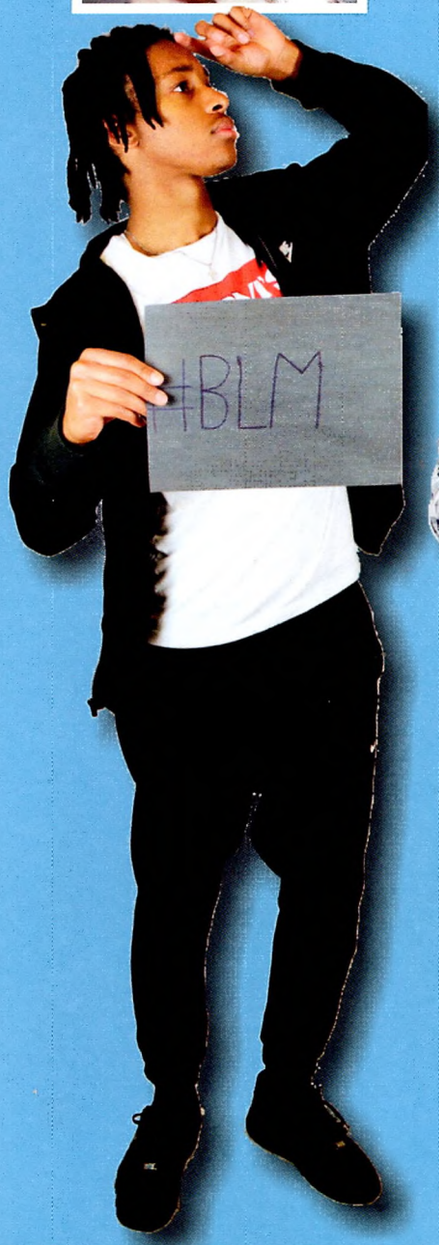
Benoit Forget



Nickname: Ben
From: L'Ange-Gardien, QC
At SC since: Grade 11
Best Memory: Simply spending time with my friends and having fun with them and playing hockey with the boys.

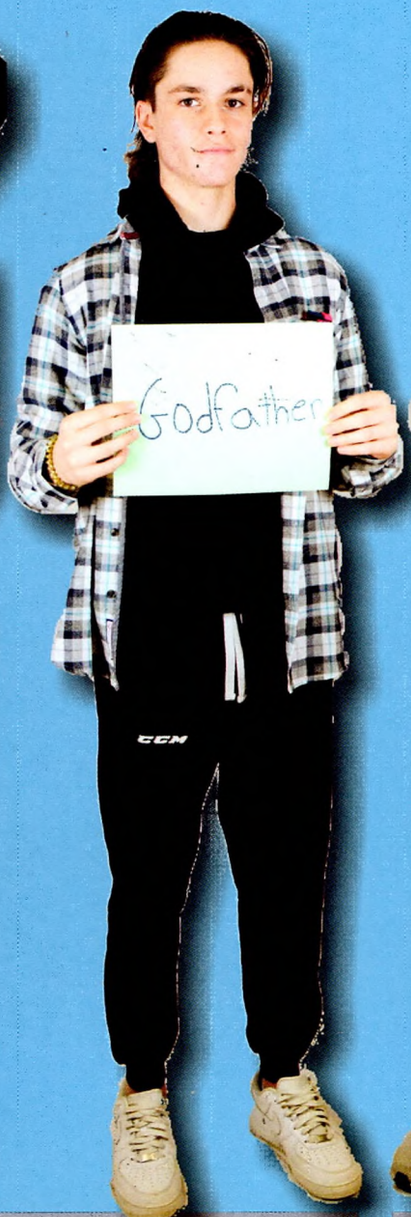
Nathan Garnier





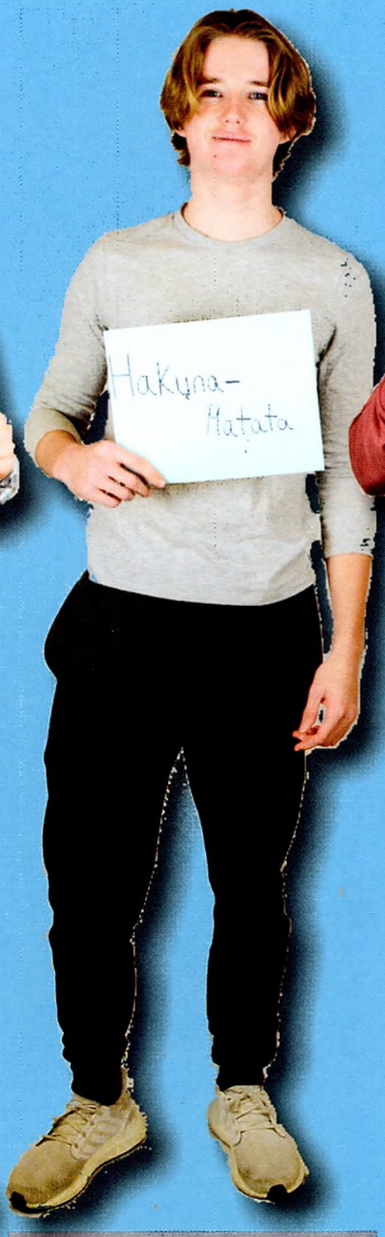
Nickname: Nate, gStackzzz
From: Laval, Que.
At SC since: Grade 11
Best Memory: Water ballon fight, soccer games.

Charles Goudreau



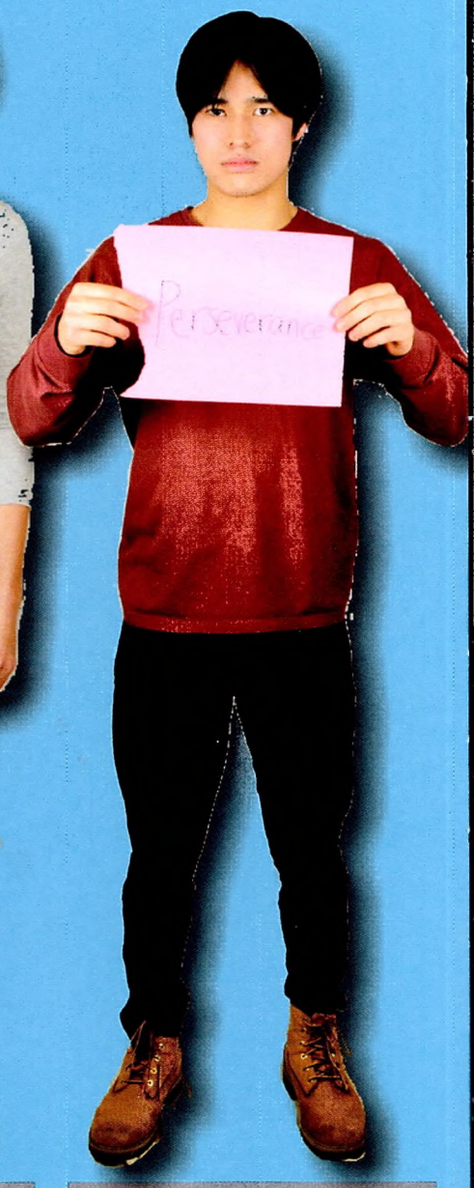
Nickname: Charley, Chucky, The Godfather
From: Stanstead, Que.
At SC since: Grade 7
Best Memory: Noodle parties with the boys.

Tristan Grandsire



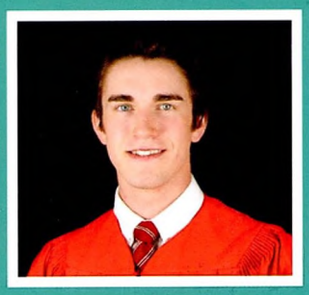
Nickname: Tris
From: Turks and Caicos Islands
At SC since: Grade 11
Best Memory: Soccer games vs BCS.

Rihito Hamano



Nickname: Hito
From: Tokyo, Japan
At SC since: Grade 9
Best Memory: Workout, practice hockey with my best friends. And every day at Stanstead with friends is best memory for me.

Ryan Hopkins



Yunqi Hu

Wei Huang

Yuxuan Jiang

Nickname: Hoppy
From: Lunenburg, Nova Scotia
At SC since: Grade 10
Best Memory: Road trip with the boys.

Nickname: Amy
From: China
At SC since: Grade 11

Nickname: David
From: Foshan, China
At SC since: Grade 10
Best Memory: I saw a meteor after confessing to my girlfriend at the beach.

Nickname: Albert
From: Wuhan, China
At SC since: Grade 9

Lex Johansson

From: Montgomery, VT
At SC since: Grade 9

Goh Konno

From: Tokyo, Japan
At SC since: Grade 11

Emma Kreisz

Nickname: Kreiszy
At SC since: Grade 11
From: Hungary
Best Memory: I don't have a favorite moment but I enjoy every minute here at Stanstead. I love to train hard and laugh with my teammates. I'm grateful for you!

Moritz Lackner

Nickname: Lackee
At SC since: Grade 11
From: Graz, Austria
Best Memory: All the nights we went to the basketball court during winter break when it was snowing heavily.

Rosemary Lefebvre

David Lessard

ZheYuan Li

Matthew Liddell-Grainger

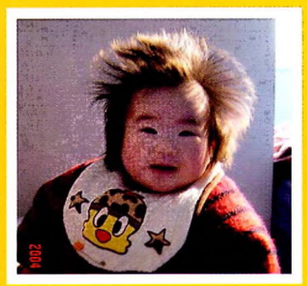
Nickname: Rosema
From: Magog, Quebec
At SC since: Grade 9
Best Memory: My best memory at the college would be CAIS in New Brunswick, the night where Lea Rose broke her arm. My funniest memory is Dr.Standage thinking he caught a wasp in physics class and it flying right over his head. The wasp was killed by Benoit and to this day, still is stuck to the ceiling in C-410.

Nickname: Dr. Lessard
From: Stanstead, Quebec
At SC since: Grade 10
Best Memory: The main floor of Davis (noodle party with the boys).

Nickname: Leo
From: Shanghai, China
At SC since: Grade 8

Nickname: LG
From: Hemmingford, Quebec
At SC Since: Grade 7
Best Memory: The last month of my grade 7 were some of the greatest times in my life.

Huixin Lin



John Lippmann

Gabriel Maitre

Jonathan McDonnell

Nickname: Crystal
From: Shanghai
At SC since: Grade 7
Best memory: Performing music with my friends and chatting in my friends' rooms.

Nickname: Jack
From: Newport, Vermont
At SC since: Grade 10
Best Memory: CAIS soccer tournament.

From: Saint François, Que.
At SC since: Grade 9

Nickname: John
From: Ottawa, Ont.
At SC since: Grade 11

Xiang Rui Meng

Elmeri Mikkola

Alexia Moreau

Chaka-Benjamin Ntumba-Muntu

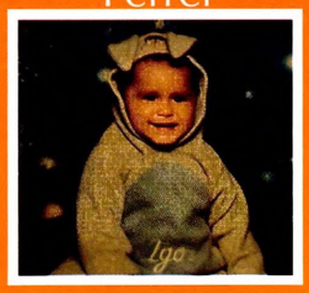
Nickname: Kevin
From: Beijing, China
At SC since: Grade 7

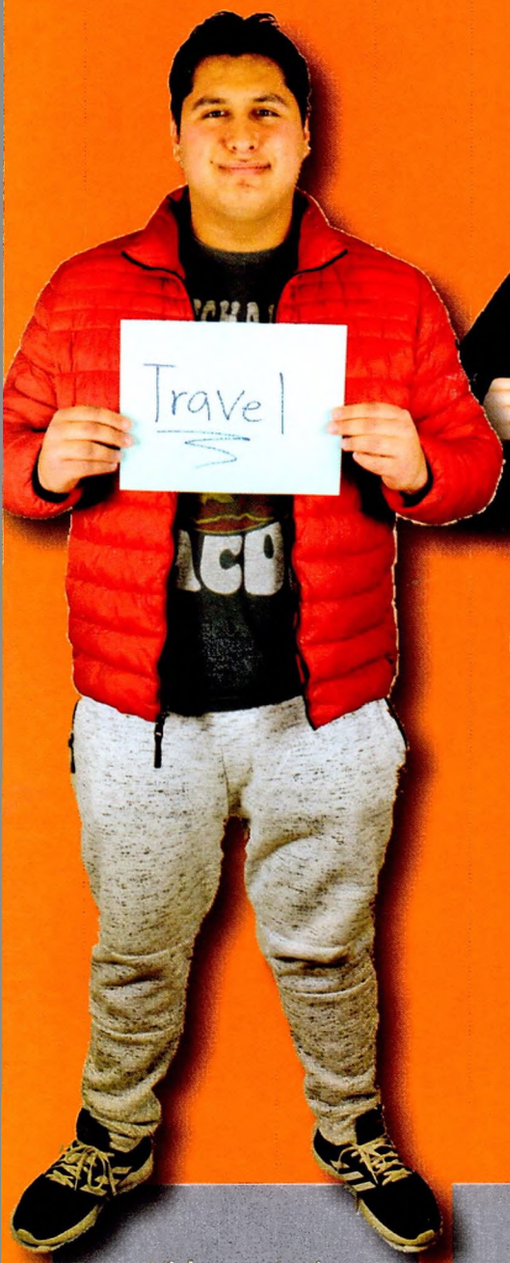
From: Espoo, Finland
At SC since: Grade10

Nickname: Moro
From: Louiseville, QC,
At SC since: Grade 9
Best Memory: My most memorable memories are definitely our road trip to Minnesota, all the morning workouts on Sunday with the girls, those late night talks with Laurence, the spike ball games with Stephanie, the movie nights with Emma, all the laughs with Megane and Emilie, the basketball games with Chaka and Nathan.

Nickname: My name is Chaka-Benjamin Ntumba-Muntu, but they call me Chakss
From: Born and raised in Montreal but my family is Congolese.
At SC since: Grade 11
Best Memory: All campus tournament #westontop!

José Oviedo Ferrer





Nickname: José
From: Mexico
At SC since: Grade 11
Best Memory: The games of rugby and skiing.

Alexander Pagliari

Nickname: Pags
From: Greenville, North Carolina
At SC since: Grade 9
Best Memory: The road trip to Michigan with the boys to play against Victory Honda.

Sofia Paradis

From: Montreal, Que.
At SC since: Grade 10
Best Memory: The Christmas dinner and that entire day ;) Volleyball practices with Miss Robi and Miss Garrett.

Maximiliano Pedicelli

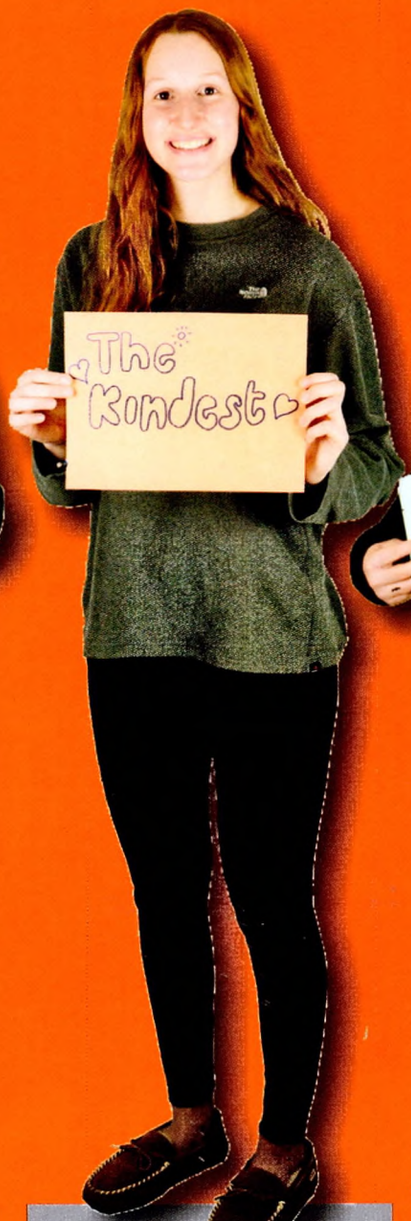
Nickname: Max
From: Montreal, Quebec
At SC since: Grade 10
Best Memory: The day of November 28th ;) and the time Yoan, Ryan and I got stuck in a pool of mud on our way back from Traditions.

Mégane Pilon

Hayden Pimm

Camille Richard

Joseph Riddell



Nickname: Pilon
From: Saint-Jerome, Quebec
At SC since: Grade 10
Best Memory: Good times with my friends, Friday noodle night, but mostly the outdoor workouts when it was -20 degrees with the girls.

Nickname: Pimmer
From: Ottawa
At SC since: Grade 9
Best Memory: being with my hockey team on the trip to Lake Placid.

Nickname: Camilll
From: Gatineau, Quebec
At SC since: Grade 11
Best Memory: The late night walk and stargazing with Beatrice, Karel and Alice and all the deep talks before going to bed.

Nickname: Joe
From: Stanstead, Quebec
At SC since: Grade 9
Best Memory: Traveling for sports and time with friends.

Fernanda Rivas Cansino

Nickname: Nandi
From: Querétaro, Mexico
At SC since: Grade 9
Best Memory: Every low math class with Mr. Lyew in Grade 9 or rugby season with Mr. G.

Riho Sasamoto

From: Tokyo, Japan
At SC since: Grade 10
Best Memory: Disney trip.

Alice Sauriol

Nickname: Alicia, Alix
From: Sherbrooke, Quebec
At SC since: Grade 11
Best Memory: This is my first year at Stanstead College and one of my best memories here was to see Ariela Boltvinik Palacios Roji being carried in a bag for Survivor.

Léonie Sayeur

From: Abitibi, Quebec
At SC since: Grade 11
Best Memory: The volleyball games outside during winter with everyone and when I met new people and made new friends.

Romain Seager

Tianzhen Shao

Yuchen Shi

Yuzhe Shi

Nickname: Lettuce
From: Montreal
At SC since: Grade 11
Best Memory: I really enjoyed the year with my friends.

Nickname: Jason, Tshao
From: Shanghai, China
At SC since: Grade 10
Best Memory: Hanging out with friends.

Nickname: Shiman
From: Beijing, China
At SC since: Grade 10
Best Memory: Bus trip to Lake Placid with hockey team.

Nickname: Shiman
From: Beijing, China
At SC since: Grade 10
Best Memory: Chatting at the bonfire.

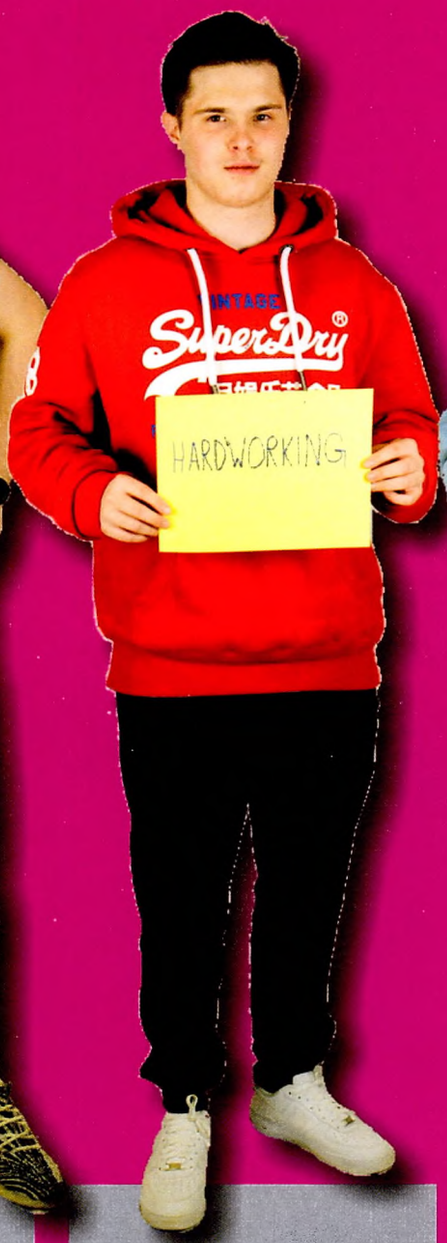
Liam Steele

Nickname: Steele
From: London, UK but originally Canada
At SC since: Grade 11
Best Memory: Reconstructing Pierce Hall at 3 am with friends.

Yoan Torello

Nickname: Yoyo
From: Geneva, Switzerland
At SC since: Grade 10
Best Memory: I would probably say going on the road with the hockey team. The trips to the IGA with the boys, losing our slides in the mud on our way back and having to clean everything afterwards.

Denis Vittenberg



From: Moscow, Russia
At SC since: Grade 8
Best Memory: The weekends with my friends.

Svenja Voigt

Nickname: Sven
From: Cologne, Germany
At SC since: Grade 10
Best Memory: The memories I made and the time I spend with my friends.

Delaney Walsh

Xiaoyi Xu

Elijah Young

Xinyu Zhang

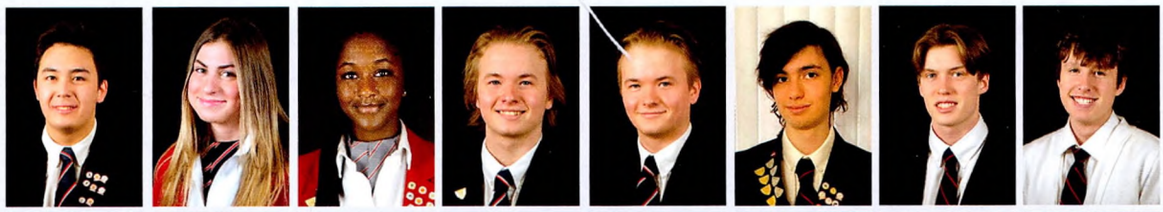
Nickname: Laney
From: Vermont
At SC since: Grade 11
Best Memory: Track practices!!

Nickname: Joel
From: Hangzhou, China
At SC since: Grade 9
Best Memory: We went boating and camping in grade 9.

Nickname: Eli
From: Silver Spring, Maryland
At SC since: Grade 11

Nickname: Cynthia, Cindy
From: Liuzhou, China
At SC since: Grade 8
Best Memory: Pranking people with a dummy of myself, scaring people in a washing machine, and tricking Mr. Spirk into believing that I have him in Survivor for 3 days.

Andrey Afanasyev
Victoria Azar
Mariama Barry
Jacob Bigras
Jeremy Bigras
Andrew Bimm
Andrew Bouchard
Bennett Chadwick

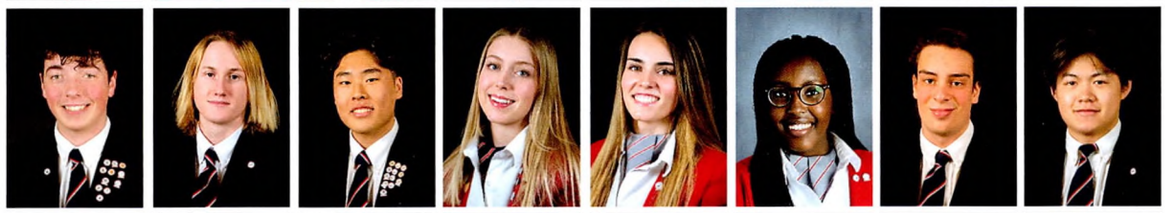


Chaeyoung (Raina) Cheong
Aimee Cloutier
Dominique Cormier
Emma DeCorby
Michael Deforel
Fritz Dietrich
Marc-Antoine Ducharme
William Duhamel

William Dyke
Panayioti Efraimidis
Sophia Caillet Farfan
Hadley Forbes
Emilie Fortunato
Laurence Frenette
Evan Gass
Korey Goudreau

Sebastien Henault
Jiabao (Jessie) Hu
Nicole Isaak
Ryan Johnson
Jakub Kaczynski
Peppi Kahkonen
Jakub Kalny
Aick Karayenzi

Justin Laforce
Gage Larkin
Ho Lee
Joliane Legault
Audrey McCutcheon
Marie-Ange Ndekwe
Gergely Orosz
Yuchen Pan



Kazuaki Peasley
Anqi Peng
Nicolas Pokora
Léa-Rose Rémillard
Hajime Saeki
Shaheem Samuel
Austin Scarinza
Maxwell Stewart

Nicolas Tan
Jeremy Tremblay
Sophie Trudeau
Dingyi (Alicia) Wang
Julia Webster
Tamara Wood-Downey
Jiajun (Michael) Wu
Marie Yoshizawa

Ryan Young

GRADE TWELVE

Nic Pokora

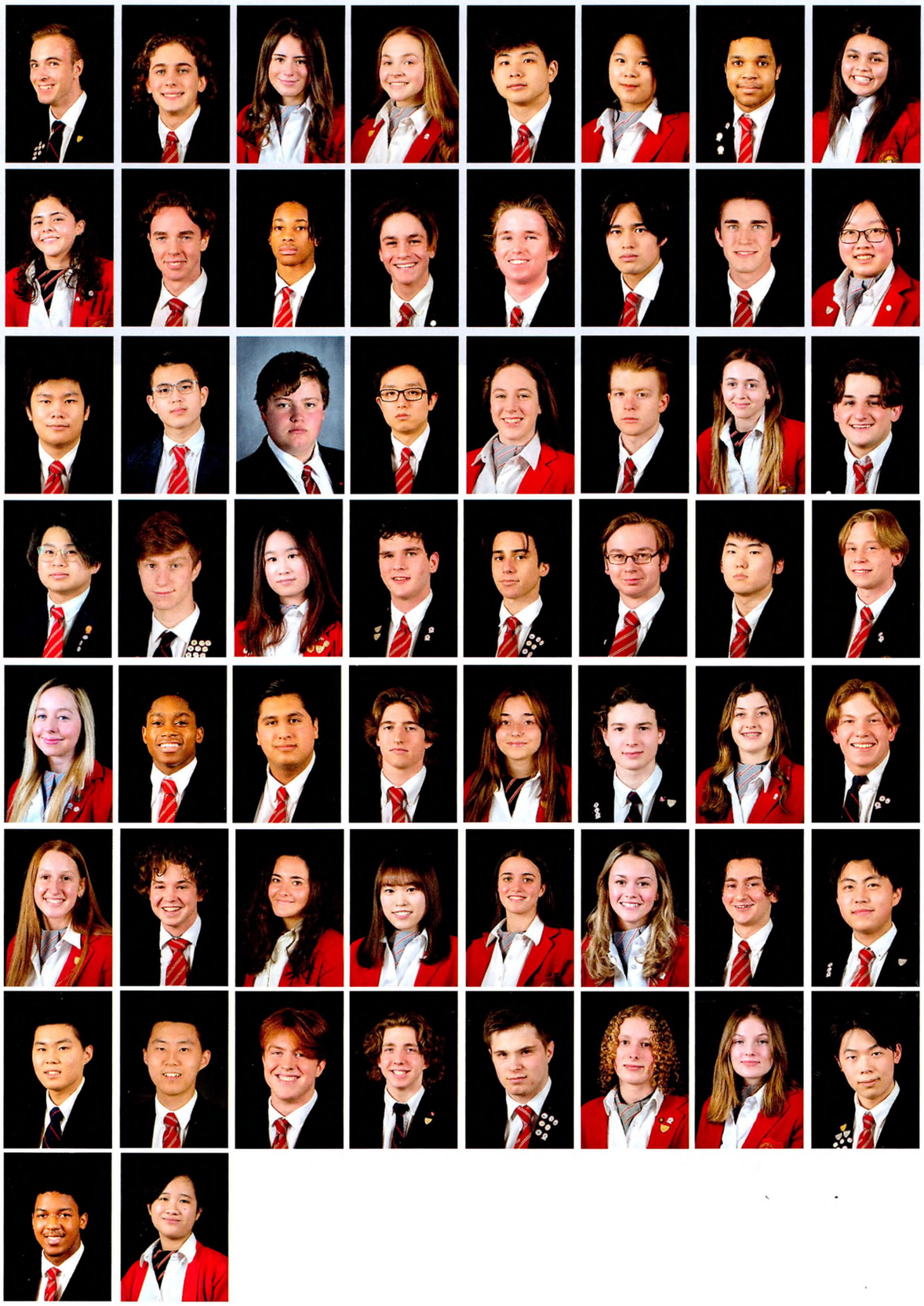
"Do not take anything for granted. Be disciplined and develop good daily habits. Push yourself a little more every day."

Léa-Rose Rémillard

"Confidence is the work of a lifetime and the earlier you start working on yourself the easier your life will be later on."

Ben Chadwick

"I advise you to continue to place yourselves in more uncomfortable situations because there are so many positives that can come."



Logan Béasse
Cédric Beauregard
Ariela Boltvinik Palacios Roji
Stéphanie Bourque
Yu Shan (Gordon) Chan
Yi-Ting (Sylvia) Chiang
Jorge Correia
Ariadna Duran Bernal

Victoria Fernandez Garcia
Benoit Forget
Nathan Garnier
Charles Goudreau
Tristan Grandsire
Rihito Hamano
Ryan Hopkins
Yunqi (Amy) Hu

Wei (David) Huang
Yuxuan (Albert) Jiang
Lex Johansson
Goh Konno
Emma Kreisz
Moritz Lackner
Rosemary Lefebvre
David Lessard

Zheyuan (Leo) Li
Matthew Liddell-Grainger
Huixin (Crystal) Lin
John (Jack) Lippmann
Gabriel Maitre
Jonathan McDonnell
Xiang Rui (Kevin) Meng
Elmeri Mikkola

Alexia Moreau
Chaka-Benjamin Ntumba-Muntu
Jose (DL) Oviedo Ferrer
Alexander Pagliari
Sofia Paradis
Maximiliano Pedicelli
Mégane Pilon
Hayden Pimm

Camille Richard
Joseph Riddell
Fernanda Rivas Cansino
Riho Sasamoto
Alice Sauriol
Léonie Sayeur
Romain Seager
Tianzhen (Jason) Shao

Yuchen (Leo) Shi
Yuzhe (Kevin) Shi
Liam Steele
Yoan Torello
Denis Vittenberg
Svenja Voigt
Delaney Walsh
Xiaoyi (Joel) Xu

Elijah Young
Xinyu (Cynthia) Zhang

Victoria Fernandez

"The base of a true artist is to listen in a storm of sounds and to look in the empty space. It's the way you respond to different situations."

Cindy Zhang

"Write poetry on your unique page. Yes, the dream of perfection is tempting indeed, but sometimes it's better to be human instead."

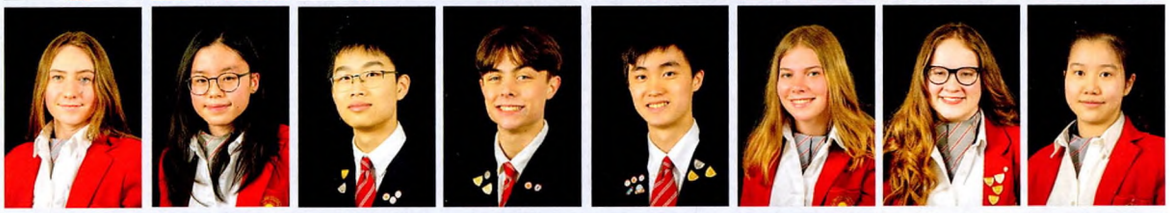
Matt L-G

"Embrace yourself, your flaws, your strengths, your passions, your taste, your opinion. At the end of the day, you are your own god."

GRADE ELEVEN

Eli Antoine
Georgia Bailey
Tyler Battah
Lorenzo Bono
Justin Bouchard
Krystine Breton
Sarah Callaghan
Maria Teresa Calva-Xolalpa

Britney Chamberlain
Wai Chung (Rachel) Chan
Jiyuan (Eric) Cui
Asher Dixson-Boles
Shicheng (David) Dong
Mia Eichholzer
Elisabeth Godbout
Tongyao (Amanda) Gu



Xinyang (Howard) Gu
Maria Hatzidakis
Joseph Hawco
Taohong (Kevin) Hu
Lysa Kabirigi
Marcus Krats
Trevor Laforce
Luca Laliberté

Arianne Leblanc
Benjamin Leclerc
Jakub Linet
Shawna Lyonnais
Xingda (David) Lyu
Anna MacLaren
Ondrej Marton
Carlos Mendoza-Velazquez

Tatiana Novakov
Mika Olivieri
Béatrice Perron-Roy
Dominic Pokora
Karel Préfontaine
Antoine Rémillard
Xavier Rodriguez
Elodie Roy

Simone Ruf
Jérôme Sayeur
Hector Sepulveda
Haokang (Buddy)Shen
Ethan Skara
Meiqi (Maggie) Sun
Kieran Templeman
Aiden Thede

Xinyue (Lucy) Wang
Siena Webster
Liam Wilson
Wang Hei (Ryan) Yung
Yucheng (Austin) Zhang

GRADE TEN

Alexia Aubin
Braden Chastanet
Sandro Dupraz
Trofim Godochkin
Chaz Grenier
Jingyu (Thea) Guan
Shun Hatano
Andrew Heath

GRADE NINE

Zander Johansson
Yile (Tony)Ju
Zofia Kaczynska
Halle Khanna
Presley Langevin
Jeremy Leroux
Madeline Lippmann
Dahui (Allen) Liu

Zhiyou (Joe) Liu
Mauricio Lopez Sanchez
Beren Lovejoy
Lana-Michelle Peasley
Gloria Riddell
Beatrice Ruf
Benjamin Smith
Avah St-Pierre

William Towner
Anderson Trider
Zawiyah-Laloba Tuting
Hayley Wolfe
Sum Long Summer Wong
Junyi (Victor) Wu
Jiaxuan (Jackie) Xu
Keiji Yamamoto

Junyoung Bae
Bo Bailey
Noah Cloutier
Luke DeLaBruere
Harley Flanders
Borys Frenkel
Zifan (Xavier) Gan
Arielle Houde

Melissa Kakayuk
Christopher Leclerc
Bokyeong (Kayla) Lee
Valerie Lin
Ren Nakamura
Andrew Novakov
Noah Papillon
Leonardo Richardi

Emilia Stone
Yuhe (DL) Wang
Deanna Wright
Zhujia (Johnny) Zhang

GRADE EIGHT

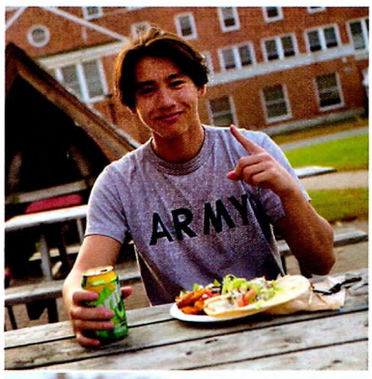
Saif Alexander-Pardhan
Liam Huckins
Maddyn Labor
Felix Nadeau
Agustin Palacios Roji

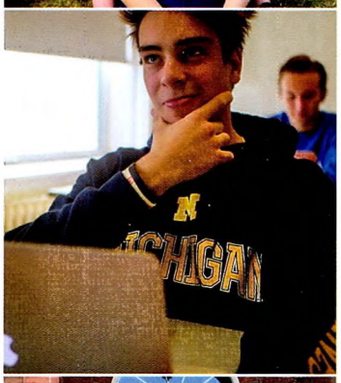
Henry Riddell
Joseph Ruf
Philomena Wright
Tao (Riley) Xu

GRADE SEVEN

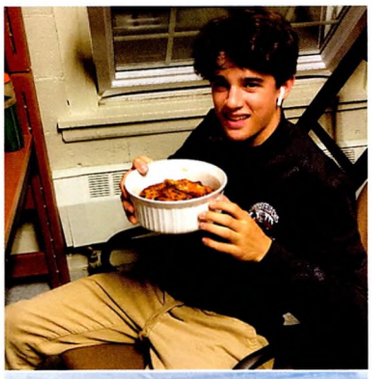
cowen

HD boys - Thomas Peasley
HD girls - Shannon Pimm
Ass't HD girls - Ladonna LaMonth



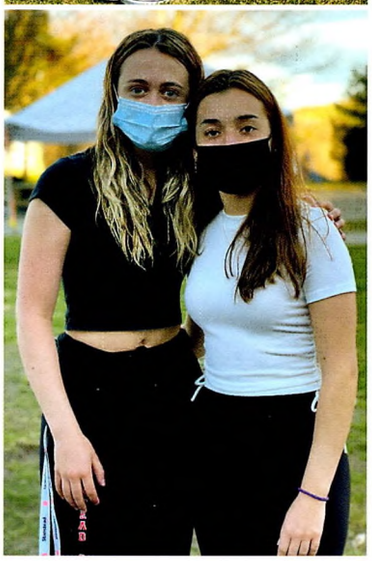


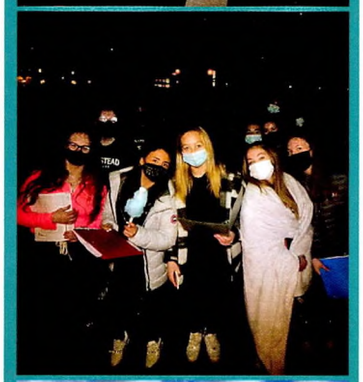
davis



HD - Adam Spirk
Ass't HD - Simon Winquist

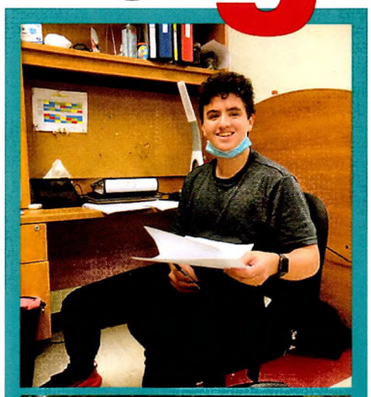
webster



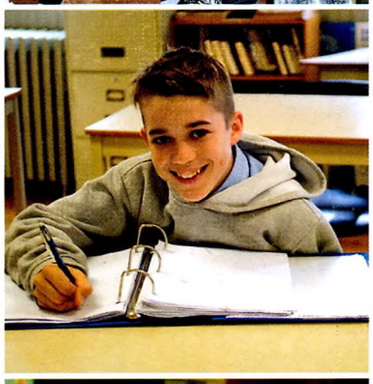


HD - Rebecca Benizri
Ass't HD - Emily Zimmerman
Don - Riley Wolfe

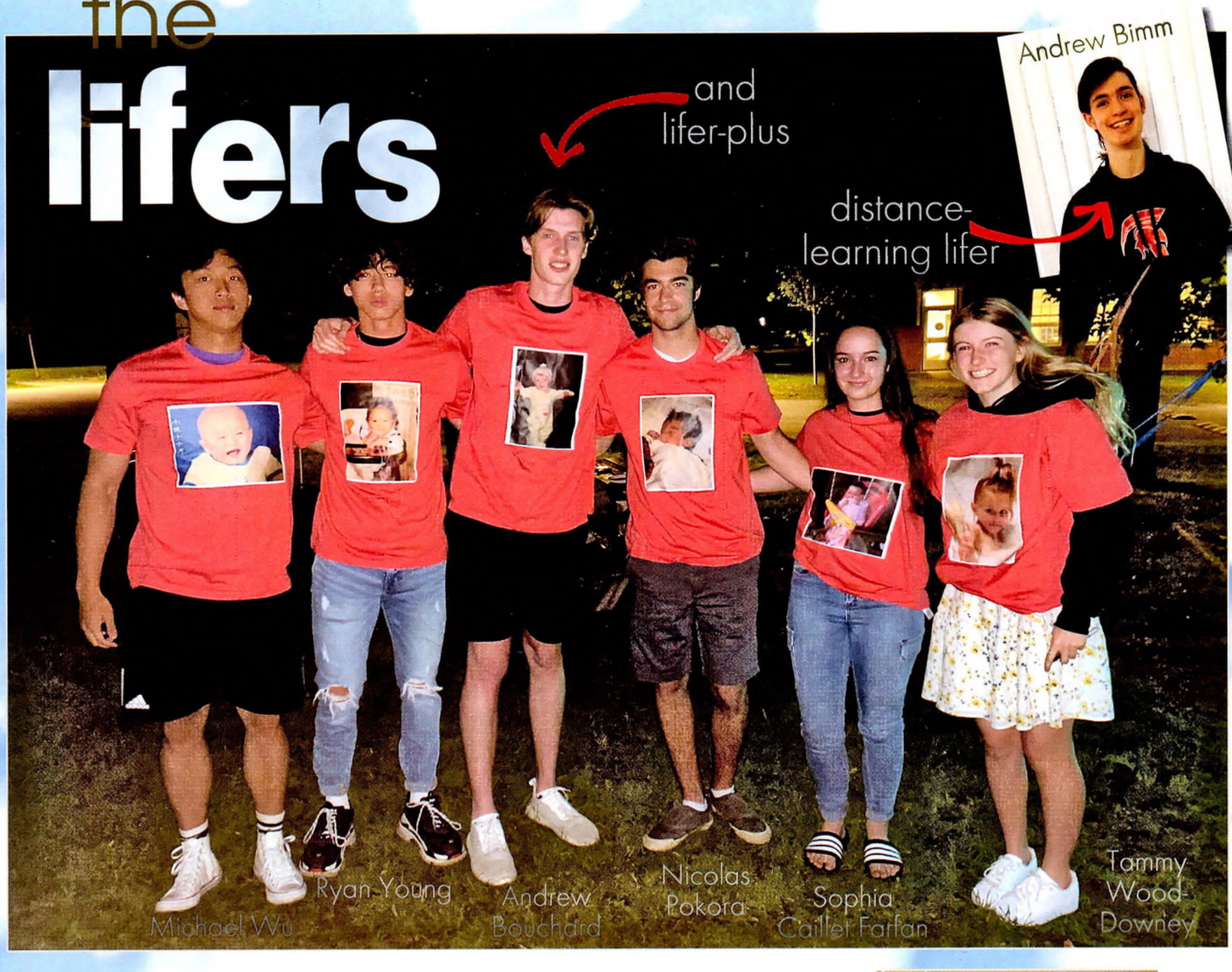
bugbee

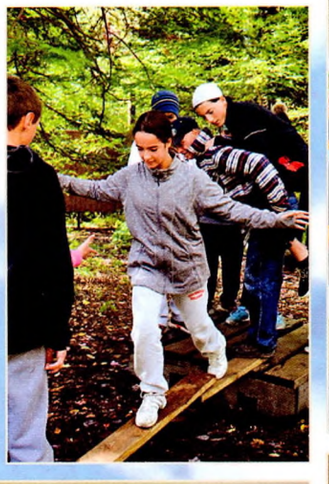


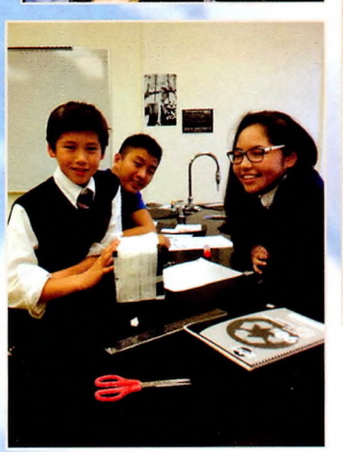
HD - Magali Gagnon
Ass't HD - Matthew DeCarlo



the lifers

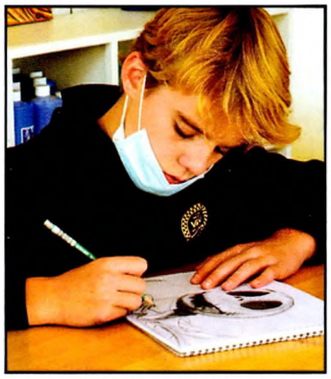

and lifer-plus
distance-learning lifer
Andrew Bimm
Michael Wu
Ryan Young
Andrew Bouchard
Nicolas Pokora
Sophia Caillet Farfan
Tammy Wood-Downey



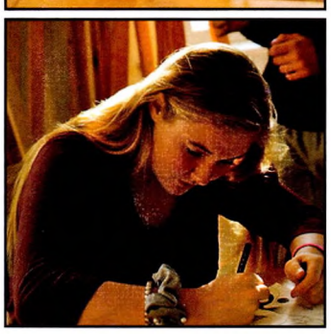


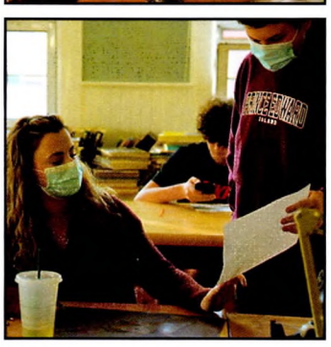
CLUBS

ART



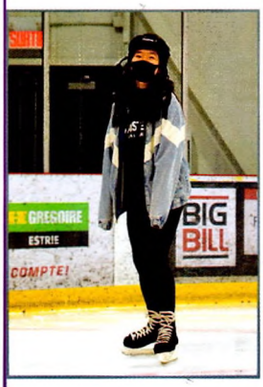
Alexia Aubin, Georgia Bailey, Britney Chamberlain, Yi-Ting (Sylvia) Chiang, Aimee Cloutier, Noah Cloutier, Harley Flanders, Borys Frenkel, Trofim Godochkin, Chaz Grenier, Jingyu (Thea) Guan, Maria Hatzidakis, Arielle Houde, Presley Langevin, Gage Larkin, Ben Leclerc, Bokyeong (Kayla) Lee, Jeremy Leroux, Anna MacLaren, Mika Oliviari, Noah Papillon, Gloria Riddell, Beatrice Ruf, Benjamin Smith, Avah St-Pierre, William Towner, Anderson Trider, Sophie Trudeau, Delaney Walsh, Siena Webster, Keiji Yamamoto





LEARN TO SKATE

Shicheng (David) Dong, Zifan (Xavier) Gan, Tristan Grandsire, Taohong (Kevin) Hu, Yuxuan (Albert) Jiang, Yile (Tony) Ju, Lex Johansson, Luca Laliberte, Ren Nakamura, Xavier Rodriguez



Saif Alexander-Pardhan, Junyoung (James) Bae, Boe Bailey, Yu Shan (Gordon) Chan, Tyler Battah, Shun Hatano, Ariadna Duran Bernal, Arielle Houde, Yunqi (Amy) Hu, Melissa Kakayuk, Valerie Lin, Dahui (Allen) Liu, Shawna Lyonnais, Carlos Mendoza-Velazquez, Felix Nadeau, Jose Oviedo Ferrer, Agustin Palacios Roji, Noah Papillon, Beatrice Perron-Roy, Karel Prefontaine, Emilia Stone, Yuhe Wang, Deanna Wright, Philomena Wright, Tao (Riley) Xu, Wang Hei (Ryan) Yung

BOARD GAMES

Eli Antoine, Bo Bailey, Justin Bouchard, Braden Chastanet, Noah Cloutier, Asher Dixson-Boles, Mia Eichholzer, Borys Frenkel, Shun Hatano, Joseph Hawco, Andrew Heath, Marcus Krats, Luca Laliberte, Presley Langevin, Christopher Leclerc, Jeremy Leroux, John Lippmann, Madeline Lippmann, Shawna Lyonnais, Ondrej Marton, Lana Peasley, Dominic Pokora, Jerome Sayeur, Hector Sepulveda, Ethan Skara, Aiden Thede, Zawiyah Tuting, Siena Webster, Liam Wilson, Hayley Wolfe, Sum Long (Summer) Wong, Keiji Yamamoto, Yucheng (Austin) Zhang

CLASSIC FILMS

Lorenzo Bono, Sarah Callaghan, Jorge Correia, Victoria Fernandez Garcia, Maria Hatzidakis, Goh Konno Benjamin Leclerc, Jeremy Leroux, Jakub Linet, Gabriel Maitre, Elmiri Mikkola, Alexia Moreau, Max Pedicelli

SOUNDTRAX

Logan Béasse, Maria Teresa Calva-Xolalpa, Elisabeth Godbout, Charles Goudreau, Jiabao (Jessie) Hu, Zander Johansson, Zheyuan (Leo) Li, Matthew Liddell-Grainger, Huixin (Crystal) Lin, Elodie Roy, Liam Steele, Elijah Young, Xinyu (Cindy) Zhang

COMMUNITY SERVICE

Jacob Bigras, Jeremy Bigras, Lorenzo Bono, Yu Shan (Gordon) Chan, Dominique Cormier, Emma DeCorby, Michael Deforel, Fritz Dietrich, Panayioti Efraimidis, Emilie Fortunato, Laurence Frenette, Nathan Garnier, Korey Goudreau, Tristan Grandsire, Peppi Kahkonen, Justin Laforce, Arianne Leblanc, Ho Lee, Zheyuan (Leo) Li, Jakub Linet, Audrey McCutcheon, Xiang Rui (Kevin) Meng, Elmeri Mikola, Chaka-Benjamin Ntumba-Muntu, Yuchen (Richard) Pan, Kazuaki Peasley, Anqi Peng, Nicolas Pokora, Hajime Saeki, Riho Sasamoto, Jerome Sayeur, Yuchen (Leo) Shi, Jeremy Tremblay, Svenja Voigt, Jiajun (Michael) Wu, Keiji Yamamoto, Marie Yoshizawa, Ryan Young

PHELPS HELPS

Marie-Ange Ndekwe
Ryan Yung
Harley Flanders
Dingyi (Alicia) Wang

ROBOTICS

Bo Bailey, Justin Bouchard, Rihito Hamano, Melissa Kakayuk, Halle Khanna, Christopher Leclerc, Jack Lippmann, Felix Nadeau, Joseph Ruf, Tianzhen (Jason) Shao, Emilia Stone, Deanna Wright, Philomena Wright, Junyi (Victor) Wu, Tao (Riley) xu, Zhujia (Johnny) Zhang

CHRISTMAS RADIO PLAY

The Santa Interviews
By Wade Bradford
Directed by Nicki Campbell
Saif Alexander-Pardhan
Andrew Bimm
Yu Shan (Gordan) Chan
Yi-Ting (Silvia) Chang
Braden Chastanet
Fritz Dietrich
Shawna Lyonnais
Summer Wong

TEDx

Victoria Azar
Andrew Bouchard
Asher Dixson-Boles
Mia Eichholzer
Nicole Isaak
Halle Khanna
Rosemary Lefebvre
Dahui (Allen) Liu
Madeline Lippmann
Antoine Rémillard
Léa-Rose Rémillard
Zawiyah-Laloba Tuting
Tamara Wood-Downey

See page 65

Sewing

Stéphanie Bourque, Krystine Breton, Lana Peasley, Béatrice Perron-Roy, Mégane Pilon, Karel Préfontaine, Camille Richard, Simone Ruf, Alice Sauriol, Hayley Wolfe

Good Deeds/ Animation

Alexia Aubin, Mariama Barry, Cédric Beauregard, Ariela Boltvinik, Stéphanie Bourque, Maria Teresa Calva-Xolalpa, Ben Chadwick, Britney Chamberlain, Aimee Cloutier, Michael Deforel, Sandro Dupraz, William Dyke, Panayioti Efraimidis, Victoria Fernandez, Rihito Hamano, Joseph Hawco, Ryan Hopkins, Nicole Isaak, Zander Johansson, Ryan Johnson, Jakub Kalny, Maddyn Labor, Gage Larkin, Rosemary Lefebvre, Joliane Legault, David Lessard, Gergely Orosz, Sofia Paradis, Joseph Riddell, Fernanda Rivas Cansino, Léonie Sayeur, Kevin Shi, Yoan Torello, Sophie Trudeau, Lucy Wang, Julia Webster, Cindy Zhang

FENCING

Georgia Bailey, Krystine Breton, Wei (David) Huang, Liam Huckins, Henry Riddell, Yuzhe (Kevin) Shi, Kieran Templeman

Pottery

Mariama Barry, Ben Chadwick, Wai Chung (Rachel) Chan, Aimee Cloutier, Shicheng (David) Dong, Arielle Houde, Taohong (Kevin) Hu, Liam Huckins, Marcus Krats, Justin Laforce, Arianne Leblanc, Joliane Legault, Valerie Lin, Mégane Pilon, Ethan Skara, Aiden Thede, Sophie Trudeau, Svenja Voigt, Julia Webster, Liam Wilson

Saif Alexander-Pardhan, Georgia Bailey, Krystine Breton, Sarah Callaghan, Wai Chung (Rachel) Chan, Noah Cloutier, Ariadna Duran Bernal, Mia Eichholzer, Elisabeth Godbout, Maria Hatzidakis, Lysa Kabirigi, Melissa Kakayuk, Halle Khanna, Arianne Leblanc, Madeline Lippmann, Mauricio Lopez Sanchez, Lana Peasley, Henry Riddell, Elodie Roy, Emilia Stone, Hayley Wolfe, Deanna Wright, Philomena Wright

MEDIA

Mariama Barry
Emma DeCorby
Ryan Johnson
Jakub Kalny
Emma Kreisz
Joliane Legault
Alexia Moreau
Gergely Orosz
Julia Webster

SPECTRUM

Sophia Caillet Farfan
Chaeyoung (Raina) Cheong
Eric Cui
Tongyao (Amanda) Gu
Mika Olivieri
Yuchen (Leo) Shi
Meiqi (Maggie) Sun
Marie Yoshizawa

FARM PROJECT

Braden Chastenet, Joey Hawco, Jack Lippmann, Zhiyou (Joe) Liu, Max Pedicelli, Ethan Skara, Liam Steel

ANIME

Jiyuan (Eric) Cui, Xinyang (Howard) Gu, Yunqi (Amy) Hu, Zhiyou (Joe) Liu, Mika Olivieri, Hokang (Buddy) Shen, Xiaoyi (Joel) Xu, Elijah Young, Yucheng) (Austin) Zhang

STUDENT COUNCIL

Ariela Boltvinik Palacios Roji, Yi-Ting (Siliva) Chiang, Ariadna Duran Bernal, Yunqi (Amy) Hu, Yile (Tony) Ju, Dingyi (Alicia) Wang, Xinyu (Cindy) Zhang, Zhujia (Johnny) Zhang

INVESTMENT

Andrey Afanasyev, Marc-Antoine Ducharme, William Duhamel, William Dyke Hadley Forbes, Evan Gass, Sebastien Henault, Jakub Kaczynski, Aick Karayenzi, Moritz Lackner, Elmeri Mikkola, Alexander Pagliari, Maximiliano Pedicelli, Hayden Pimm, Shaheem Samuel, Austin Scarinza, Romain Seager, Max Stewart, Nicolas Tan, Denis Vittenberg, Ryan Young

POLITICS

Eli Antoine, Benoit Forget, Sebastien Henault, Jonathan McDonnell, Béatrice Perron-Roy, Hayden Pimm, Karel Préfontaine, Camille Richard, Elodie Roy, Alice Sauriol, Jérome Sayeur, Maxwell Stewart

CARD GAMES

Ben Chadwick, Jorge Correia, Benoit Forget, Tristan Grandsire, Ryan Hopkins, Ben Leclerc, Mégane Pilon, Hayden Pimm, Joseph Riddell, Léonie Sayeur, Yoan Torello, Denis Vittenberg, Siena Webster

ARCHIVES

Xingda (David) Dong, Laurence Frenette, Tongyao (Amanda) Gu, Xinyang (Howard) Gu Taohong (Kevin) Hu, Xingda (David) Lyu, Maggie Sun, Junyi (Victor) Wu, Jiaxuan (Jackie) Xu, Xiaoyi (Joel) Xu

ios app

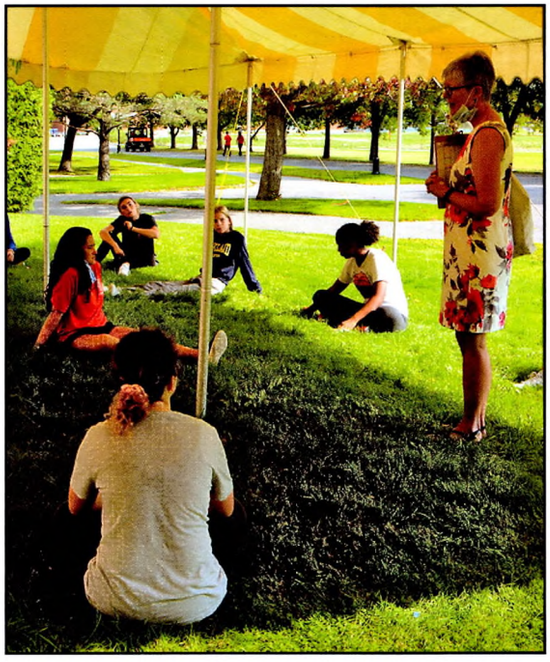
Justin Bouchard
Tianzhen (Jason) Shao
Junyi (Victor) Wu

ACTIVITIES.

OPENING DAYS

COVID SCHOOL

The school year began with approximately 190 students on campus and about 40 more beginning classes online, either live via cameras in the classroom or viewing recording later (depending on time zone differences). These students were waiting for the lifting of the travel ban to be able to come to Canada.



QUARANTINE KIDS

Many international students arrived on campus at the end of August and served their mandatory14-day quarantine in residence. It was long and tedious but most understood that it was for the greater good to protect the school community and our outside community as well.

Upon arrival on campus (day and night!), the students first underwent a health check from one of our school nurses. Then it was into residence. The students had daily outside time and had their meals brought to them.

TERRY FOX RUN

TOP RUNNERS

Junior girls – Avah St-Pierre & Gloria Riddell, 13 laps each

Junior boys – Liam Huckins, 18 laps

Senior girls – Emilie Fortunato & Laurence Frenette, 20 laps each

Senior boys, and overall champion for 2020 – Cédric Beauregard, 21 laps

To start the year, students met their advisors every morning outside to check in and make sure everyone was feeling well. Masks were mandatory at all times except during meals, while seated in class and during sports.

CLASSROOM KIDS

A September in a Crazy Year
By Cynthia Zhang

2020 is wilder than all those novels and movies;
Never could this have been predicted in a thousand prophecies.
This is a time unlike anything before,
This September will be etched in our memories forevermore.

When we set foot on the campus
That we yearned so dearly,
We were greeted not by warm embraces,
But a temperature gun to the face.

Only a handful of new names;
Half of which are on a screen.
Is this the place that we once knew?
So many things are no longer the same.

Of course, a mask has to be worn at all times –
Being outside without one would be a crime!
We breathe our own breath all day long,
For I am your keeper and you are mine.

"Sorry, what's your name again?
I only recognize you by your forehead!"
Never ran into that grade 12 before;
Who's that grade 7? We've never crossed paths!

Only three options when it's meal time –
Sit alone, or pick one or two friends.
Second servings come with a nice long walk,
Have to scream to talk to the person on the other end.

Wipe down those tables! Wash those hands!
And scrub the guitar after every jam!
Sanitize until you lose your sanity;
Oh, and descend from "EXIT", not "SORTIE"!

All the new schedules make our heads spin;
Stuck on the same floor day out and day in.
"Wait... we have history in a math classroom?"
The days seem more blurred than they have ever been.

"That is NOT two meters, guys!"
"Everyone in line, back up please!"
"You can't be in her room, or else it's an hour!"
"Sorry, love birds, you can't share a kiss!"

Seems like we're stuck with our roommates for eternity;
For three month we can only video call our families.
It's not easy to break the hundred-year-old routine,
And the worst part is, there's so much to miss:

The pleasant scent of coffee on the first floor of Colby,
The serene, solemn church and its prickling seats;
The lively, bustling crowd in the student center at break,
The sincere smiles of the ladies at the laundry.

Those movie nights in the lounge and walks to town,
Bus rides to Sherbrooke and fancy restaurants;
Watching fellow Spartans score in front of our eyes,
Whiling away the hours with friends by our side.

But hey – all surfaces are sparkling clean,
There's a bit less stair-climbing – for the grade 10's, at least.
No risk of sitting in syrup at the breakfast table,
And a lot more time to relax and watch TV shows.

Plus, instead of being trapped in our homes
Staring all day at Teams and Zoom,
Or lying in a crowded hospital,
Waiting for doom, ventilator at the throat –

We should be grateful that we are here,
Together in the midst of all the fear;
And we will have a story to tell those after
Of how we made the best of a crazy year.

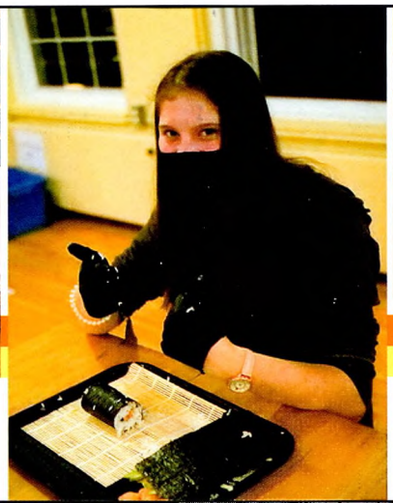
SEPTEMBER

SHOPPING AT TRADITIONS

SOCCER TOURNEY

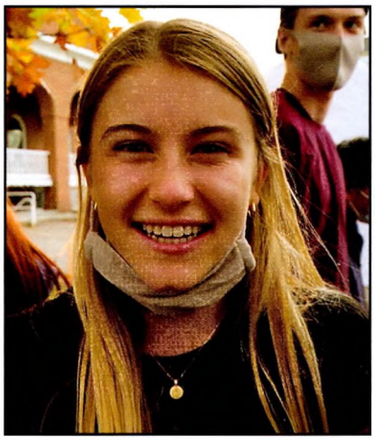
SUSHI NIGHT

Making sushi was just one of the many ways the Animation Team kept students entertained and safe. Read more on Page 58!



OCTOBER

FEAR FACTOR



GLOW-IN-THE-DARK DODGEBALL

STEAK NIGHT

OCTOBER

ANIMATION IN THE BUBBLE

In the past, weekend activities have consisted of trips off campus to Walmart, restaurants, malls, or trampoline parks. Due to the current state, off-campus outings almost entirely ceased to exist. Animation transformed correspondingly.

"We had to reinvent ourselves because we relied heavily on off-campus activities," said Adam Spirk, Stanstead's animation coordinator. "Now we are constant entertainment – truly an animation team for the students."

Although the work has increased, the positives still outweighed the challenges; there were a greater variety of activities at hand for students.

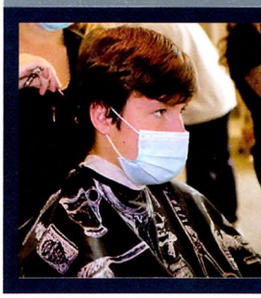
In the fall, students participated in such activities as bingo, a volleyball tournament, a putting/chipping tournament, bonfires, glow-in-the-dark dodgeball, Fear Factor, scavenger hunt, tie-dying T-shirts, quesadilla night, sushi night, formal steak dinner nights, flag football and movies outside.

Grocery trips to the local Marché Traditions were one off-campus activity that was a huge success. After hours, the store opened strictly for Stanstead College students who truly enjoyed and were grateful for the short outing off campus.

In the past it has been a struggle to get kids to participate in on-campus activities. However, that quickly changed in 2020-21. Students were involved and appreciative.

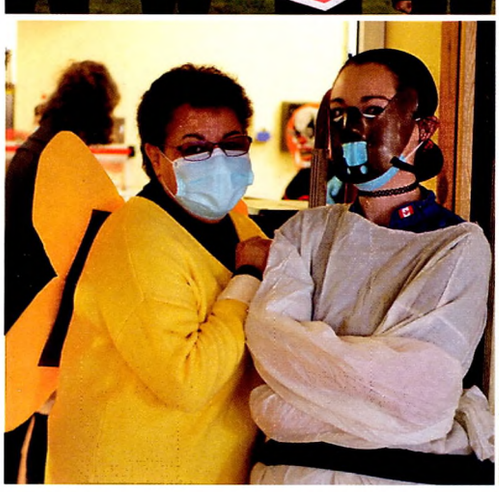
CHIPPING CONTEST
An afternoon of golf skills right on campus.

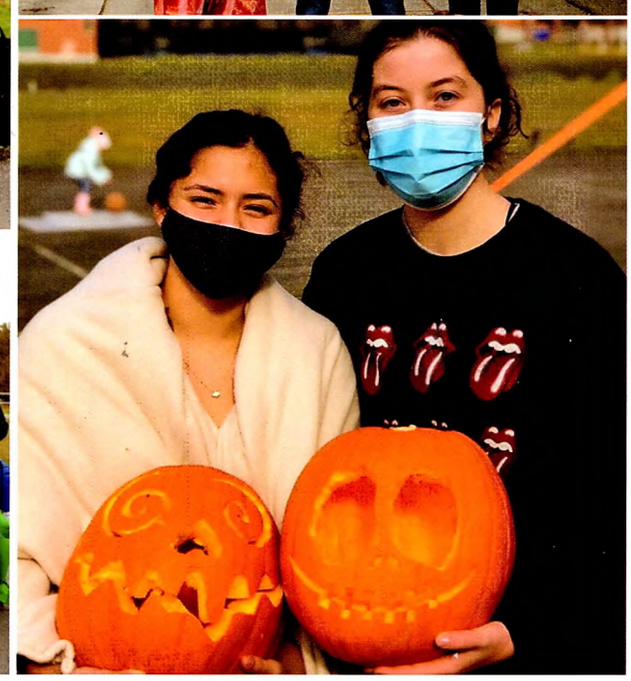
ORANGE SHIRT DAY
"Designed to educate people and promote awareness in Canada about the Indian residential school system and the impact it has had on Indigenous communities for over a century." – Wikipedia



HAIRCUTS
The LeBaron Lounge was transformed into a hair salon for students looking for a trim.

HALLOWEEN





NOVEMBER

RED ZONE

On November 12, the Estrie region went from being in an Orange Zone (some restrictions) to Red Zone (maximum alert). To allow SC to continue operating more or less as it had been, day students were invited to live in residence until the December break. Most did. Also, masks became mandatory in classrooms.

SPIRIT DAY

OUTDOOR ACTIVITIES

BROOMBALL TOURNAMENT

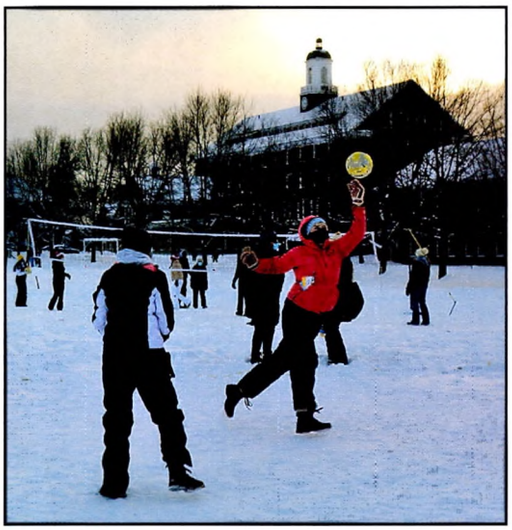
CHRISTMAS DECORATIONS

DECEMBER/JANUARY

HOLIDAY CAMP

The fall term ended earlier than usual, with most students heading home on December 4. However, about 20 international students chose not to return home and spent the break in Cowen House as part of a holiday retreat. They enjoyed a number of activities, some Christmas-themed, such as cutting their own tree, with others simply about enjoying the Canadian winter, such as night skating along the linear path in Magog.

OUTDOOR SPORTS/ANIMATION



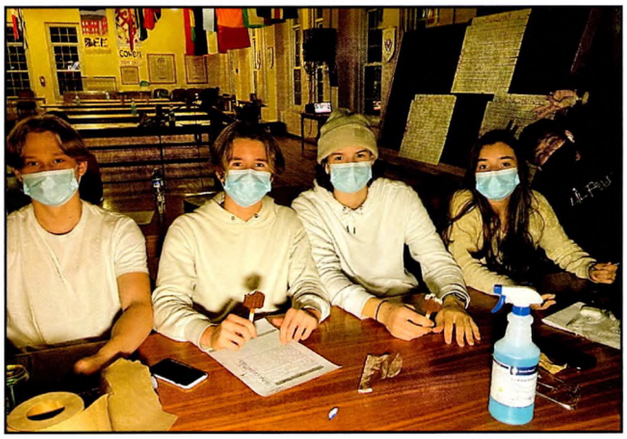
International students who traveled home for the break returned to campus by January 6 and spent 14 days in quarantine in residence. Classes began online January 7 for them as well as all domestic students, who remained at home until Wednesday, January 20. Almost all day students moved into residence for the term.

To help prevent the spread of coronavirus, students spent as much time outdoors as possible, including after-school sports for the first week and a half. Options included snow-golf, snow-volleyball, hiking, cross-country skiing, off-ice training for hockey players and more.

On January 25, the whole school tested negative for the virus.

FEBRUARY

SUPER BOWL PARTY



CHINESE NEW YEAR

VALENTINE'S DINNER

WINTER CARNIVAL

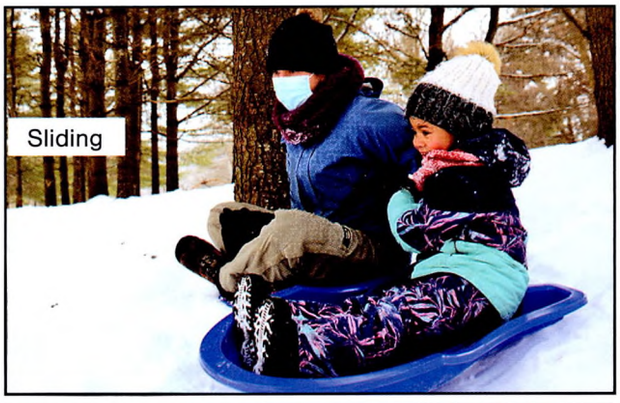
Dressed as Men in Black

Snow volleyball

Crazy Hat/Hair Day

snow boarding

Bonfire

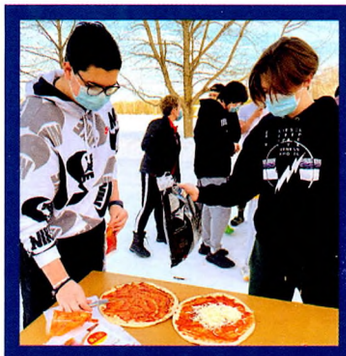

Sliding

Grade 12s as the cast of The Office

'BINGE WATCHING'

While we couldn't hold the normal number of activities, we marked Winter Carnival with the usual lead-ins, including Crazy Hat/Hair Day, Crazy Socks/Shoes Day, Pajama Day and Theme Day – "Binge Watching." Snow sculptures (congratulations, Davis) and a day of outdoor activities took place on Saturday.

FEB./MARCH



PIZZA CONTEST

Food was a big part of getting through February and March. We had the outdoor pizza oven going for beaver tails and make-your-own pizzas. There was also a chicken mechoui in the dining hall one evening.

SNOWBALL WAR

Snow = Snowball fights. In this case, an organized afternoon of white warfare.

PINK SHIRT DAY

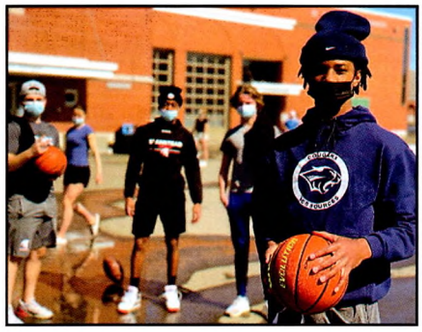
To raise awareness about bullying, the school marked Pink Shirt Day with... pink shirts!

ORANGE ZONE

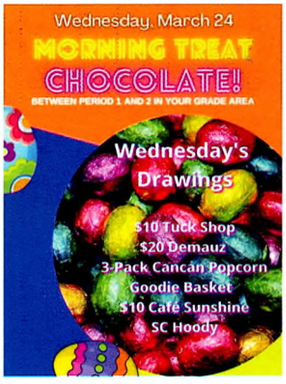
On March 8, the region was once again designated an Orange Zone by the Quebec government. An 8:00 pm curfew moved to 9:30 pm. At school, not much changed, with a decision to continue keeping day students as boarders until the March break.

To get through the last tough weeks, there were Student Appreciation Weeks that included sleep-ins, free-dress days, raffles and treats at break. March break began March 26.

RETURN OF THE SUN!



STUDENT APPRECIATION



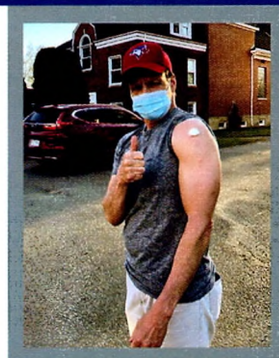
APRIL

International students stayed on campus over the break, enjoying a number of organized activities. Upon return, it was decided day students would continue to live on campus; some opted to follow classes online.

School-wide testing took place on April 12, with all results coming back negative!

OUT IN THE WILD

During the March break, international students who stayed on campus were given some of the freedoms that their classmates were enjoying, namely getting off campus! Whether it was going to Walmart in Magog or downtown to Steve's Pizzeria, it was the first time off campus for many since Christmas.



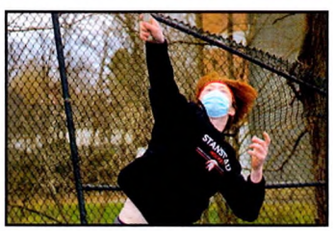
VACCINATION TIME

Starting in April, staff and faculty members became eligible to receive the COVID-19 vaccination, starting with those of "a certain age" like Mr. Wolfe, then expanding to include all school employees in the province of Quebec. By the end of the school year, many students had received their first vaccine as well.

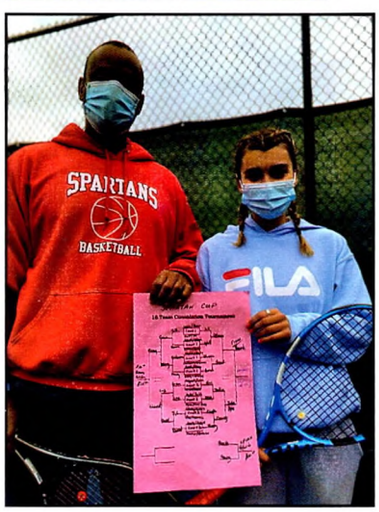
EASTER EGG HUNT

Into the woods in search of eggs. Each egg was numbered and filled with chocolate. hunters put their eggs in a basket and then we raffled off prizes.

TENNIS TOURNAMENT



Van Dyke and Webster, Julia defeat Bouchard and Webster, Siena in the final



HOUSE SOCCER

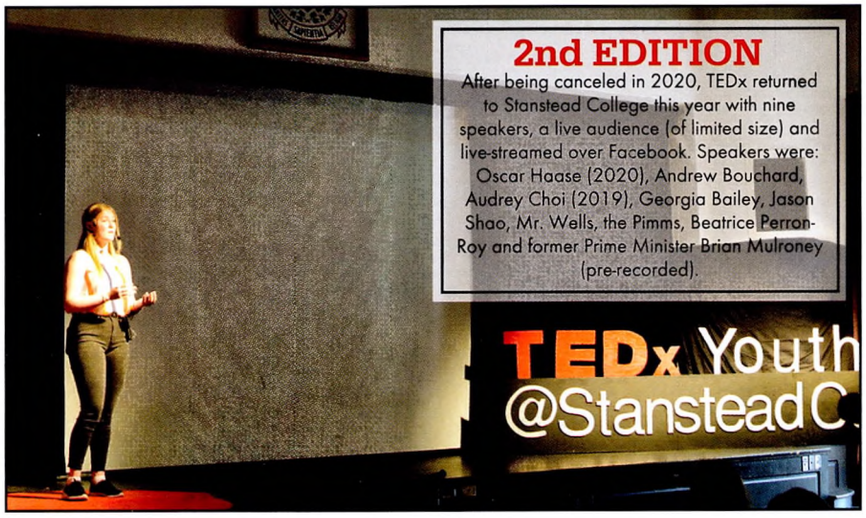
MAY

LUAU!!!

TEDX @STANSTEAD

RED ZONE
As of May 10...

Back to
ORANGE ZONE
May 31.



2nd EDITION

After being canceled in 2020, TEDx returned to Stanstead College this year with nine speakers, a live audience (of limited size) and live-streamed over Facebook. Speakers were: Oscar Haase (2020), Andrew Bouchard, Audrey Choi (2019), Georgia Bailey, Jason Shao, Mr. Wells, the Pimms, Beatrice Perron-Roy and former Prime Minister Brian Mulroney (pre-recorded).

Grade 12 student and prefect Joliane Legault (seen pouring ice water) spearheaded a number of fundraisers and challenges to raise $2000 in support of research for ALS, a disease that claimed the life of her grandfather.

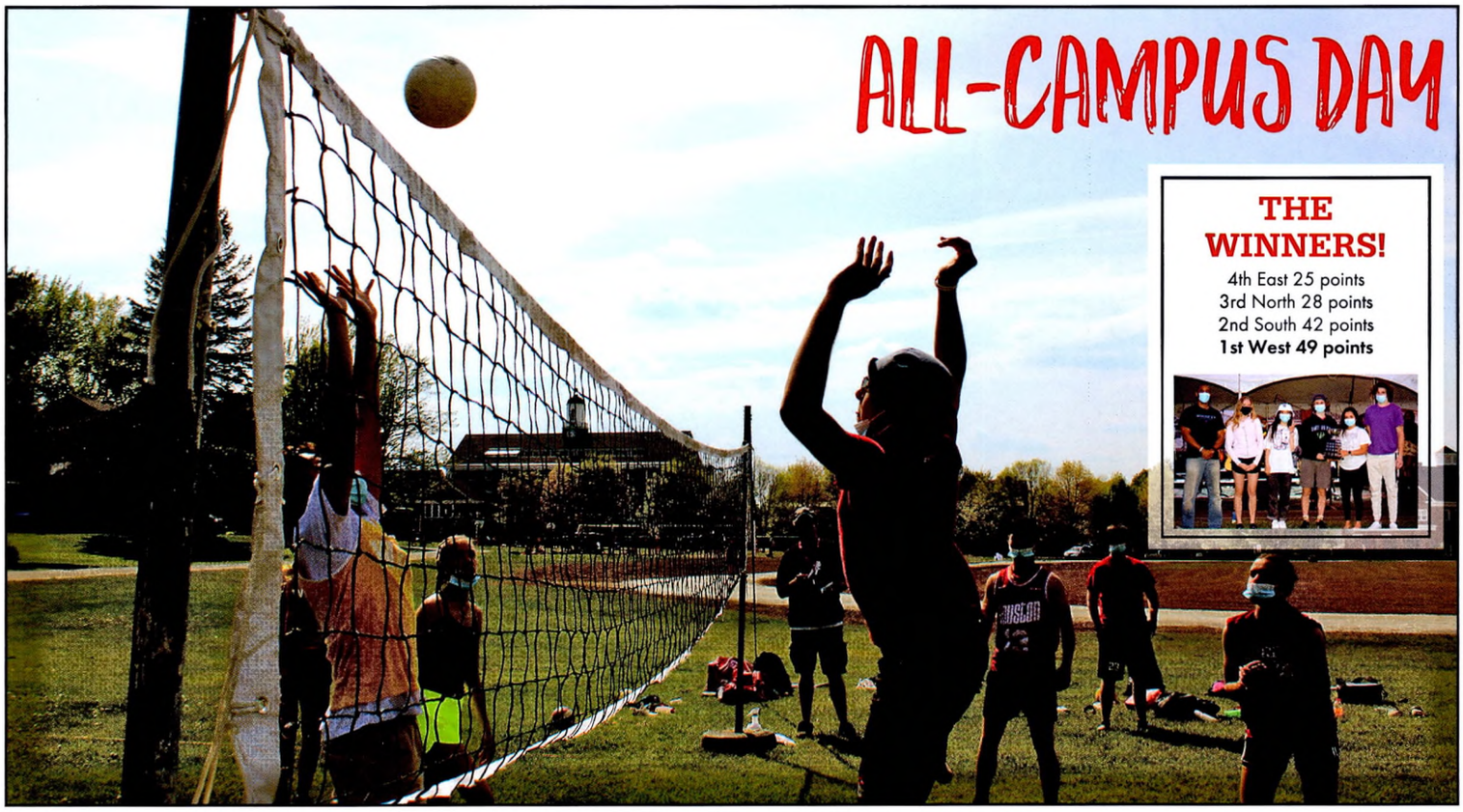
ALS FUNDRAISER

MAY

FACULTY-PREFECT SOFTBALL

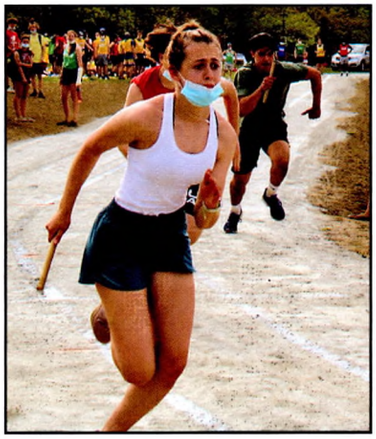
Teachers win... but free-dress day for all.

ALL-CAMPUS DAY



THE WINNERS!

4th East 25 points
3rd North 28 points
2nd South 42 points
1st West 49 points



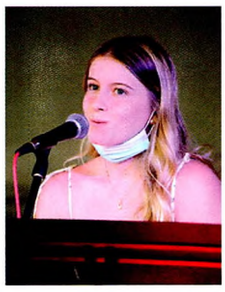
GOODBYE, ALTA

After 45 years, Alta Sheldon retired in June and was recognized for her many contributions in front of the full student body and staff. Miss Alta began working in the laundry department in 1976. She eventually became head of laundry and housekeeping until she semi-retired in 2011. She continued another decade part-time managing the school gyms, a role she had been filling since 2007. In recognition, the College will be naming the Amaron equipment room "Miss Alta's Sports Store."

SPARTANPALOOZA!

Having missed out on Cafe Capp this year, the end-of-year variety show took on a whole new tone, with polished performances and professional sound and lights under the big tent. This was followed by fireworks and end-of-year videos.

- Gdyke & Guests: A Tribute
- Elisabeth & Crystal: "Someone Like You," Adele
- Siena, Julia, VanDyke: "Ho Hey," The Lumineers
- Alicia & Sophia: "Young & Beautiful," Lana Del Rey
- Varsity Girls Hockey: karaoke song
- Spirk & Tammy & Logan: "Send Me on My Way," Rusted Root
- Elijah Young, Matt LG, Tere, GDyke:"Turn the Page," Bob Seger
- Elodie & Krystine: "Supermarket Flowers," Ed Sheeran
- Braden Chastenet: Comedy
- Ms. Kirby, LG, Jason, Crystal: "Scars to Your Beautiful," Alessia Cara
- Rosema, Eric C., LG, Logan, Dyke, G, guest: "Love Story," Taylor Swift
- Crystal, Elisabeth, VanDyke: "Let Her Go," Passenger
- Zander, GDyke, and the Maguettes: "Old Town Road," Lil Nas X feat Billy Ray Cyrus
- Zander, LG, G, Dyke: "Blue on Black," Kenny Wayne Shepherd
- Alicia: "Time Boils the Rain," Kris Wu
- Gdyke Production feat Mr. Pimm on bass: "Like These," Foo Fighters
- Tere, Siena, VanDyke: "Good Riddance," Green Day
- Ho, Pana, Ryan: "See you Again," Wiz Khalifa
- Xavier Gan, Cindy, Crystal, Matt LG, Gdyke: "Lose Yourself," Eminem
- Liam S., Rosema, Zander, LG: "Little Black Submarines," The Black Keys
- Spirk, LG, Tere, Zander, Grenier, Dyke: "All Summer Long,"Kid Rock



SPORTS

The entire 2020-21 school year and the fall soccer season were both very different from the norm. We were caught in the middle of the worst worldwide pandemic in over a century. Going into the season, we understood that competitions could probably be quite limited. We had to deal with grade-based practices for the first weeks, as well as daily symptom-check questions, social distancing, hand washing and masks throughout the entire season. We were made aware that there would be no CAIS tournament, no ETIAC league or playoffs, and the possibility of very few. (and potentially no) actual games.

We kept a roster of 22 including a large number of Grade 12 and 11 experienced veterans and a few Grade 10 students new to the senior team. The roster size did allow us to play full-size scrimmages, and the level of play across the entire roster was quite impressive. As the season unfolded, waiting for news about possible games, we practiced and practiced.

Ultimately, we were able to organize two games with BCS, one away and one at home. In Lennox-ville, we played to a 1-1 tie with winger Tristan Grandsire scoring our only goal on a nice shot from the left side. At home, we won 2-1 with the first SC goal by Shaheem Samuel and the winner from Hadley Forbes. With no other game play going on among our usual teams, perhaps our 1-0-1 record makes us the champions of the region!?!

Thanks to Alta, Doc, BCS, Mr. Vanasse, Mr. Spirk and Shannon and all the players for helping us to get through this challenging season.

- Coach Simard

Front: Nicolas Pokora, Jorge Correia, Hadley Forbes, Mr. A. Simard (coach), Yoan Torello, Dr. J. Standage (coach), Ryan Young, Ho Lee, Justin Laforce
Middle: Denis Vittenberg, Tristan Grandsire, Elmeri Mikkola, Eli Antoine, Benoit Forget, Maximiliano Pedicelli, Shaheem Samuel, Hayden Pimm
Back: Alex Pagliari, Lorenzo Bono, Xavier Rodriguez, Dominic Pokora, Benjamin Leclerc, Hajime Saeki, Jack Lippman

senior boys soccer

senior girls soccer

Front: Victoria Azar, Mariama Barry, Sophie Trudeau, Joliane Legault, Léa-Rose Rémillard
Middle: Mr. T. Peasley (coach), Fernanda Rivas Cansino, Ariela Boltvinik Palacios Roji, Sofia Paradis, Julia Webster, Ms. L. Kirby (coach)
Back: Tamara Wood-Downey, Sophia Caillet Farfan, Nicole Isaak, Victoria Fernandez Garcia, Leonie Sayeur

This was my first year as head coach of senior girls soccer, and it was a memorable one, even without all the restrictions and changes that came out of COVID. What made it memorable was the great group of players. We only had one game this season, a hard fought 2-2 tie with BCS, in a game where we were dealing with many injuries. Despite no substitutes, and being down a player for a large part of the game due to these injuries, the girls came together as a group and put in an amazing effort they should all be proud of.

Between injury, COVID rules, and only having one game to look forward to, our practices could have easily turned into something negative. Ms. Kirby and I are very proud of this team who kept their spirits up and stayed positive despite all of this, and worked hard to improve their individual skills and performance as a team (even when we were asking you to run a few extra laps than you wanted to).

We both want to thank all of the girls for the memorable season. And to the grade 11's – please start running in July so you're ready for next season!

- Coach Peasley

When I think of the 2020 junior boys soccer season, there are quite simply three words that come to mind: Short. And. Sweet.

Firstly, let's deal with the "short" portion of the previous statement. With only two games played over the six-week season, to use the word "short" is probably an understatement. As participants in athletics here at Stanstead College during COVID-19, you know how difficult it is to arrive to practice every day willing to put in the type of effort that we as an athletic program expect of you. Yet, this is exactly what the young men on this team accomplished from the first practice in September to the final whistle of our final game only six weeks later. I am filled with pride with the way these 12 players competed with skill, effort and camaraderie, and I consider it a privilege to have had the opportunity to co-lead them to an undefeated season during which we outscored our opponents 13-3. I used the term co-lead earlier because I did not do this alone. I was very blessed to be able to rely on my co-coach, Ms. Borsoi, every day. She was always on time and prepared and simply made my life easier. Thank you, Kyra, please know that this team and I greatly appreciate your efforts!

- Coach Liverpool

junior boys soccer

Front: William Towner, Saif Alexander-Pardhan, Joseph Ruf, Zander Johansson, Noah Cloutier
Middle: Christopher Leclerc, Chaz Grenier, Presley Langevin, Justin Bouchard
Back: Ms. K. Borsoi (coach), Bo Bailey, Kieran Templeman, Mr. D. Liverpool (coach)
Missing: Henry Riddell

Front: Avah St-Pierre, Simone Ruf, Madeline Lippmann, Krystine Breton, Elisabeth Godbout
Middle: Gloria Riddell, Beatrice Ruf, Arielle Houde, Lana-Michelle Peasley
Back: Harley Flanders, Valerie Lin, Shauna Lyonnais, Siena Webster, Mr. E. Grenier (coach)

junior girls soccer

I sincerely hope you look back at this article one day and remember this season. It was, as you know, one of my favourite seasons ever. Maybe even my favourite of all time. We had 25 practices and 1 game. That's different. That's unique.

The team had perfect chemistry. You all bought in. You all worked hard every day. You all wanted to improve. You were competitive even if you didn't need to be. You all wanted to win whatever drills or skill games we played. You all had fun. You were sisters. I am very proud of this team.

Remember the lessons I talked about during my sports assembly speech? I spoke of not taking sports for granted. You never did. You always really wanted to practice and put your hearts into it. We loooved practice. That's lesson number two. You always acted as if practice was the best thing ever which made me feel really good and love practice as much as you. Lesson number three was about loving playing sports just because it is fun. You all made sure everyone on the team had a positive experience. You trash-talked playfully (OK, mostly I trash-talked). You were nice and you were kind, qualities that are generally undervalued in society and should never be. Think about it: being outside with your friends, kicking a ball around, organized by a coach who loves it as much as you, was like time standing still for an hour and half, or in our case, sometimes until it got dark. A perfect little moment in time, every day.

Tag. Keepaway. Scrimmage. The crossbar. You won that last one and I am still mad about it. Juniors versus next year's seniors, which by the way, juniors won. Twice. Told you I would remind you of that. The future of the junior team is still looking good.

I was reluctant to play BCS in our only game of the season because we could lose and I wasn't sure if that would taint our season. Now, in hindsight, I am sure that you are all smart enough to know that it didn't matter if we won or lost. Yes, we won that game but it probably wasn't because we had better athletes than them. If you truly understand my lessons above and throughout the season, then you know. I hope some of you will become coaches one day and keep the dream and true purpose of sport alive for all kids. Everyone deserves a chance to be on a team like you had this year. What a beautiful experience. I hope you remember. I do.

Coach G.

Normally in cross-country running, athletes have to quickly adapt to running certain distances very quickly. This is always a challenge, as doing this after a summer of often being sedentary results in strains and injuries and frankly, in some cases, a plain inability to run 6k. Bring on the fall of 2020 when there are just so many unknowns and whether or not we will even have any races. I quickly came to the conclusion to not focus on increasing running ability and speed but focus more on overall conditioning. At least that way, athletes will be in overall better shape.

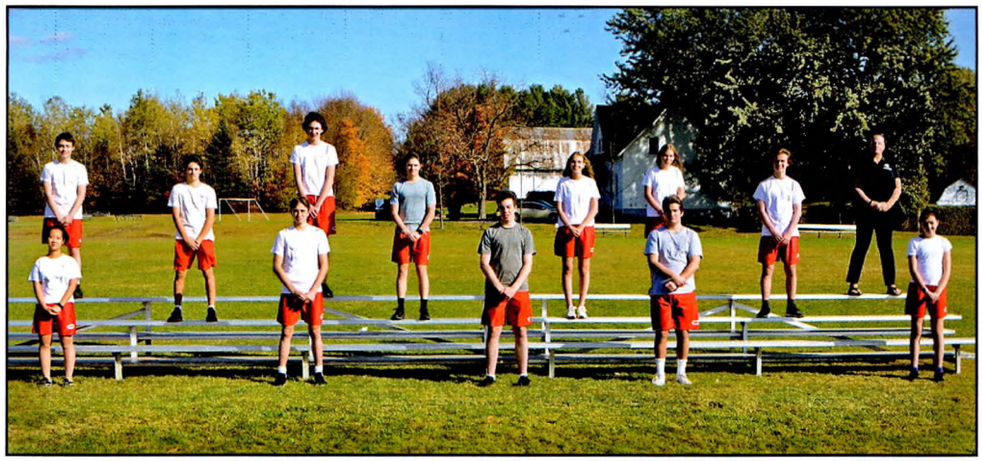
There was an interesting mix of athletes on the team this year. There were some with a couple seasons of experience under their belts, complete beginners and groups of athletes with experience in different sports, like hockey or cycling. The season began with some basic running and body-weight strength training, and soon, sore muscles began to set in and the whining began. We moved onto incorporating some trail runs, and soon, everyone was up to speed.

We learned two-thirds of the way into the season that we would in fact have a couple of races against BCS. We had a week to prepare. We were off to BCS and the nerves began setting in. Many had never performed in a race. After the race finished, Antoine, Aiden and Asher came out on top in the senior division. Joey and Marcus came first and second with Jerome coming fourth in the junior division. On the girls side, Mia came third, with Cindy and Aimee coming in fifth and sixth at the junior level, while Emilia was the only girl running in her division, keeping pace with the rest of the junior group. When it came to our race here, the nerves were a thing of the past and everyone surpassed the previous race. Cross-country running is more than just running. You get out of it, what you put into it.

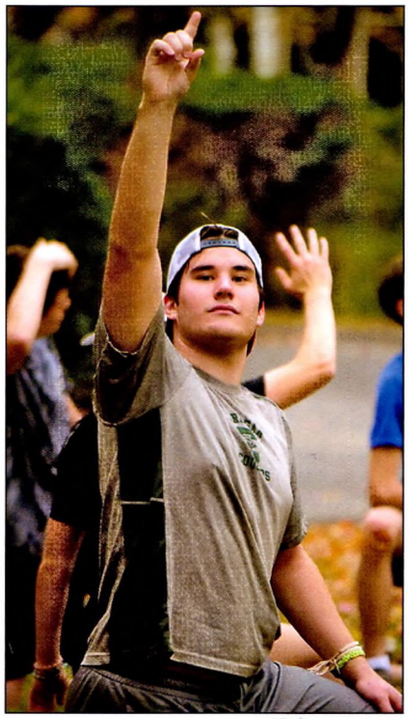
All in all the season was a success. I hope you all had as much fun as I did and enjoyed your season. I thank you for your dedication during the first two months of school.

- Coach Reynolds

cross-country running

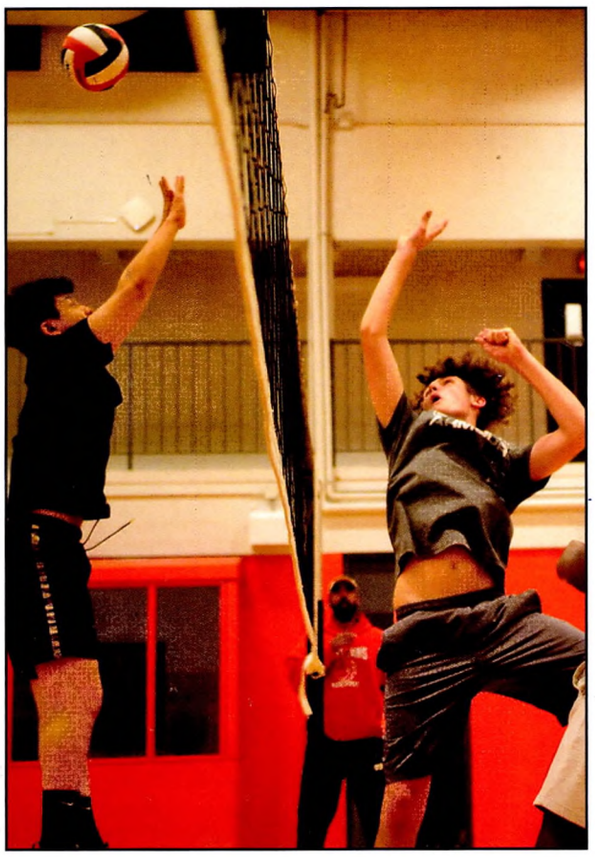


Front: Cynthia Zhang, Marcus Krats, Liam Wilson, Aiden Thede, Emilia Stone
Middle: Joseph Hawco, Jérôme Sayeur, Aimee Cloutier, Antoine Rémillard
Back: Asher Dixson-Boles, Ethan Skara, Mia Eichholzer, Ms. K. Reynolds (coach)



Front: Philomena Wright, Anna MacLaren, Maria Teresa Calva-Xolalpa, Mauricio Lopez Sanchez, Halle Khanna, Ryan Yung, Melissa Kakayuk, Ms. J. Robitaille (coach) ; Middle: Mr. E. Van Dyke (coach), Trofim Godochkin, Hayley Wolfe, Ian Laiter, Anderson Trider, Luca Laliberté, Deanna Wright, Mr. F. Akbar (coach) Back: Ben Chadwick, Gage Larkin, Richard Pan, Andrey Afanasyev, Logan Béasse, William Duhamel, Aick Karayenzi, Gordon Chan

co-ed volley ball



Volleyball had never been offered as a fall sport option before. As coaches, we did not know what to expect, especially since it was open to all grades, boys and girls. Would we be able to actually play good volleyball? How would we deal with the vastly different levels of experience and ability? Would the players even take it seriously?

As it turns out, we had nothing to worry about! We kept 21 players, separated them into a junior co-ed group of 13 and a senior boys group of 8, and proceeded to have a season that surpassed all expectations.

The junior group, led by Coach Robitaille and Coach Faaiz, was always engaged and 100% inclusive. They enjoyed every second of practice and truly appreciated each other's company. Whenever I had the opportunity to watch them practice, I was impressed by the camaraderie, the smiles, the positivity, the mutual support, and how much they improved throughout the season.

My senior group also impressed me, but for slightly different reasons. They, too, made every minute count on court, but they also brought a spirited level of competitiveness. They treated every drill like a competition, and once the actual games started, they would ramp up the intensity even more, in the process producing crazy rallies, nail-biting finishes, and points that make you go 'WOOOO!!'.

We coaches hope you players enjoyed the season as much as we did. One image in particular sticks out for me, i.e. all of you playing volleyball, barefoot & laughing with your friends, on a brand new sand court, under a blue sky, on a sunny day in September. That image is something I will never forget from this history-making season. Along with the DIVA Championship medals . Thank you everyone for such a great season!

- Coaches Van Dyke, Robitaille & Faaiz

tennis

The 2020 fall tennis season was a short but productive one. Our student-athletes were given the chance to improve their skills on the court through drills, practice and competition. Progress was made by all, from those new to the sport to the avid players. We were also lucky enough to host a few players from BCS for an afternoon, bringing a pleasant challenge to our players. As their coach, I am proud of the effort made by all the players on this fall's tennis team.

- Coach Belknap-Keet

Front: Crystal Lin, Kazuaki Peasley, Fritz Dietrich, Gabriel Maitre, Lucy Wang
Middle: Albert Jiang, David Huang, Jakub Kaczynski, David Dong; Back: Mr. S. Belknap-Keet, Kevin Shi, Leo Shi, Jacky Xu; Missing: Joseph Riddell, Ms. A. Hamilton (coach)

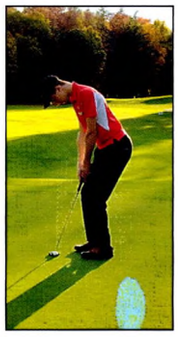
golf

Every day during this beautiful fall, we had the pleasure of playing golf at one of the most picturesque courses in Quebec. The sunny days, the gorgeous foliage and the chance to play a quick 9 after school... it was like a dream come true! A variety of challenges took place over the season, and these always came with baked-good prizes; tic tac toe chipping, putting contests and our very own Ryder Cup. Over the two months of regular outings, everyone's game had good moments and some moments we would prefer to forget. Right Cedric, Charles and David?

But there were good shots as well... the string of putts that dropped hole after hole, the sand shots that did exactly what they were supposed to do and the drives that went straight down the middle of the fairway. Our final challenge was 'the big one' against our friends from BCS. They put together a team to take us on in a little friendly competition. COVID rules meant that we did not play in mixed groups, and thus the results were not known until all had been tallied. Shooting the only sub-80 score of the day, Cedric Beauregard led the Spartans to a 21-stroke victory over the BCS Bears. All in all, 8 Spartans and two lucky coaches had the chance to play some great golf all while having a lot of laughs and a super time. It was a pleasure playing with each and every person on the team.

- Coach Smith

Front: Ms. A. Wolfe (coach), Cédric Beauregard, Rosemary Lefebvre, Lex Johansson, Ms. L. Smith (coach)
Back: David Lessard, Charles Goudreau, Liam Huckins, Jason Shao, Matthew Liddell-Grainger



Front: Alicia Wang, Jessie Hu, Howard Gu, Joel Xu, Eric Cui, Xavier Gan, Ren Nakamura
Middle: Leo Li, Mika Olivieri, Marie Yoshizawa, Riho Sasamoto, Tony Ju, Keiji Yamamoto
Back: Ms. A. Laroche (coach), Jonathan McDonnell, Braden Chastanet, Anqi Peng, Michael Wu, Victor Wu, Mr. M. Wolfe (coach)

spring badminton

For the past few years badminton has been a spring term competitive sports option at Stanstead College and has proven to be a very popular addition to our athletic program. With the COVID-19 pandemic resulting in the shuffling of a number of our sports, badminton has now become a three-term sports fixture.

Beginning in early September a very keen group of 18 players came out for the fun and fitness that badminton offers to its participants. The three courts in the Amaron Gym – brightly lit by the sunshine pouring through the west side windows - were always filled with players eager to play and improve their game. In fact, most days our practices went well beyond the scheduled time period as students wanted to continue playing for as long as they could. And a good number of our athletes spent their free time on Saturday and Sunday afternoons chasing down birdies while honing their clear, drop and smash shots.

Coach Laroche and I were continually impressed with the enthusiasm, skill and good spirits that we witnessed every day. We had such great fun working with our team members. After all, what can be better for any coach than to work with a group of athletes who simply love their sport? Practice was always the highlight of our day!

- Coach Wolfe

Front: Felix Nadeau, Amanda Gu, Amy Hu, Kevin Hu, Maggie Sun
Back: Marie-Ange Ndekwe, Borys Frenkel, Korey Goudreau, Benjamin Smith, Noah Papillon
Missing: David Lyu, Romain Seager, Ms. N. Campbell (coach), Ms. B. Wilkinson (coach)

outdoor pursuits

Badminton
Bantam S:
Ren Nakamura

Badminton
Junior S:
Braden Chastanet

Badminton
Sportsmanship:
Riho Sasamoto
Senior S: Michael Wu

Tennis
Sportsmanship: Crystal Lin
Junior S: Lucy Wang, David Dong

Volleyball
Sportsmanship:
Hayley Wolfe

Junior S:
Anderson Trider,
Mauricio Lopez
Sanchez

Volleyball
Senior S:
Gage Larkin

Cross-Country Running
Junior S:
Joey Hawco
Sportsmanship:
Cindy Zhang

FALL ATHLETIC ASSEMBLY

Junior Girls Soccer
Junior S: Madeline Lippman, Gloria Riddell
Sportsmanship: Simone Ruf, Krystine Breton

Junior Boys Soccer
Junior S: Presley Langevin, William Towner,
Chaz Grenier
Sportsmanship: Saif Alexander-Pardhan

Senior Boys Soccer
Bobby Moore MVP Trophy
and Senior S:
Jorge Correia

Senior Girls Soccer
Merle Griffen MVP Trophy
and Senior S:
Mariama Barry

Cross-Country Running
William Greenshields MVP
Trophy and Senior S:
Antoine Rémillard

Senior Girls Soccer
Senior S & Sportsmanship:
Tamara Wood-Downey

Senior Boys Soccer
Senior S: Jack Lippman, Jorge Correia, Yoan Torello,
Ho Lee, Ryan Young, Hadley Forbes
Sportsmanship: Nicolas Pokora

Golf
Sportsmanship: David Lessard
Senior S: Cédric Beauregard

varsity boys hockey

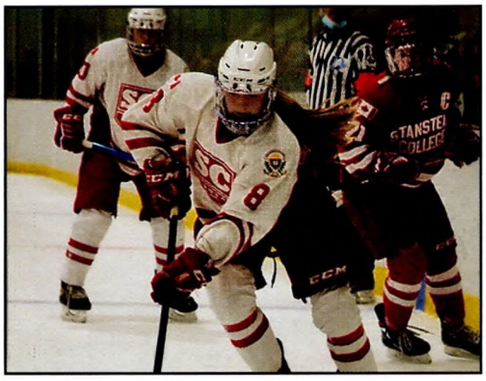
Front: William Dyke, Jakub Kalny, Mr. F. Longo (coach), Ryan Hopkins, Mr. M. Thompson (coach), Jeremy Tremblay, Mr. L. Vanasse (coach), Maxwell Stewart, Austin Scarinza, Gergely Orosz
Middle: Nicolas Tan, Elijah Young, Evan Gass, Michael Deforel, Liam Steele, Moritz Lackner, Nathan Garnier, Panayioti Efraimidis, Andrew Bouchard
Back: Jeremy Bigras, Chaka Muntu, Jacob Bigras, Marc-Antoine Ducharme, Sebastien Henault, Jeremy Leroux, Ryan Johnson, Rihito Hamano

Stanstead Varsity Girls Spartans Hockey continues to become one of the best programs in North America. Despite the restrictions from COVID-19 and a season without competitive games, we were still able to emphasize our pursuit of continuous improvement on and off the ice. By focusing on getting just a little better every day, our girls remained deeply motivated and positive throughout the entire season. We believe that hockey is merely a platform to grow and groom critical skills required to succeed in life. With a rigorous season of strength training, skill development and internal competition (SAGS & scrimmages), we grew leaps and bounds this year. Given the growth, we are extremely optimistic that next season will our best ever!

- Coach Pimm

varsity girls hockey

Front: Mégane Pilon, Alexia Moreau, Mr. F. Longo (coach), Dominque Cormier, Mr. B. Pimm (coach), Laurence Frenette, Ms. C. Tougas (coach), Emilie Fortunato, Ms. K. Borsoi (coach), Béatrice Perron-Roy, Arianne Leblanc
Middle: Audrey McCutcheon, Alexia Aubin, Emma Kreisz, Camille Richard, Emma DeCorby, Peppi Kahkonen, Stéphanie Bourque
Back: Karel Préfontaine, Britney Chamberlain, Maria Hatzidakis, Svenja Voigt, Alice Sauriol, Elodie Roy, Georgia Bailey. Missing: Sarah Callaghan



prep hockey

Front: Joey Hawko, Alex Pagliari, Hayden Pimm, Mr. J. Rioux (coach), Yoan Torello, Mr. G. Ouellet (coach), David Lessard, Elmeri Mikkola, Mr. F. Longo (coach), Benoit Forget
Middle: Ondrej Marton, Lorenzo Bono, Antoine Rémillard, Benjamin Leclerc, Marcus Krats, Dominic Pokora, Cédric Beauregard, Jakub Linet, Ho Lee
Back: Leo Shi, Kevin Shi, Eli Antoine, Ethan Skara, Liam Wilson, Max Pedicelli, Aiden Thede, Denis Vittenberg

Winston Churchill once told the House of Commons in 1940 that he had nothing to "offer but blood, toil, tears and sweat... And that we have before us many, many months of struggle and suffering." Although these words resonated true during WWII, they seem appropriate considering the past fifteen months when all of us have had to deal with restrictions and the loss of many things we hold dear. Indeed, the 2020-21 school year will be remembered for social distancing, wearing masks, curfews, and so many personal freedoms that we cherish having been taken away from us. However, when it comes to our hockey team, I hope you can take a step back and appreciate the opportunities that were made available to you during this difficult year. Although we had to deal with so many new rules at the Pat Burns Arena, from distancing in the locker-room to smaller numbers on ice, the reality is that we did get to practice and improve on our personal skills and individual game tactics. Yes, our season schedule was essentially non-existent, aside from a handful of scrimmages with BCS. However, it was truly a pleasure for Coach Guy and me to work with all of you during our many regular practice sessions and limited competition. We thank all of you for giving us your best under these not always easy circumstances. We thank all of you for being positive and embracing the opportunities that were made available to us. We thank all of you for giving us your "blood, toil, tears and sweat" on a daily basis. And we thank all of you for pushing forward even during your own dark winter months of struggle and suffering during these COVID times. We wish all the best to the fellas moving on and cannot wait to get back on the ice with those of you returning to what will be promising team come next fall.

- Coach Rioux

Front: Kevin Meng, William Towner, Presley Langevin, Anderson Smyth-Trider, Mr. F. Longo (coach), Lana Peasley, Mr. S. Winquist (coach), Trofim Godochkin, Joseph Riddell, Charles Goudreau, Sandro Dupraz
Back: Tony Ju, Andrew Heath, Noah Cloutier, Christopher Leclerc, Tristan Grandsire, Summer Wong, Luca Laliberté, Henry Riddell, Liam Huckins, Saif Alexander-Pardhan, Borys Frenkel. Missing: Chaz Grenier

thirds hockey

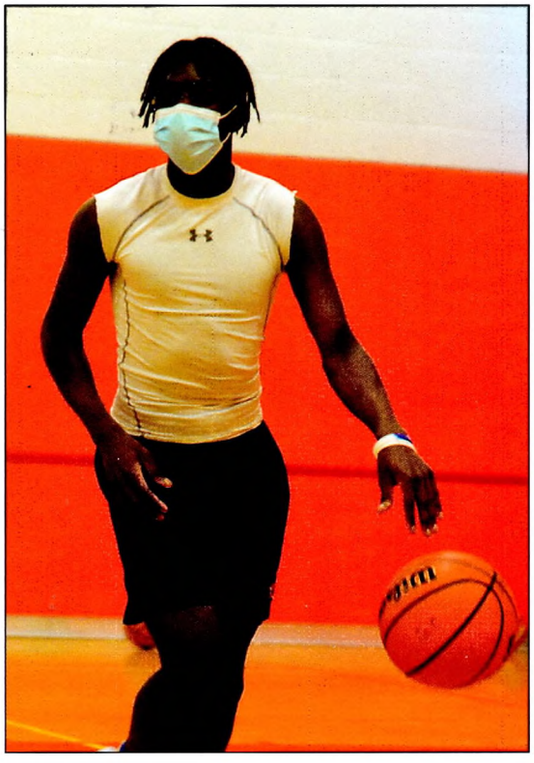
senior boys bball red

Mr. D. Liverpool (coach), Shaheem Samuel, Gage Larkin, Hadley Forbes, Jorge Correia, Andrey Afanasyev, Ben Chadwick, Romain Seager, Richard Pan, Ryan Young

Difficult and challenging, yet fun and rewarding: perhaps the simplest way to sum up our season. My guess is that coaches all over the world are staring at a blank page, lamenting over a season in which the game changed entirely. I imagine that their first thoughts are, "How do I spin this, how do I accentuate the positives and downplay the negatives?" My response would be that there is no need to do either. Just let it live! By that I mean, the season is yours. Yours to remember, yours to forget, yours to relive, yours to regret. I encourage the players to simply think seriously about the five months we spent together on the court. Think of a specific moment, whether good or bad. Now reflect and find SOMETHING to take from that moment; something you learned about you! If you were able to do this, then, gentlemen, the season was a success.

I urge all of you to become life-long learners. Seek the lessons hiding in your everyday interactions. Be concerned more with the value in a lesson learned than with the outcome or results of the situation. In other words, you will win, you will lose, on and off the court. The question is what will you LEARN?
With that, I wish all best as you leave this place and embark on life's journey. Remember, when life gives you lemons . . . . play dodge ball!

- Coach Liverpool



Front: Hector Sepulveda, James Bae, Mauricio Lopez Sanchez, Carlos Mendoza-Velazquez, Agustin Palacios Roji, David Lyu
Back: Hajime Saeki, Gordon Chan, Johnny Zhang, Shun Hatano, Xavier Rodriguez, David Huang, Aick Karayenzi, Justin Bouchard, Zander Johansson, David Dong, Asher Dixson-Boles, Bo Bailey, Michael Wu, Ms. L. Lamonth (coach)

This was an extraordinary year for basketball. The senior boys (white) team, like other teams, had no competition against other schools. This would prove difficult to keep players motivated. However, there was just a sense of gratitude from all athletes to be able to enjoy fellowship with their friends as well as learning life skills through the sport. At the end of the term there was tremendous growth and development of the boys' attitudes and skills. Despite not having competition, the team gained a lot of success and those who will return next year will have a legacy to share.

- Coach Lamonth

senior boys bball white

senior girls bball red

Front: Rosemary Lefebvre, Mariama Barry
Back: Mr. E. Van Dyke (coach), Maria Teresa Calva-Xolalpa, Julia Webster, Siena Webster, Hayley Wolfe, Melissa Kakayuk, Lea-Rose Remillard, Gloria Riddell, Tamara Wood-Downey, Mrs. A. Wolfe (coach)
Missing: Avah St-Pierre

It could have been a bad season. Winter. Covid. Cold. Dark. No games. No tournaments. No leagues. No 5 on 5 scrimmaging, even. For 5 months. November 2020 all the way to March 2021. A recipe for boredom, repetitiveness and monotony.

It could have been bad. But not with this team. Not with every single player buying into personal skill development, even if it meant five (5!) straight days of dribbling.

Not with McDonald's at center court.

Not with the focus and intensity that the players brought to every practice, eager to listen, learn and improve.

Not with the Christmas carols we sang for Mr. Liverpool's kids, under lightly falling snow in their front yard.

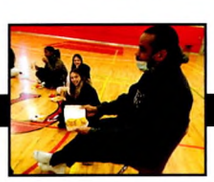
Not with the most athletically intelligent team, top to bottom, that I've ever coached. You guys learn things so FAST! Not with 3 on 3 tournaments, whole-team-skip-rope, volleyball vs the volleyball team, 'lowering the stick to the ground', and obnoxiously loud charades at our Athletic Assembly Team Supper. And, of course, not with the sweetest hoodies ever.

Bad coaching experience? Not even close. In fact, coaching this fine group of athletes was easily the best part of my day, every day.

I only have one regret from this unique season, i.e. that I couldn't take this team on the road to tournaments and show them off. Because I know they would have been the hardest working AND the funnest AND the classiest team there, and that other coaches and refs and parents would have come up to me after games to tell me what a great group of girls I have. I love those moments, those Spartans moments, and this season would have been full of them. Because this was a special group of players.

Thank you, ladies. Every single one of you. I can't imagine spending five pandemic months with anyone else.

- Coach Van Dyke



This year was extraordinary on many levels: a global pandemic, our daily lives have changed, the school rules and regulations are different. We had to adjust to so many things in such a short time that sometimes it was hard to find some happiness in what we were doing.

I saw you young ladies getting pumped during practice when we were about to play 3-on-3 or when we played a game of knockout. I saw how committed you were to this sport and I was impressed. During this extraordinary season, you girls never ONCE complained about wearing a mask during practice, about having to sanitize your hands every 15 minutes, about not playing games against other schools or even against another team from Stanstead College. From the number of layups you had to do at the beginning of each practice to Emilia, Halle and Maddy constantly asking to be on the same team, we had a good time together. You ladies are resilient. Ms. Hessian and I could not be prouder.

Now if I were to introduce each one of you before a game, here is how I would do it:

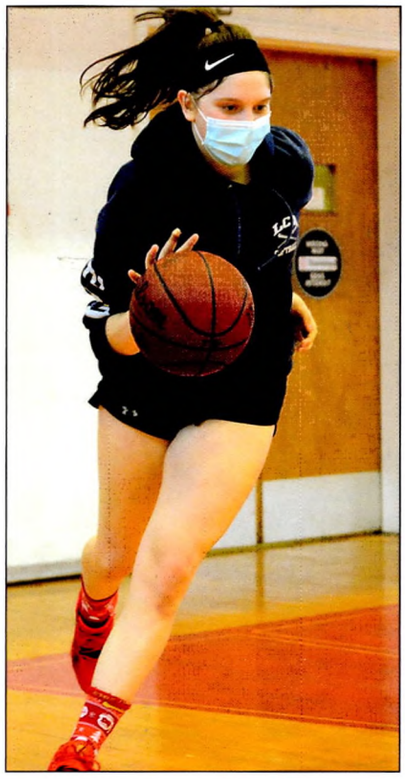
- Arielle "Elastic Girl" Houde: will steal the ball away from you and put it right in the basket!
- Lysa Kabirigi: do not underestimate her- she will make you work hard in the paint.
- Halle Khanna: will make you trip and fall on her way to the rim!
- Valerie Lin: the proof that height is not everything in basketball
- Crystal Lin: might look sweet, but not afraid to grab that rebound over you
- Madeline Lippmann: a real triple threat
- Shawna Lyonnais: not afraid to control the court
- Emilia Stone: takes the most hazardous shots.... and they go in!
- Lucy Wang: If she starts shooting, man, you are done!
- Deanna Wright: she is EVERYWHERE on the court, do not try to follow her!

Ladies, it has been real. See you next season!

- Ms. Mag

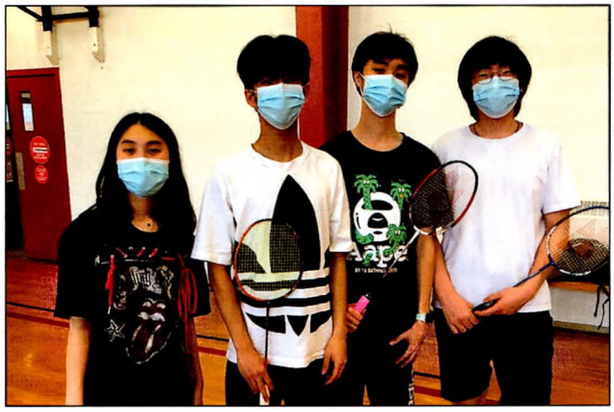
senior girls bball white

Ms. M. Gagnon (coach), Lysa Kabirigi, Crystal Lin, Halle Khanna, Shawna Lyonnais, Arielle Houde, Madeline Lippmann, Emilia Stone, Deanna Wright, Lucy Wang, Valerie Lin, Ms. E. Hessian (coach)



winter badminton

Front: Rachel Chan, Thea Guan, Marie Yoshizawa, Xavier Gan, Raina Cheong, Riho Sasamoto, Kayla Lee
Back: Mr. M. Wolfe (coach), Sylvia Chiang, Elisabeth Godbout, Jerome Sayeur, Kevin Hu, Eric Cui, Howard Gu, Buddy Shen, Austin Zhang, Leo Li, Victor Wu, Ms. E. Zimmerman (coach)
Missing: Allen Liu, Yuhe Wang



Though there may have been many long, dark and cold days during the winter of the COVID pandemic, the lights in the Amaron Gym were always shining brightly every afternoon and the warmth created by the good spirits and skilled play of the many members of the Stanstead College badminton team made our practice time feel like a warm spring day. Continuing on from an active and fun-filled fall term, the winter badminton session saw even more organized tournaments, numerous skill development sessions and contests, a week of outdoor pickleball and even the introduction of "badminton-in-the dark" with glowing, lit-up birdies. Friday's last practice of the week usually featured open badminton, ice cream cones and oldies tunes blasted through the gym sound system. Was there any better way to cap off the week?!?

With 19 team members, only one gym to work with and a basketball team itching to get on the hardwood for their own practice, the set up and take down of the nets had to be exceptionally quick and our players soon developed a fast and efficient system that helped us to maximize our time on the court. It all starts with teamwork and cooperation and those were definitely the hallmark traits of this group of athletes.

So were hard-work and repetition. The improvement of many of our players was truly remarkable and Thea Guan, Kayla Lee and Raina Cheong were recognized at our team dinner for their outstanding development over the course of the term.

Congratulations also to our Sportsmanship Award recipients Elisabeth Godbout and Jerome Sayeur who were always cheerfully keen to play matches no matter who their opponent or partner might be. And finally, special kudos to Riho Sasamoto and Leo Li who performed at a superior level each day. In recognition of their athletic excellence, Riho and Leo were awarded Senior S's.

- Coach Wolfe and Coach Zimmerman

Front: Aimee Cloutier, Mia Eichholzer, Sophia Farfan
Back: Kazuaki Peasley, Ms. K. Borsoi (coach), Ms. B. Sharman (coach), Gabriel Maitre
Missing: Fritz Dietrich, William Duhamel, Jakub Kaczynski, Marie-Ange Ndekwe, Anqi Peng, Ms. N. Campbell (coach)

yoga

There are many examples in history where people could have stopped for a good reason. Terry Fox did not let cancer slow him down. He went out and achieved anyway. And the curling team did not let the pandemic slow them down. Despite not accessing the club as often as we would have liked, it did not stop them from practicing or working as a group. Despite being campus confined, everybody gave as much spirit and effort as though they were playing in a bonspiel. Whether it was human foozball or broomball on the ODR or trekking around campus or working out in Pierce Hall, every member showed up to participate as a team and take on the activity. I am saddened we did not get to compete this season because I knew it would have been a benchmark year given the amount of commitment and perseverance I saw. To the grads, I hope you seek out curling opportunities in your future. To those returning next year, I look forward to working with you again next winter.

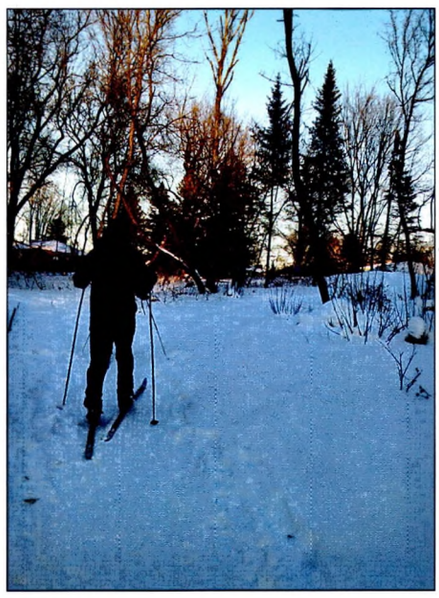
– Coach Planetta

Front: Maggie Sun, Amanda Gu, Alicia Wang, Jessie Hu, Amy Hu
Back: Mr. C. Planetta (coach), Ryan Yung, Jack Lippmann, Jonathan McDonnell, Korey Goudreau, Nicolas Pokora, Justin Laforce

curling

x-country skiing

Front: Philomena Wright, Cynthia Zhang, Ren Nakamura, Albert Jiang, Felix Nadeau, Riley Xu
Back: Mrs. B. Wilkinson (coach), Keiji Yamamoto, Joe Liu, Jose Ferrer, Benjamin Smith, Noah Papillon, Goh Konno, Mr. A. Blair (coach)
Missing: Harley Flanders, Beatrice Ruf, Joseph Ruf, Kieran Templeman



squash

Front: Logan Beasse, Tyler Battah, Jacky Xu, Jason Shao
Back: Mr. J. Prevost (coach), Mika Olivieri, Joel Xu, Matthew Liddell-Grainger, Braden Chastanet

This year was very special for squash as there were only 8 players while we usually have a group of 18 players. For this reason, we certainly had more court time than any other players in the past. We also had a great season together. This group was unique in term of team spirit. The boys all seemed to enjoy the game and all were competitive in their own way but friendly with one another and respectful. It's been a sincere pleasure to show up on the court!

- Coach Prevost

girls volleyball

Front: Anna MacLaren, Victoria Azar
Back: Ms. J. Robitaille (coach), Victoria Fernandez Garcia, Nicole Isaak, Sofia Paradis, Ariadna Duran Bernal, Delaney Walsh, Sophie Trudeau, Joliane Legault, Léonie Sayeur, Fernanda Rivas Cansinos, Krystine Breton, Ariela Boltvinik Palacios Roji
Missing: Simone Ruf, Ms. S.Garrett (coach)

The team that never saw one game, one practice without a mask, or even a school scrimmage... was also the team that never once complained, always had fun, and lifted each other up daily. It was hard to see so much talent on one team exist without being able to challenge it in a match.

Perhaps it was more significant to watch the veterans teach other inexperienced teammates. We will love this volleyball family forever.

- Coach Garrett

SB Basketball (Red)
Sportsmanship:
Jorge Correia

SG Basketball (Red)
Sportsmanship
Julia Webster & Léa-Rose Rémillard

SB Basketball (White)
Junior S: Bo Bailey, Zander Johansson
Sportsmanship: Mauricio Lopez Sanchez

SG Basketball (White)
Junior S: Lucy Wang
Sportsmanship: Shawna Lyonnais
Junior S: Madeline Lippman

Prep U16 Hockey
Senior S: Hayden Pimm
Sportsmanship: David Lessard
Senior S: Benoit Forget

Thirds Hockey
Sportsmanship: Lana Peasley
Junior S: Anderson Smyth-Trider & Presley Langevin
Bantam S: Saif Alexander-Pardhan

Squash
Senior S: Matthew Liddell-Grainger
Sportsmanship: Jackie Xu

winter ATHLETIC SUPPERS

Varsity Girls Hockey
Senior S: Stéphanie Bourque
Sportsmanship & Senior S: Emilie Fortunato
Senior S: Laurence Frenette (MVP) & Peppi Kahkonen

Badminton
Senior S: Leo Li and Riho Sasamoto
Sportsmanship: Jerome Sayeur (absent) and Elisabeth Godbout

Volleyball
Senior S: Sophie Trudeau, Vicky Azar & Sofia Paradis (absent)
Sportsmanship: Victoria Fernandez Garcia

Varsity Boys Hockey
Senior S: Liam Steele, William Dyke (and Sportsmanship)

Curling
Senior S: Nicolas Pokora, Alicia Wang & Jessie Hu
Sportsmanship: Korey Goudreau

MVPs

Senior Boys Basketball
E.C. Amaron MVP Trophy and Senior S: Ben Chadwick & Shaheem Samuel

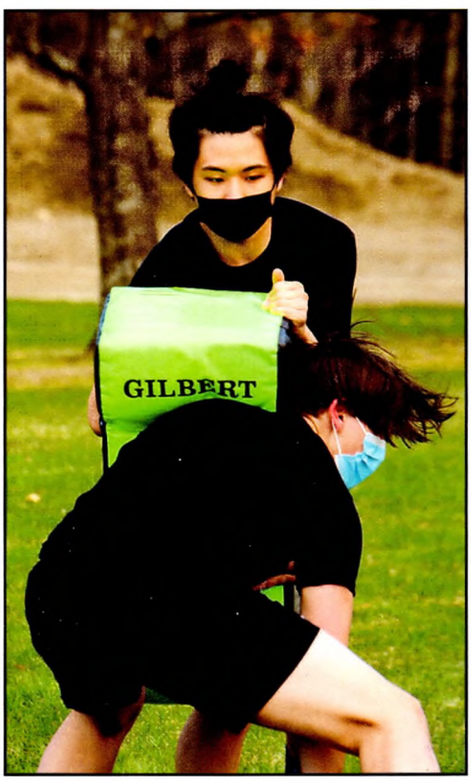
Senior Girls Basketball
Bess Ferguson MVP Trophy and Senior S: Mariama Barry & Rosemary Lefebvre

Varsity Boys Hockey
Dawes MVP Trophy and Senior S: Jeremy Tremblt & Ryan Hopkins

Varsity Girls Hockey
Dugie Ross MVP Trophy and Senior S: Laurence Frenette

senior boys rugby

Front: Jorge Correia, Logan Béasse, Michael Wu, Ryan Young, Ho Lee, Hadley Forbes, Richard Pan, Panayioti Efraimidis, Aick Karayenzi
Back: Mr. A. Spirk (coach), David Huang, Gordon Chan, Xavier Rodriguez, Carlos Mendoza Valazquez, Mauricio Lopez Sanchez, Chaz Grenier, Shun Hatano, Zander Johansson, Jack Lippmann, Jose Oviedo Ferrer, Mr. J. Standage (coach)
Missing: Mr. C. Wells (coach)



This year was like no other. No games, no contact, no travel. It had all the makings for a total loss. What came of it was a really fun experience with new players and seasoned veterans working together. The intensity in the drills and the desire to learn from the new players was very uplifting. We may not have had games but we were able to create a culture of fun and healthy competition in flag rugby scrimmages. The highlight of the season was the final day of the competition, which ended in overtime. The veterans beat the future and closed their chapter on a very successful few years. We say goodbye to many and look forward to another successful year with those who found a love for the game this spring. Thank you to all the boys for making the best of a difficult situation. To the those who leave us, always remember "Once a Spartan, always a Spartan"

- Coach Spirk

As everyone knows, this was a year like no other. We all had to do things we didn't expect, we were happy and excited over things we never imagined would bring us such joy. Even on the most challenging days here at school, we considered ourselves lucky to be together, and sometimes, at least for me, that made things easier.

Guelph University coach Colette McAuley, who had their season canceled, reflected on the shutdowns: "I know that they are strong, confident athletes – but I like to look them in the eyes and make sure they believe it." She put into words what I have been thinking for most of my coaching career and definitely this year. I was grateful this spring because I had the chance to look you in the eyes, to challenge you sometimes, to look too serious sometimes and to laugh with you, and to watch you pick yourself up off the ground. Being here with you, looking you in the eyes, that was my favourite part.

At the end of the season we hand out the "Spirit of the Game" award. This year, that player is you. I want you to know that you are the winner. You surprised me with your good hands, your speed, your ability to get up when you fell, to not give up even when you felt like it, you didn't just lie there even though you wanted to. You got up and ran like the rat or rabbit that you were. You worked on your body position, adjusted your hips and shoulders, kept your fingers pointed down when you passed, supported on the 2 on 1 and recovered for the 3 on 1. Your fingers were freezing that day – and you kept them out of your shirt and worked on passing anyway. You tried to learn from your mistakes. You picked your head up after that first day when you were frustrated that you didn't catch on more quickly. You stopped apologizing for bumping into someone – and you felt what it was like to try – to score a try.

Even if I made you do things you didn't like (like Cavanagh's), if I noticed when you dropped the ball, stepped on the cones, missed the flag pull, gave or received a forward pass, or didn't push as hard as you could have - even if I gave you an enormously hard time for not being able to actually run around a single cone... I believe in you – you strong, confident athlete.

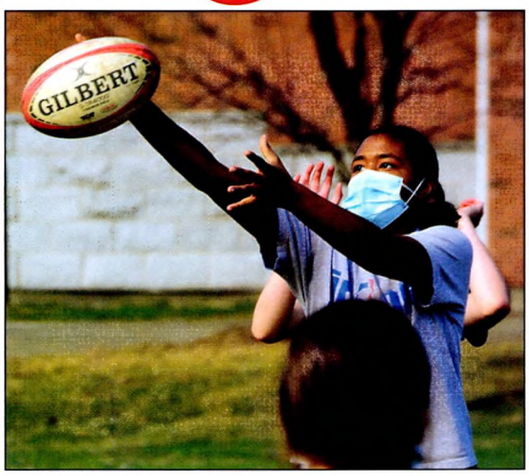
- Coach Hessian

senior girls rugby

Front: Cynthia Zhang, Maria Teresa Calva-Xolalpa, Emilie Fortunato, Mariama Barry, Victoria Azar, Krystine Breton, Ariela Boltvinik Palacios Roji
Back: Ms. E. Hessian (coach), Victoria Fernandez Garcia, Ariadna Duran Bernal, Sophie Trudeau, Emma DeCorby, Alexia Moreau, Karel Préfontaine, Fernanda Rivas Cansino, Sofia Paradis. Missing: Léonie Sayeur

junior girls rugby

Front: Valerie Lin, Alexia Aubin, Shawna Lyonnais, Gloria Riddell, Hayley Wolfe, Melissa Kakayuk, Halle Khanna, Lana Peasley
Back: M. E. Grenier (coach), Mia Eichholzer, Emilia Stone, Arielle Houde, Madeline Lippmann, Deanna Wright



We had a team of 13 girls this year. Did I say team? It definitely was not that to start the season. There were little cliques on the team and I thought to myself, "Hmmm, it's been a while since I have seen this on one of my teams." I knew I had to get to work to build a sense of team with this group. I never said anything about it to you. I just quietly tried to forge connections between everyone in my own way like making different teams every single time we scrimmaged: girls with long hair versus short hair, eye colour, cleat colour, etc. It was fun. That was the point. We started to chill and enjoy our season. I am a huge believer in repetition and practice. That, in itself, can be fun and calming at a day's end. Playing actual competitive games against other schools brings stress and deadlines. We had none. Perfect. Let's just practice, play fun rugby games, bond as a team and make friends.

Remember the little speeches I made you girls do? I had you pair up with the person you knew the least on the team and speak about them for one minute. That was also part of my strategy for you to get to know each other better.

Remember what I said about my coaches and my personal rugby experience: rugby is an insanely tough game that brings people together more than any other sport. There is a role for everyone on the team no matter your size or body type or skill set. Even though it is probably the most physically and mentally tough game you will ever play, you play it fairly, almost nicely, and only have nice things to say to and about your teammates and other teams' players, coaches, refs. This game is all about building relationships. I hope you did. I know I did.

- Coach G.

It was a tough season. We started with the news that hockey was going three terms, which meant losing lots of potential players and almost the team. Even more tough was fact we would never have games to look forward to. Just practices. So instead of our usual goal of bringing the banner home this year, it was about having fun and growing the game.

Lets start with the fun: Remember that first time you scored a goal on Marc, or your first bar down, our team Canada 4-on-3 battles, HL ping pong, our survivor army run, that time we practiced in a blizzard, that time you lit up Mr. Winquist, and of course our first clean sheets. Lots of fun was had over the year. Goal accomplished despite a tough final week of the season.

Our second goal and perhaps more important was growing the game: lacrosse is a new sport around Quebec and in my mind a beautiful sport that helps your hockey. So from bottom of my heart, thank you Grade 12s, for sacrificing some ice time to try out a new sport, for showing up every day and having a great attitude almost all the time. Thank you for showing our younger guys how to play. Again from the bottom of my heart , thank you guys for keeping this team and program alive this year. It would not have been possible without you. Jacob/Jeremy you guys are insane, Jakub the best Euro I've coached so far, the three captains. You guys were great!

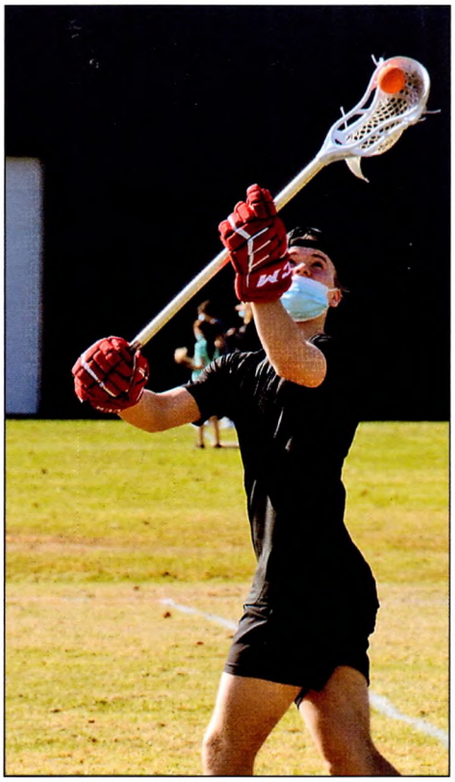
To you younger guys, next year is your team. We will have to recruit, get our friends to play. We will have to be more patient and tough because there are way more rules and plays we have to learn. Tougher because real lacrosse has four poles and more defenders than you have seen. I know you are up for it! You guys will step up. Hit the wall, that is where dreams are made and time on field is made.

Finally, I hope you've realized how much you guys improved., you started with no shot, no catching ability or control to being able to make plays, have patience and pass and catch and score. From week 1 to the end of the season, it was crazy how much you guys got better.

- Coach Winquist

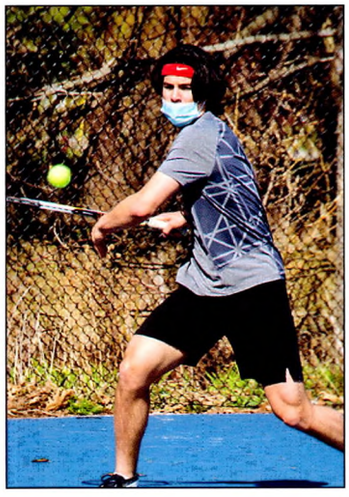
lacrosse

Front: Charles Goudreau, Jacob Bigras, Mr. S. Winquist (coach), Jeremy Tremblay, Marc-Antoine Ducharme, Evan Gass, Mr. F. Longo (coach), Jakub Kalny, Jeremy Bigras
Back: Noah Cloutier, Benjamin Leclerc, Lorenzo Bono, Benoit Forget, Jeremy Leroux, Christopher Leclerc, Borys Frenkel



tennis

Front: Jackie Xu, Henry Riddell, Siena Webster, Julia Webster, Léa-Rose Rémillard, Joliane Legault, Crystal Lin, Austin Zhang, Albert Jiang
Back: Mr. S. Belknap-Keet (coach), Tristan Grandsire, Chaka Ntumba-Muntu, Nicolas Tan, Andrew Bouchard, Ben Chadwick, Nathan Garnier, David Dong, Goh Konno
Missing: Ms. A. Hamilton (coach)



It was a short but fun tennis season. We were one of the few teams on campus that were able to hold real competition (though only in house) and should count ourselves lucky for this. I want thank you for a great season. I had fun with you all and really enjoyed watching all the improvement you showed. I never expected Ben to be able to keep a ball inside the cage, for Jacky to make the top of the ladder or Tristan to stop swearing... Well that last one never really did happen, but I can dream.

The Sportsmanship Award went to Henry Riddell for his positive attitude, enthusiasm and his love of the game. I expect him to soon become the best player on the team.

A Senior S went to, Siena Webster, the highest-ranking girl on the ladder. The skill and consistency she showed throughout the season gave the entire team something to strive toward.

The Tennis Shield is one of the oldest awards at the College and the only award given out for in-house competitions. It is traditionally given to the top boy and girl after a knockout competition.

Julia Webster was a great asset to the team this year. Her knowledge of the game not only raised the bar but also improved her teammates' level of play. After a challenging fight to a tie-breaking finish during the shield competition, she earned herself both a Senior S and the Tennis Shield.

This last player was up and down the ladder all season. Although his playing style could be called "dirty tennis," he manages it quite well. He finished the season at the very top of the ladder and won the boys tennis shield competition along with a Senior S: Andrew Bouchard.

- Coach Belknap-Keet

We had a short fun season. Many of you had never picked up a softball bat before this spring. We, your coaches, enjoyed seeing your growth, frustrations, and triumphs.

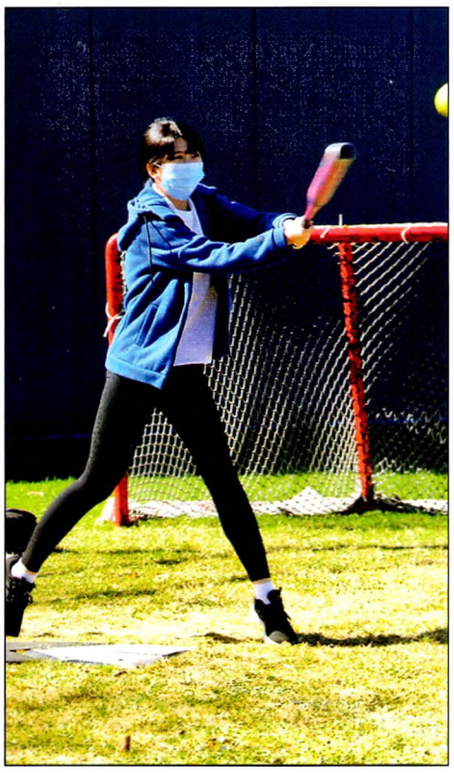
I will always remember the little things: the exhilaration of someone scoring a home run, the frustration when someone struck out again and arguing with calls. I will also remember feeling like the target at batting practice.
For me, this was a unique season. Out of my six years coaching softball, this year marks the year with the fewest students. Only 19 students, on two teams, with Coach K at catcher, and myself at pitcher. In years previous, we have had enough students to field four full teams with spares.

I would like to thank Ms. Benizri and Coach K for helping out this season. I would like to thank our captains - Tyler Battah and Korey Goudreau for leading their teams. A successful season really does rely on the captains motivating their teams.

The winning team this year was the Athletics. We played best of five, the Athletics won 4 games, and the Blue Jays won 1 game..

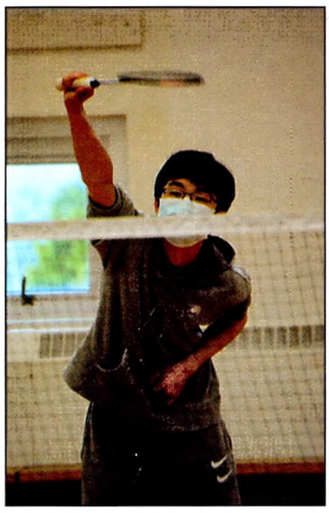
- Coach Kirby

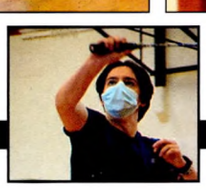
Front: David Lyu, Noah Papillon, Andrey Afanasyev, Korey Goudreau, Justin Bouchard, Tyler Battah, Agustin Palacios Roji, Kevin Meng
Back: Ms. L. Kirby (coach), Maggie Sun, Raina Cheong, Hector Sepulveda, Yuhe Wang, Johnny Zhang, Bo Bailey, Kevin Hu, Kazuaki Peasley, Amanda Gu, Marie Yoshizawa, Riley Xu, Ms. K. Borsoi (coach), Ms. R. Benizri (coach)

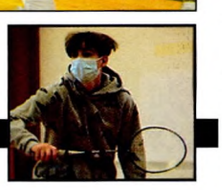


softball

Front: Lysa Kabirigi, Riho Sasamoto, Kayla Lee, Thea Guan, Amy Hu, Elisabeth Godbout, Béatrice Perron-Roy, Alice Sauriol, Sylvia Chiang, Sophia Farfan, Alicia Wang, Xavier Gan, Ren Nakamura
Back: Mr. M. Wolfe (coach), Jérôme Sayeur, Luca Laliberté, Leo Li, Eric Cui, Braden Chastanet, Matthew Liddell-Grainger, Joel Xu, Mika Olivieri, Jonathan McDonnell, Howard Gu, Keiji Yamamoto, Victor Wu, Ms. A. Laroche (coach)
Missing: Hajime Saeki







spring badminton

After two exciting sessions of badminton during the fall and winter terms, we kept the momentum rolling and the birdies flying by offering a final opportunity to play one of the world's fastest and greatest games. A record 26 players signed on and this group was not only the largest but also the most talented collection of badminton players that we had all year.

Before we could take advantage of (both!) gyms, we spent a week outdoors where team members organized games such as tag in the woods, volleyball, kickball and - who can forget it - three-legged soccer in the snow!

When we at last got onto the indoor courts, the focus shifted to round robin tournaments involving 13 teams. The first competition was a "pick your own partner" event with each team playing 12 qualifying games followed by a double elimination playoff. The long and grueling road to the finals ended with a championship match between the team of Alice Sauriol and Beatrice Perron-Roy - who had prepared for their playoff run by practicing on the grass outside of Webster House in the rain AND in the dark! - and our top player Matt Liddell-Grainger and his skilled partner Braden Chastanet. In the end, the nighttime practice paid off as Alice and Beatrice won a hard-fought match.

The next tournament was a bit of a curve ball (shuttle?) for our players as each was assigned a partner based on skill and experience. Thus our stronger players were teamed up with our less experienced athletes. Although everyone had to get used to playing with an unfamiliar teammate, the format not only produced numerous close and exciting games and a tight race to the top of the standings, but also new friendships, great team spirit and three sets of champions. Amy Hu and Matt Liddell-Grainger emerged as the victors in the A Division. Thea Guan and Braden Chastanet won the B Division and Sophia Farfan and Joel Xu prevailed in C.

Special congratulations to our very deserving Most Improved Player Award recipients - Lysa Kabirigi and Amy Hu; to our excellent Sportsmanship Award winners Silvia Chiang and Eric Cui; to Xavier Gan and Victor Wu who both worked hard to earn a Bantam and Junior S respectively; and to our three outstanding Senior S winners Alice Sauriol, Beatrice Perron-Roy and Matthew Liddell-Grainger. Well done all!

Thank you to everyone for a fabulous term of badminton. Coming to the gym was always a highlight for Coach Coach Laroche and Coach Wolfe.

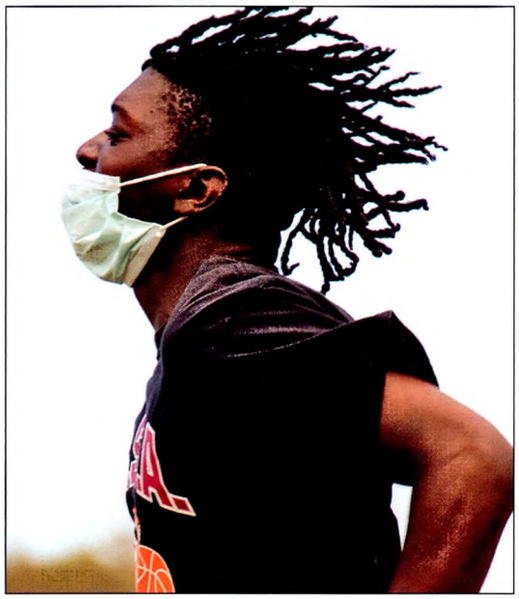
Despite inclement weather and not having a track, the track team was made up of 21 hardy souls who discovered that there are many different ways to improve one's running abilities. Whether it was hopping through old tires, jumping over picnic tables or sprinting up Arena Hill, every participant showed an improvement in both speed and endurance. Our weekly team races brought out the competitive spirit in all participants and the prize of chocolate bars for the winning team was an added bonus.

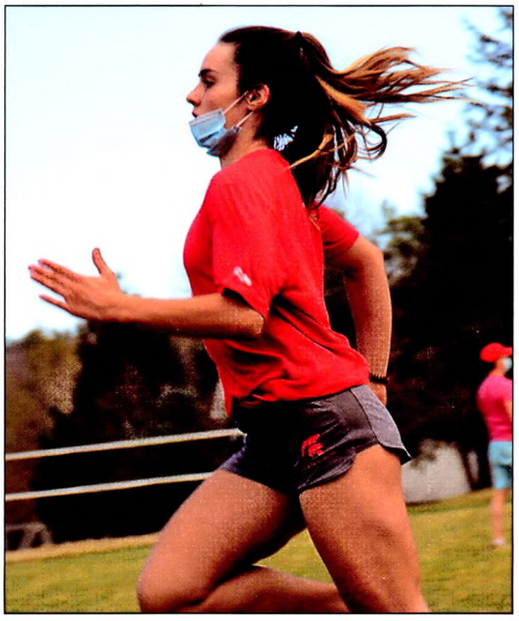
The highlight of the season was during the All-Campus track races where members of the track team shone. Audrey McCutcheon easily won both the 100 metre and 400 metre races in senior girls and Shaheem Sameul, Camille Richard Mégane Pilon, Elodie Roy, Dominique Cormier, Tammy Wood-Downey, Delaney Walsh, Ryan Yung and Saif Alexander-Pardham all showed that they were in great shape.

The track renovation has been completed and the expectations for next year are exciting, with several meets already planned.

- Coach Ross

Front: Tony Ju, Mégane Pilon, Fritz Dietrich, Nicole Isaak, Elodie Roy, Audrey McCutcheon, Dominique Cormier, Tamara Wood-Downey, Aimee Cloutier, Justin Laforce, Rachel Chan
Back: Mr. D. Ross (coach), Jessie Hu, Philomena Wright, Lucy Wang, Delaney Walsh, Allen Liu, Camille Richard, Joe Liu, Shaheem Samuel, Zawiyah Tuting, Ryan Yung, Saif Alexander-Pardhan, Mr. J. McRae (coach)





Golf
Senior S:
Hayden Pimm (Alex Philip Trophy), Cédric Beauregard

Golf
Sportsmanship
Nicolas Pokora, Romain Seager

Tennis
Senior S: Julia Webster, Andrew Bouchard (Tennis Shield co-winners)
Siena Webster

Tennis
Sportsmanship: Henry Riddell

Junior Girls Rugby
Junior S: Melissa Kakayuk, Gloria Riddell, Alexia Aubin

Junior Girls Rugby
Sportsmanship: Shawna Lyonnais

Senior Girls Rugby
Sportsmanship: Ariadna Duran Bernal

Senior Boys Rugby
Sportsmanship: Jack Lippmann

spring ATHLETIC SUPPERS

Softball
MVP:
Justin Bouchard
Sportsmanship:
Agustin Palacios Roji

Track
Shaheem Samuel (Senior S), Saif Alexander-Pardhan (Bantam S), Elodie Roy (Junior S), Ryan Yung (Sportsmanship), Audrey McCutcheon (Senior S)

Lacrosse
Senior S: Evan Gass, Marc-Antoine Ducharme, Jeremy Tremblay (absent)

Lacrosse
Sportsmanship:
Charles Goudreau

MVPs

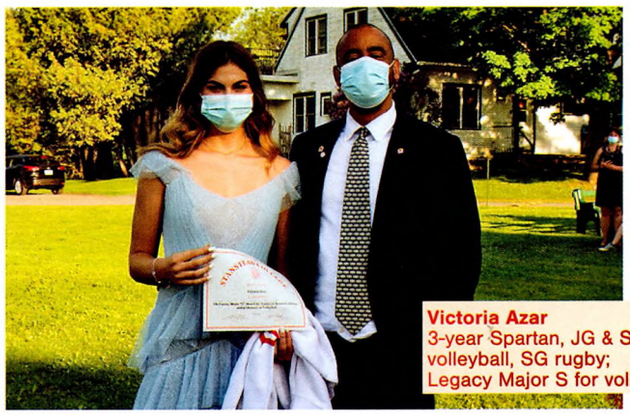
Senior Boys Rugby
Donald Ross MVP Trophy:
Ho Lee

Senior Girls Rugby
Roger Marino MVP Trophy and Senior S:
Emilie Fortunato & Mariama Barry

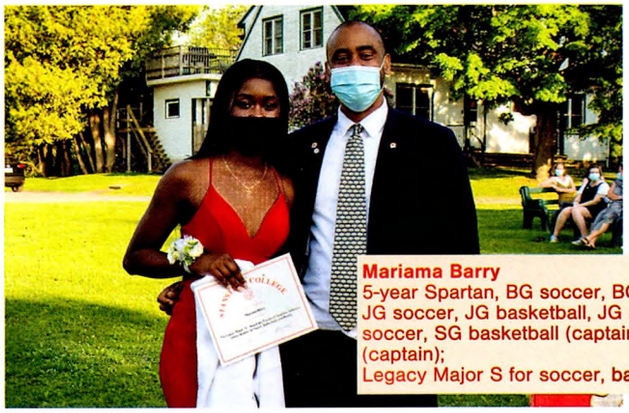
Badminton
Senior S: Béatrice Perron-Roy, Matthew Liddell-Grainger, Alice Sauriol

Badminton
Junior S: Victor Wu
Bantam S: Xavier Gan

Badminton
Sportsmanship: Sylvia Chiang, Eric Cui

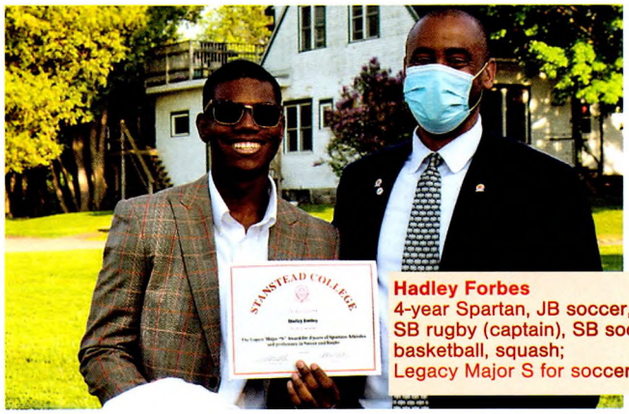


Victoria Azar
3-year Spartan, JG & SG soccer, volleyball, SG rugby;
Legacy Major S for volleyball



Mariama Barry
5-year Spartan, BG soccer, BG basketball, JG soccer, JG basketball, JG rugby, SG soccer, SG basketball (captain), SG rugby (captain);
Legacy Major S for soccer, basketball, rugby

Marc-Antoine Ducharme
3-year Spartan, JB soccer, SB soccer, prep hockey, lacrosse, varsity hockey;
Legacy Major S for lacrosse



Hadley Forbes
4-year Spartan, JB soccer, JB basketball, SB rugby (captain), SB soccer, SB basketball, squash;
Legacy Major S for soccer & rugby

Emilie Fortunato
3-year Spartan, varsity hockey, SG rugby (captain);
Legacy Major S for rugby & hockey

Ho Lee
5-year Spartan, BB soccer, thirds hockey, JB rugby, JB soccer, SB soccer, prep hockey, SB rugby (captain);
Legacy Major S for rugby

Joliane Legault
3-year Spartan, JG soccer, SG soccer, SG basketball, tennis, volleyball;
Legacy Major S for soccer

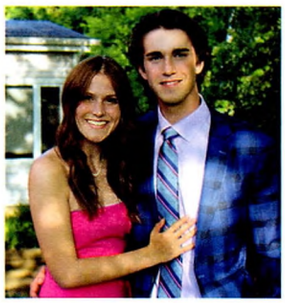
Jeremy Tremblay
4-year Spartan, JB soccer, prep hockey, lacrosse (captain), varsity hockey;
Legacy Major S for lacrosse & hockey

LEGACY MAJOR S

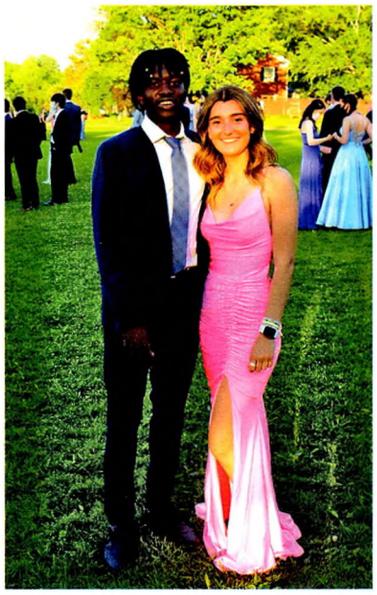
STANSTEAD Athletics

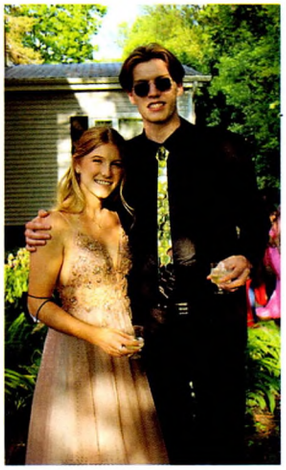
No Major S athletic awards were presented this year due to the lack of competitive seasons. However, Mr. Van Dyke wanted to recognize those students who had pursued athletic excellence over the course of their careers at Stanstead in multiple sports, had never won a Major S and, in the opinions of their coaches, most definitely would have won one had this been a regular school year. The recipients of a Legacy Major S were: **Victoria Azar, Mariama Barry, Marc-Antoine Ducharme, Hadley Forbes, Emilie Fortunato, Ho Lee, Joliane Legault, Matthew Liddell-Grainger (Grade 11) and Jeremy Tremblay.**

Matthew Liddell-Grainger
5-year Spartan, BB soccer, JB soccer, JB rugby, golf, squash, badminton, ultimate;
Legacy Major S for badminton & squash



GRAD/BACC.



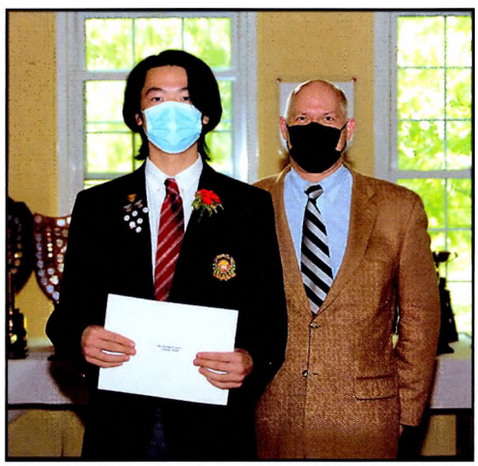


IF I CAN LEAVE YOU WITH ONE THING IN MIND,
it's don't hold back and just have fun. Do the activities you want to do, go on school break trips, hang out with your friends by the river or play volleyball! Don't lock yourselves in your rooms worrying about school, sports, missing home, or whatever other nonsense our teenage brains often trick us into believing is at the centre of the universe because, yes, that is important, but you can always make time for it!
- Tammy Wood-Downey,
co-head prefect and Pitcher Prize co-recipient

LAST YEAR, AFTER THE ABRUPT FINISH,
I found it hard to say goodbye to a place that has been such a big part of me for the part many years. I needed to feel the sense of community and family one last time to allow myself to be properly ready to move on. For those of you who had trouble seeing that this year, I hope you have the chance to see it in full effect next year, because this truly is a special place. For those of you moving on, the family you have at Stanstead will be behind you every step of the way.
- Andrew Bouchard
co-head prefect and Pitcher Prize co-recipient

Mauricio Lopez Sanchez, a second-year student from Mexico City in Grade 9, was the recipient of the top junior prize, the Wilder Shield, presented to the junior student who has exhibited the most influence for good over the year. Mauricio also won the Bugbee House Prize and the Technology Prize.

Emma Decorby earned the Birks' Silver Medal for highest overall average in Grade 12.



Xiaoyi "Joel" Xu was top overall student in Grade 11, winning the Governor General's Medal for the highest overall average as well as prizes for Chemistry and Physics along with the A.P. Gordon Prize for Science (top science student in Grade 11).

Xinyu "Cynthia" Zhang, Grade 11, won the J.D. Ferguson History Prize, the AP French Prize, the Ralph V. Merry Award for a top student entering a humanities program and the Webster House Award.

Xinyue "Lucy" Wang was the dominant prize-winner in Grade 10. She earned not only the Birks' Bronze Medal for the highest overall average but the subject prizes in English, History, Chemistry, Physics, Math, Drama and Ethics.

The Head of School Award for an active and positive citizen in Stanstead College community was shared by **William Dyke & Léa-Rose Rémillard**, Grade 12.

The Shirley Wolter Trophy for the all-round senior girl athlete of year went to **Mariama Barry**, Grade 12.

The Thomas Johnson Memorial Trophy (awarded to all-round senior boy athlete of year went to **Shaheem Samuel**, Grade 12.

To comply with COVID rules, four separate Baccalaureate services were held: junior school and Grades 10, 11 and 12. The services were held in the cafeteria and livestreamed via Facebook and recorded for later viewing.

Special Prizes

- Donald McG. Hackett Prize for Creativity (in one or more areas of school life) **Logan Beasse**
- Director's Award in Theatre Arts **Andrew Bimm**
- Sean Kevin Ingutia Music Award (for contribution to music in the school) **Matthew Liddell-Grainger**
- Yearbook Award **Sophia Farfan**
- Technology Prize (for a significant contribution to furthering the use of technology in learning & community) **Jason Shao**
- Lee Audet Trophy for Senior Public Speaking **Elisabeth Godbout**
- Kathleen Harper Junior Public Speaking Prize **Emilia Stone**
- Rotary Club Service Award (service above self in the SC Community) **Alicia Wang**
- Community Service Award **Nicolas Pokora**
- Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life) **Nicolas Tan**
- Everest Award (to a Grade 11/12 who has overcome challenges and shown significant improvement) **Matthew Liddell-Grainger**
- Billy Huckins Memorial Award (dedication, hard work, achievement and above all courage) **Georgia Bailey**
- Raymond Lester Memorial Award (to the student who has benefited from being at Stanstead College) **Hajime Saeki**
- Banting Award (to a returning local student for academic achievement) **Madeline Lippmann**
- Kenneth Reed Memorial Award (to a local junior student returning to school) **Zander Johansson**
- Leonard McGilton Memorial Award (to a local senior student returning to school) **Jack Lippmann**
- Ralph V. Merry Award (top student entering a humanities program) **Xinyu Zhang**
- A.P. Gordon Prize for Science (top science student in Grade 11) **Xiaoyi Xu**
- Spofforth Trophy for Excellence in Science and Mathematics **Andrew Bimm**
- Arthur E. Curtis Jr. Award (top student entering an engineering program) **Andrew Bimm**
- Bugbee House Director's Award **Mauricio Lopez**
- Davis House Director's Award **Bennett Chadwick**
- Cowen House Director's Award **Nicolas Pokora**
- Webster House Director's Award **Xinyu Zhang**
- Graham Chandler Sportsman of the Year Award (to the athlete who exemplifies the attributes of character, integrity and sportsmanship. **Nicolas Pokora**
- Sheila Ferguson Shield (to the the all-round junior girl athlete of the year) **Glorial Riddell**
- S.F. Abbott Shield (to the all-round junior boy athlete of the year) **Zander Johansson**
- Shirley Wolter Trophy (to the all-round senior girl athlete of the year) **Mariama Barry**
- Thomas Johnson Memorial Trophy (to the all-round senior boy athlete of the year) **Shaheem Samuel**
- Faculty-Staff Award (to a returning student who is deemed most likely to benefit from returning to Stanstead College and who exemplifies the qualities of health, wisdom and integrity) **Béatrice Perron-Roy**
- Allan Family Friendship Cup (to a student who has attended Stanstead College for at least one year and who has shown exceptional friendship, camaraderie, kindness and support to all members of the school community across age, gender, language, cultural, and other boundaries) **Jeremy Tremblay**
- Grade 7 Academic Award (highest overall average in Grade 7) **Henry Riddell**
- Grade 8 Academic Award (highest overall average in Grade 8) **Luke DeLaBruere**
- Grade 9 Academic Award (highest overall average in Grade 9) **Madeline Lippmann**
- Birks' Bronze Medal (highest overall average in Grade 10) **Xinyue Wang**
- Governor General's Medal (highest overall average in Grade 11) **Xiaoyi Xu**
- Birks' Silver Medal (highest overall average in Grade 12) **Emma DeCorby**
- Head of School's Award (to an active and positive citizen in the Stanstead College community) **William Dyke & Lea-Rose Remillard**
- Wilder Shield (to the junior student with most positive influence) **Mauricio Lopez**
- Pitcher Memorial Prize (to the student who as exerted the greatest influence for good) **Andrew Bouchard & Tamara Wood-Downey**

Academic Prizes

Grade 7
Music Prize **Tao Xu**
Art Prize **Maddyn Labor**
Science & Technology Prize **Henry Riddell**
English Prize **Henry Riddell**
History & Citizenship Prize **Henry Riddell**
Geography Prize **Philomena Wright**
Amaron Prize for French **Saif Alexander-Pardhan**
Sybil Galambos Prize for Francais **Henry Riddell**
Mathematics Prize **Tao Xu**

Grade 8
Music Prize **Zifan Gan**
Art Prize **Zifan Gan**
Science & Technology Prize **Luke DeLaBruere**
English Prize **Luke DeLaBruere**
History & Citizenship Prize **Luke DeLaBruere**
Geography Prize **Deanna Wright**
Amaron Prize for French **Luke DeLaBruere**
Sybil Galambos Prize for Francais **Andrew Novakov**
Mathematics Prize **Zifan Gan**

Grade 9
Music Prize **Dahui Liu**
Art Prize **Avah St-Pierre**
Science Prize **Junyi Wu**
English Prize **Zofia Kaczynska**
History & Citizenship Prize **Yile Ju**
Technology Prize **Mauricio Lopez**
Amaron Prize for French **Madeline Lippmann**
Sybil Galambos Prize for Francais **Gloria** Riddell
Mathematics Prize **Madeline Lippmann**
Ethics & Religious Culture Prize **Madeline Lippmann**

Most Improvement in French (7-9) **Jiaxuan Xu**

Grade 10
Music Prize **Xinyang Gu**
Anne Mackenzie English Prize **Xinyue Wang**
Art Prize **Justin Bouchard**
Historical Society Prize **Xinyue Wang**
Mathematics Prize **Xinyue Wang**
Science & Technology Prize **Joseph Hawco**
Chemistry Prize **Xinyue Wang**
Physics Prize **Xinyue Wang**
Amaron Prize for French **Antoine Remillard**
Sybil Galambos Prize for Francais **Elodie Roy**
Drama **Xinyue Wang**
Ethics & Religious Culture Prize **Xinyue Wang**
Highest Term 3 Average **Xinyue Wang**

Grade 11
Music Prize **Matthew Liddell-Grainger**
Anne Mackenzie English Prize **Maximiliano Pedicelli**
Art Prize **Victoria Garcia**
Contemporary World **Liam Steele**
J. Brian Clarke Economics Prize **Romain Seager**
J.D. Ferguson History Prize **Cynthia Zhang**
Biology Prize **Yuchen Shi**
Chemistry Prize **Xiaoyi Xu**
Mathematics **Tianzhen Shao**
Physics Prize **Xiaoyi Xu**
Amaron Prize for French **Yunqi Hu**
Sybil Galambos Prize for Francais **Camille Richard**
Highest Term 3 Average **Xiaoyi Xu**

John Wells Prize for Improvement in French (10-11) **Delaney Walsh**

Grade 12
Economics Prize **Emilie Fortunato**
English Prize Andrew Bimm, **Emilie Fortunato**
Psychology Prize **Fritz Dietrich**
AP French Prize **Xinyu Zhang**
Biology Prize **Jiabao Hu**
Chemistry Prize **Andrew Bimm**
Mathematics Prize **Hajime Saeki**
Physics Prize **Jiabao Hu**
Art Prize **Aimee Cloutier**
Human Geography Prize **Sophia Farfan**
Philosophy Prize **Emilie Fortunato**
Comparative Politics Prize **Andrew Bouchard**
Highest Term 3 Average **Andrew Bimm**

Jostens
Published in Canada
Printed in USA

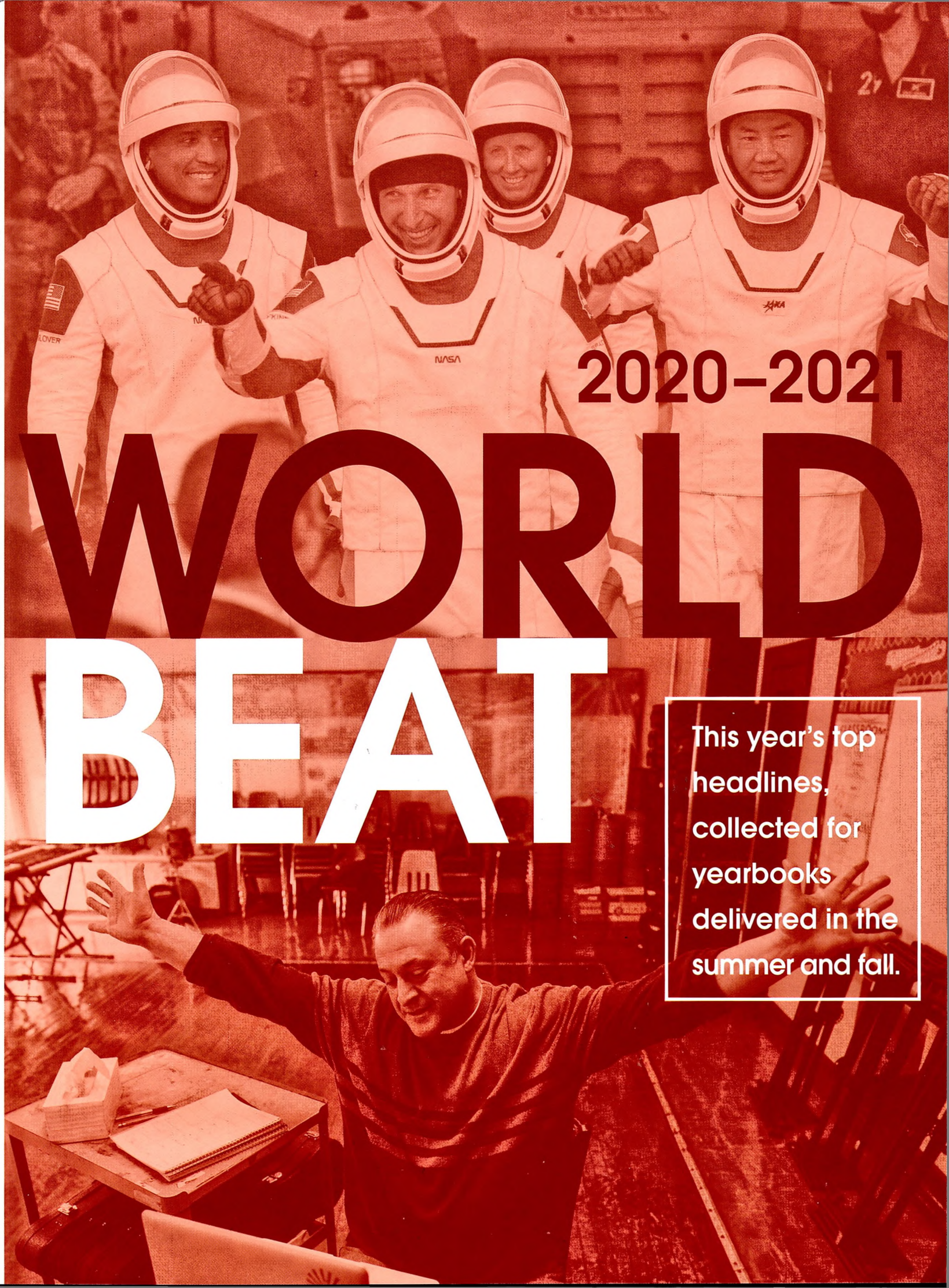
CONGRATULATIONS, HADLEY

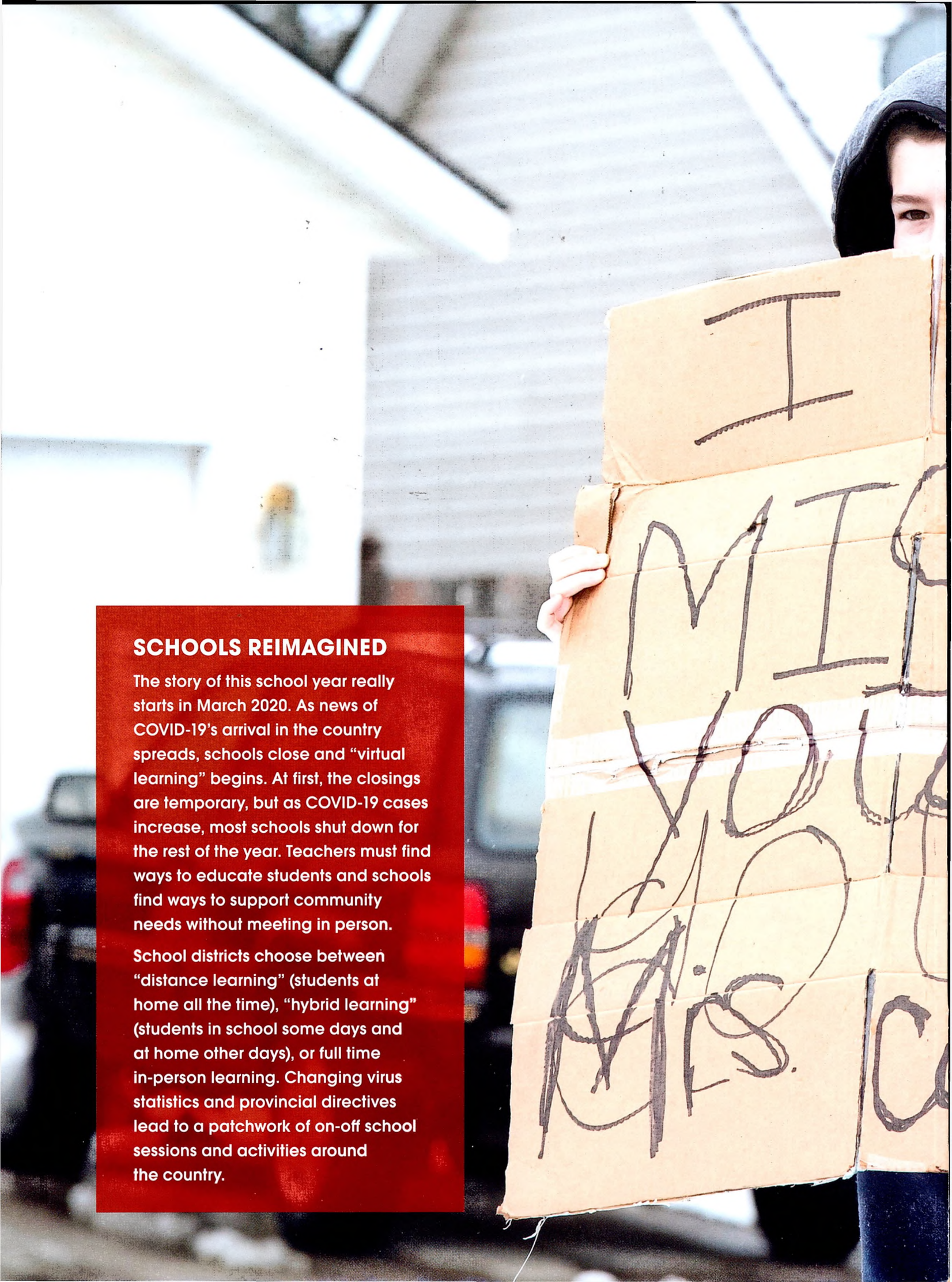
Congratulations to a charming, smart, talented, adventurous and always hilarious young man. Graduation from high school is just the start of a bright path that is filled with your hopes and dreams.

May God be with you every step of the way as you continue your life's journey. We are glowing with pride to call you our son. May the lord bless you with courage & determination to thrive toward your dreams!

We love you,

From Mom & Dad
& the entire Douglas & Forbes Family


2020–2021
WORLD
BEAT
This year's top headlines, collected for yearbooks delivered in the summer and fall.



SCHOOLS REIMAGINED

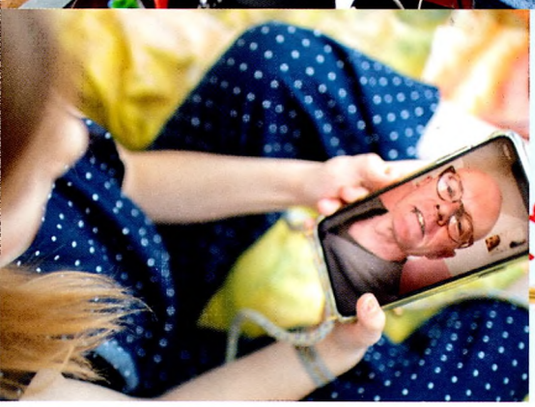
The story of this school year really starts in March 2020. As news of COVID-19's arrival in the country spreads, schools close and "virtual learning" begins. At first, the closings are temporary, but as COVID-19 cases increase, most schools shut down for the rest of the year. Teachers must find ways to educate students and schools find ways to support community needs without meeting in person.

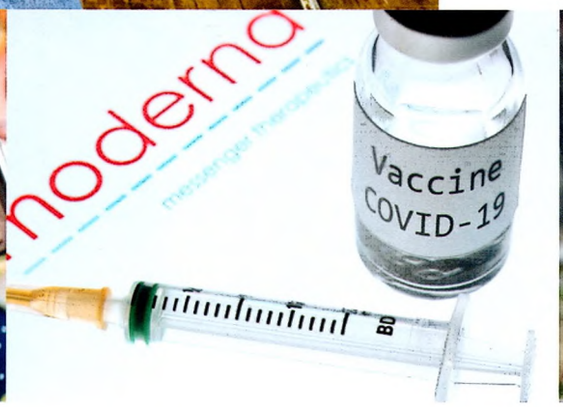
School districts choose between "distance learning" (students at home all the time), "hybrid learning" (students in school some days and at home other days), or full time in-person learning. Changing virus statistics and provincial directives lead to a patchwork of on-off school sessions and activities around the country.

SS
omstock

COVID-19 VOCABULARY

CURBSIDE PICKUP: avoiding entering stores or restaurants. **DRIVE-THROUGH TESTING:** COVID-19 testing sites with as little personal contact as possible. **FLATTEN THE CURVE:** slowing the spread over time. **ASYNCHRONOUS LEARNING:** teachers post lessons and assignments online for students to access. **PPE:** Personal Protective Equipment like masks and latex gloves. **SHELTERING IN PLACE:** staying at home except for necessary errands or exercise. **SOCIAL DISTANCING:** staying at least 6 feet away from others. **SUPERSPREADER:** gatherings that result in numerous cases.





NO HUGGING GRANDPA

Grandparents and other older relatives are at higher risk of serious COVID-19 effects, so families work hard to keep them safe by staying away. This proves a hardship for everyone, especially on holidays and special occasions. FaceTime, Zoom and Skype allow relatives to at least talk face-to-face when they cannot be together and help lessen feelings of isolation and loneliness.

RACE TO VACCINATE

Over 140 possible COVID-19 vaccines are in development by December 2020, the shortest vaccine development timeline in history. Canada to receive 44 million doses of the Pfizer, Moderna and AstraZeneca vaccines by Canada Day.

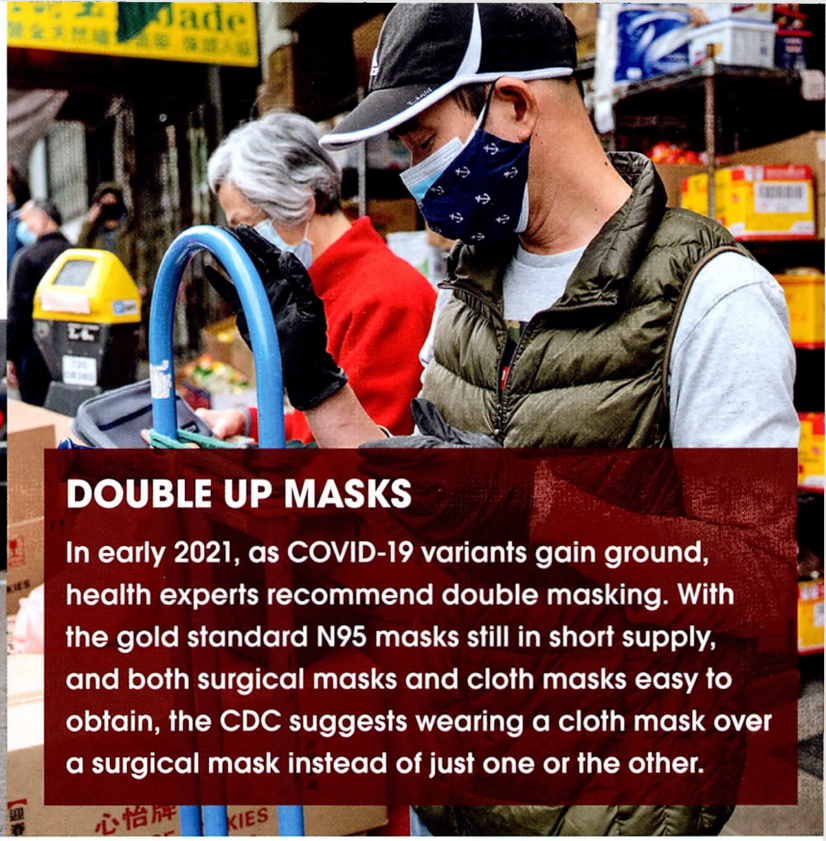
BICYCLE BOOM

Early in the pandemic, with gyms closed and school sports seasons cut short, demand for bikes surges and, in early 2021, continues to outpace supply. Bicycle industry experts predict that the bike shortage will last into 2022.

COVID-

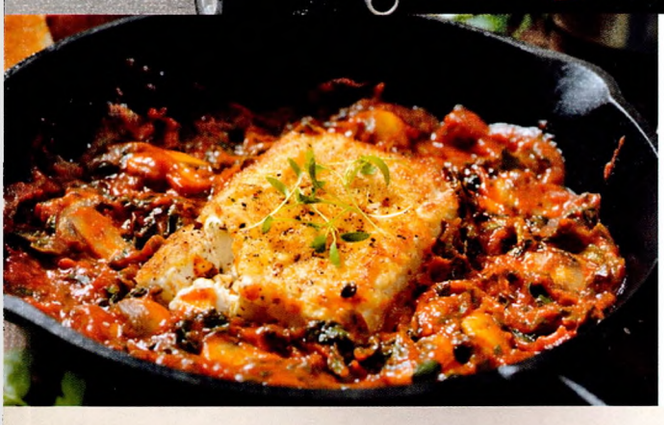
DRIVE-BY PARTIES

Across North America, people take to their vehicles to connect and celebrate without violating social distancing rules. Drive-by birthday celebrations and even graduations become the norm.



DOUBLE UP MASKS

In early 2021, as COVID-19 variants gain ground, health experts recommend double masking. With the gold standard N95 masks still in short supply, and both surgical masks and cloth masks easy to obtain, the CDC suggests wearing a cloth mask over a surgical mask instead of just one or the other.

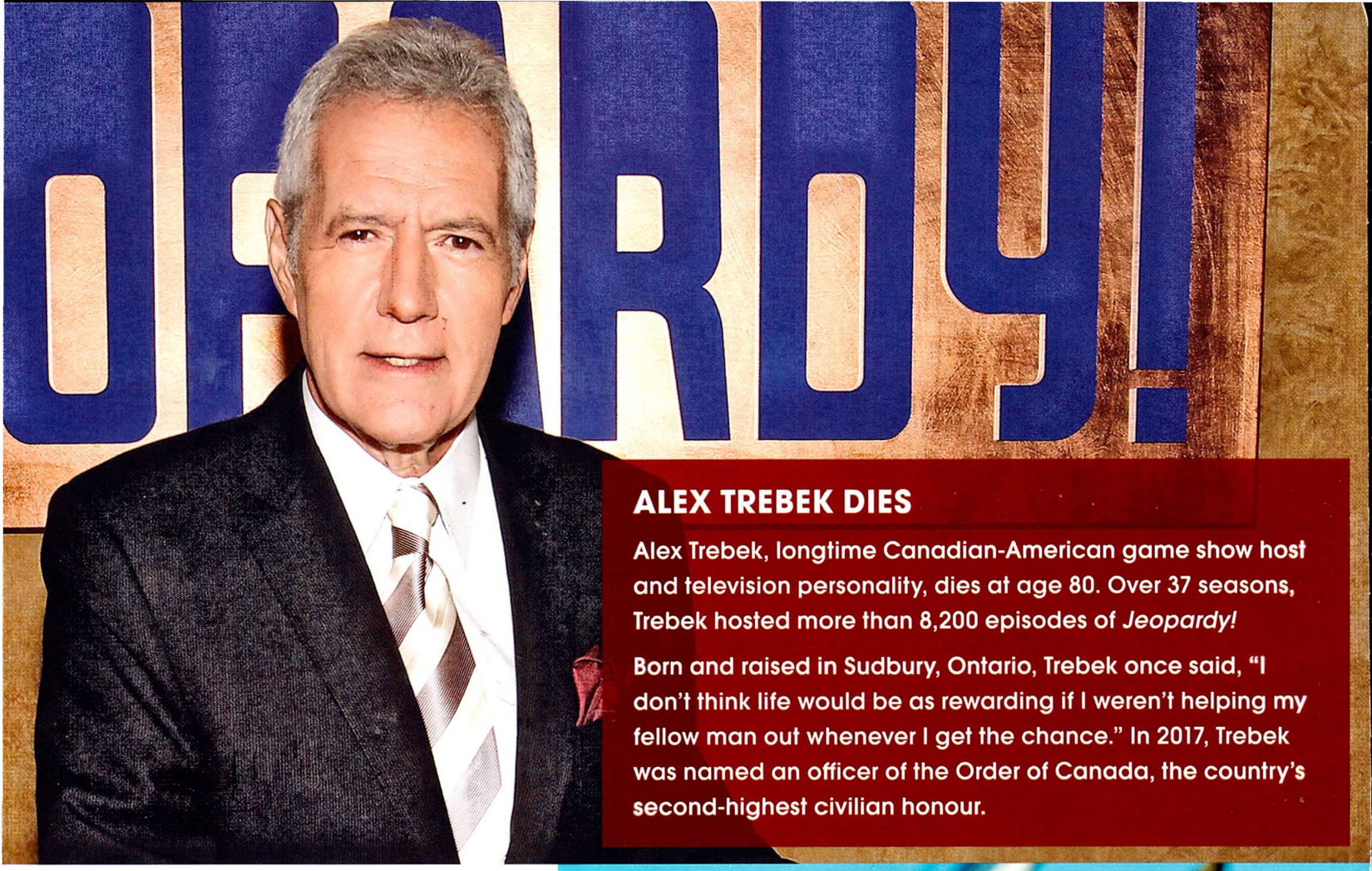


QUARANTINE FOOD TRENDS

As the quarantine wave hit the U.S. in March 2020, TikTok influencers spread at-home food trends like banana bread, Dalgona coffee, and pancake cereal. By January 2021, TikTok users turned to new ideas, like Mexican birria tacos, feta-tomato pasta sauce, and West African fufu.

TEACHERS ADAPT

Educators take on new tasks in addition to new teaching techniques, like doing temperature checks and disinfecting surfaces. Hybrid teaching schedules often halve the number of in-school hours for students, meaning that teachers must condense curriculum.



ALEX TREBEK DIES

Alex Trebek, longtime Canadian-American game show host and television personality, dies at age 80. Over 37 seasons, Trebek hosted more than 8,200 episodes of *Jeopardy!*

Born and raised in Sudbury, Ontario, Trebek once said, "I don't think life would be as rewarding if I weren't helping my fellow man out whenever I get the chance." In 2017, Trebek was named an officer of the Order of Canada, the country's second-highest civilian honour.

SNOWBIRDS OP. INSPIRATION

The Canadian Forces Snowbirds are the official aerobatic team of the Royal Canadian Air Force and are a national symbol at events. In August 2020, the Snowbirds 431 Air Demonstration Squadron deploys Operation Inspiration, a cross-Canada tour to lift the spirits of Canadians and salute front-line workers during the COVID-19 pandemic. Captain Jennifer Casey died in a tragic accident during take-off from the Kamloops Airport, BC.

HEADLIN

MARRIAGE AT BORDER

With travel restrictions in place due to the pandemic and family on both sides of the closed Canada/USA border, couples find creative ways to marry. One couple, Jaxon & Kadee Jensen, arrange their wedding in a field south of Cardston, AB at the Alberta/Montana boundaries. Obtaining special permission from border services and local landowners, the bride's father walks his daughter down the aisle, with each of them and their loved ones on either side of the fence and in different countries.

Photo: Juli Miller

GOV. PAYETTE RESIGNS

In the midst of reports from numerous employees alleging a "toxic" work environment at Rideau Hall, the official residence of Canada's Governor General, Julie Payette resigns. Appointed to the position in 2017 by current Prime Minister Justin Trudeau, Payette leaves the 5-year term early.

GOVERNMENT BENEFITS

In response to the global pandemic, the government of Canada creates income support program Canada Emergency Response Benefit (CERB) for individuals and financial support program Canada Emergency Wage Subsidy (CEWS) for businesses. Minister of Employment Carla Qualtrough explains, "It is during these difficult times that Canadians should not have to choose between protecting their health and continuing to support their families."

SPACE X LIFTOFF

In the first NASA partnership with a private corporation, Elon Musk's Space X company, the first astronauts head to the International Space Station. Lifting off in Space X's "Crew Dragon," U.S. astronauts go into orbit on a U.S.-built rocket for the first time in nine years. They will spend six months in space, joining another NASA astronaut and two Russian cosmonauts.

TITLE VII LAWSUIT

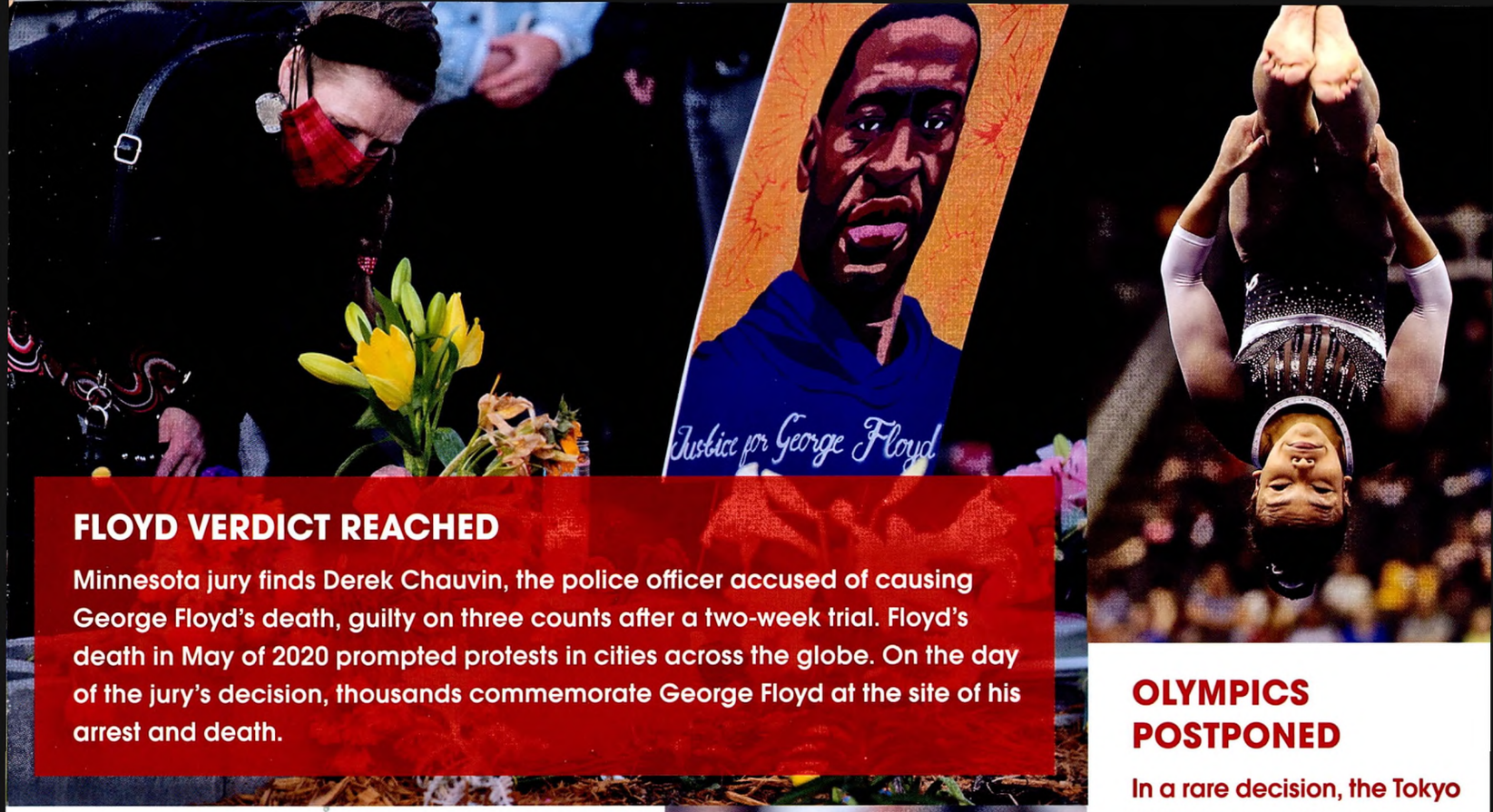
The U.S. Women's National Soccer Team's claim that their working conditions are not equal to those of the U.S. Men's Team leads to a settlement in their favour. U.S. Soccer agrees to provide both teams with comparable charter flights and hotel accommodations, along with staffing numbers.

NOVA SCOTIA TRAGEDY

In the deadliest rampage in Canadian history, a denturist impersonates a police officer and kills 22 people during a thirteen-hour crime spree.

Fundraisers for the victims and their families start on crowdfunding platforms. A permanent memorial is set up at a former church in Portapique, Nova Scotia to honour the victims.

HEADLIN



FLOYD VERDICT REACHED

Minnesota jury finds Derek Chauvin, the police officer accused of causing George Floyd's death, guilty on three counts after a two-week trial. Floyd's death in May of 2020 prompted protests in cities across the globe. On the day of the jury's decision, thousands commemorate George Floyd at the site of his arrest and death.

OLYMPICS POSTPONED

In a rare decision, the Tokyo 2020 Summer Olympics are postponed until July 2021. Following a rise in COVID-19 cases, Japan decides that no foreign spectators will be allowed, and athletes must take COVID-19 tests every four days. Athletes are also prohibited from using public transportation or visiting tourist sites during the games.

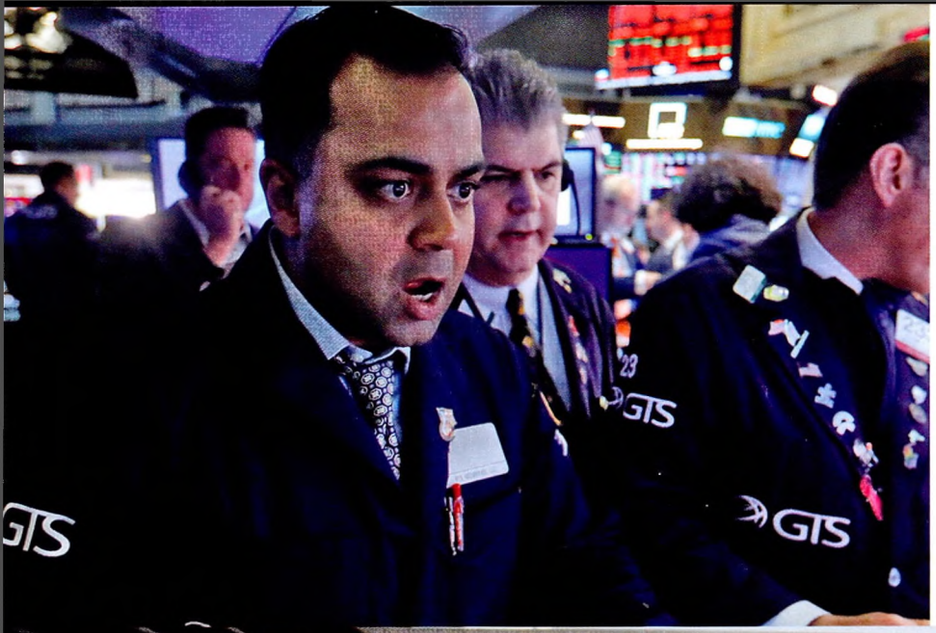
PRINCE PHILIP'S LIFE OF SERVICE

Prince Philip, the Duke of Edinburgh, dies after a life of service. As one of the Royal Navy's youngest first lieutenants, he serves in WWII and receives honourary appointments with the British Military. Prince Philip advocates for conservation, wildlife and the environment.

Queen Elizabeth notes, "This and many other countries, owe him a debt greater than he would ever claim, or we shall ever know."

SUEZ CANAL BLOCKED

For the first time in the Suez Canal's 150-year history, a ship becomes lodged and blocks hundreds of incoming ships for nearly a week. The 200,000-tonne ship, *Ever Given*, is taller than the Eiffel Tower and measures 400-meters in length. The Egypt Suez Canal runs between Africa and the Sinai Peninsula.



STOCK ROLLER COASTER

COVID-19 affects the stock market throughout 2020. The Dow Jones Industrial Index falls almost 8 percent on March 10th and then 10 percent on March 12th, 2020, as news of COVID-19 spreads and oil prices fall. Still, stock prices climb overall for the year and the Dow Jones Industrial Average sees an overall return of over 8 percent as of December.

TRAVEL CURTAILED

Airlines lost more than 85 percent of their normal business in 2020, as passengers avoided congested flight conditions and many tourist destinations. Airports emptied. In response, airlines cut flight schedules, furloughed thousands of employees and advertised new safety procedures. Canadian airlines Air Canada and WestJet cancel flight routes and lay off hundreds of staff members. Upon arrival in Canada, travelers are required to take a COVID-19 test and hotel quarantine for a minimum of three days.

HEADLIN

46TH PRESIDENT & VICE PRESIDENT HARRIS

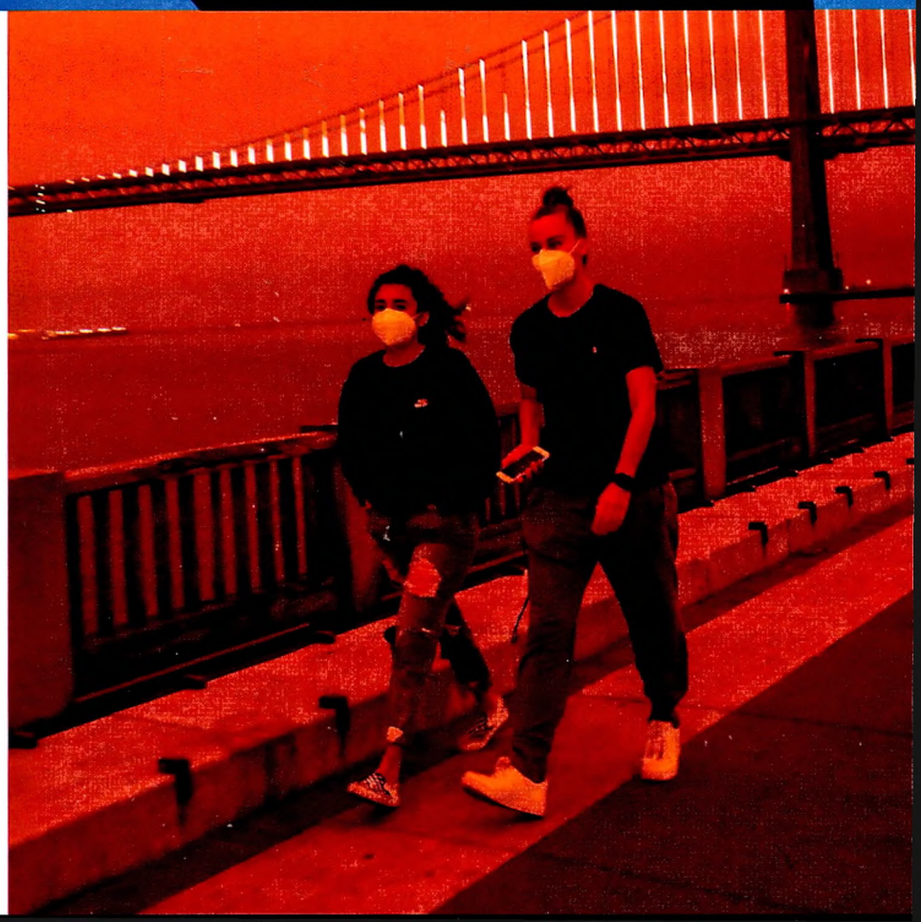
Joseph R. Biden becomes president of the United States after record voter turnout in this one-of-a-kind pandemic election. Due to the large numbers of absentee ballots cast, media outlets do not declare Biden the winner until the Saturday following the election.

Kamala Harris, the daughter of immigrants from India and Haiti, becomes the first African American and Asian American woman to win the vice presidency.

FIRES RAGE

The United States experiences a record-setting wildfire season. According to the National Interagency Fire Center, over 10 million acres burn in 2020. On Sept. 8 and 9, the skies along the western coast of the U.S. turn an unearthly shade of red-orange because of nearby fires and smoke.

NES



SUPER BOWL LV

Tampa Bay wins their second title, defeating the Kansas City Chiefs, as the Buccaneers' defense and quarterback Tom Brady dominate. The match-up was a battle between the greatest quarterback of all time and the current best, Patrick Mahomes. At 43 years old, Brady is the oldest player to ever play in the Super Bowl. The game is his 10th Super Bowl and he set NFL records with this seventh win and fifth MVP. The halftime show featured entertainer The Weeknd.

ADJUSTED SPORTS SEASONS

Decisions about sports cancellations or delays varied greatly across the provinces, leading to agonizing back-and-forths. A handful of organizations cancel fall sports completely, while others delay the season's start or move fall sports to the spring. COVID-19 outbreaks lead to unplanned delays.

MLB WORLD SERIES

Concluding the shortest MLB season on record, the Dodgers win the World Series after the Tampa Bay Rays make a controversial pitching change in Game 6, breaking Blake Snell's momentum in favour of reliever Nick Anderson. Mookie Betts slides home to give the Dodgers the go-ahead 2-1 run and the Dodgers win 3-1.

SPORTS

NBA CHAMPIONSHIP 2020

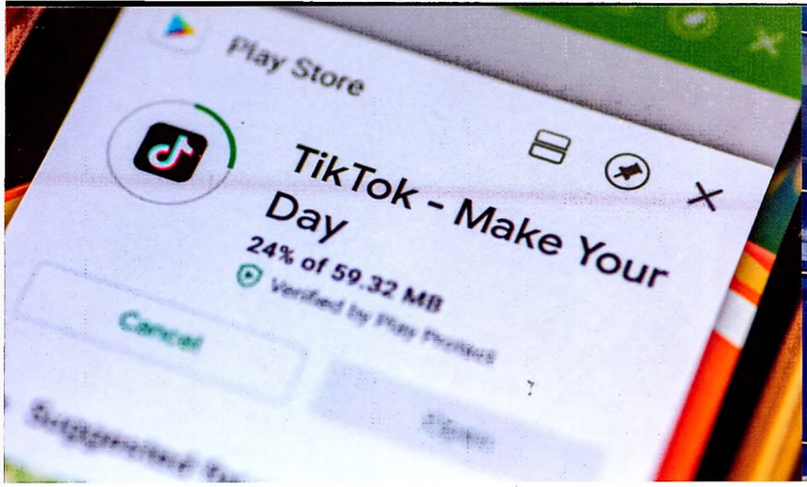
LeBron James wins his fourth Finals MVP award, tying Michael Jordan for that record, after a win over the Miami Heat. The Lakers win follows a tough year with the loss of former team leader Kobe Bryant. The team dedicates the season to him.

NHL REALIGNS BORDERS

Travel restrictions imposed by the government due to the ongoing COVID-19 pandemic close the Canada-U.S. border and cause the NHL to temporarily realign the season. All seven Canadian teams play in one division in a shortened season.

STANLEY CUP 2020

NHL playoffs are postponed to September, then limited to two locations in Canada, Toronto and Edmonton, due to COVID-19. The Tampa Bay Lightning win the Stanley Cup in a 2-0 game six victory over the Dallas Stars, achieving a 4-2 record in the best of seven series. Tampa Bay defenseman Victor Hedman is named Series MVP.

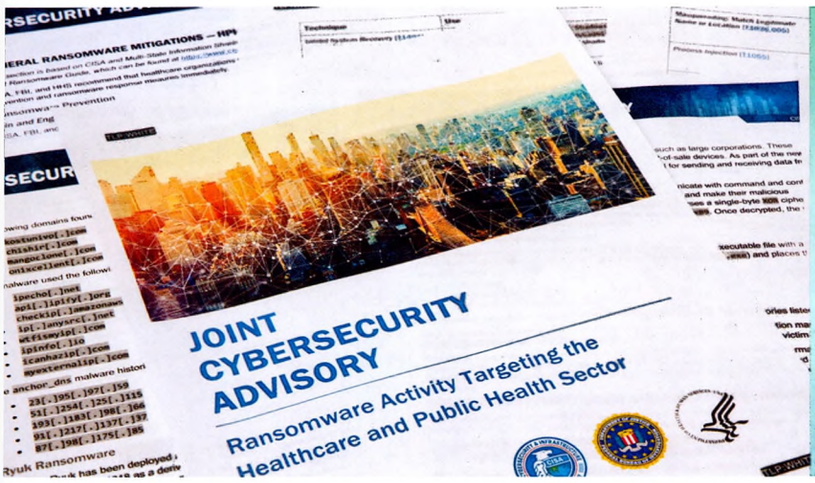


TIKTOK DODGES BAN

Concerns about national security leads President Trump to threaten to prohibit Chinese-owned TikTok downloads starting in November. Oracle proposes taking over ownership of TikTok U.S. data, and negotiations continue through the fall. Two federal district court judges rule that Trump's emergency economic powers are not sufficient.

U.S. SUES GOOGLE

The U.S. Department of Justice files a lawsuit against tech giant Google after a Congressional report accuses Google, Twitter, Amazon and others of using monopoly powers. The DOJ claims that Google has illegally paid computer manufacturers billions of dollars to choose Google as their default search engine and restrict rivals.



MICROSOFT NEUTRALIZES HACKERS

In December, evidence of the most sophisticated and far-reaching hack in years became public. A group of hackers known as "CozyBear" breached a trusted infrastructure supply chain. While Microsoft could not fix the damage already done, they were able to prevent further infiltration within four days.

CAN'T STOP GAMESTOP

Wall Street hedge funds bet that GameStop, a business hit hard by online gaming, would see falling stock prices. In response, a Reddit page called "Wall Street Bets" (WSB) urges followers to buy stock in GameStop. Millions of buyers sent GameStop stock prices surging 1600% in a few days.

TECH NE

SEE YOU ON ZOOM

The Zoom App goes from being a business-meeting app to an "everything" app in 2020, used for virtual learning, social gatherings, art performances, exercise classes, weddings, and funerals. Into 2021, downloading stats keep Zoom dominant in videoconferencing software, but with growing competition from Google Meet, Slack, and Microsoft Teams.

NOBEL PRIZE

Doctors Jennifer Doudna and Emmanuelle Charpentier win the Nobel Prize in Chemistry for their work developing a gene-editing technique known as Crispr-Cas9. *Crispr* stands for "clustered regularly interspaced short palindromic repeats," a type of sequencing in DNA chains that facilitates bacterial immunity. The Crispr technique allows scientists to cut out and replace chain segments. This will enable repairs to flawed genes and prevent diseases, but the technique's potential to create inheritable edited genes in humans is controversial.

GAMERS' DILEMMA

Sony and Microsoft release their newest gaming systems on the same day, November 12th, 2020. Microsoft's Xbox Series X and Sony's PlayStation 5 both offer much faster loading times than their predecessors and are similarly priced at about $500. However, Xbox Series X offers better backward capability, while PS5 offers a redesigned, more immersive controller. Which to buy? Depends on your game preference: *Halo* fans prefer the Xbox, while *God of War* fans want the PS5. Getting PS5 for the holidays proves so difficult that it inspires a *Saturday Night Live* skit.

photo: wccftech

MARVEL STREAMING RIGHTS

Disney Plus is the streaming home to nearly every Marvel movie and TV Show. Distribution of *The Incredible Hulk* is owned by Universal Pictures. Spider-Man films are owned by Sony.

MASK TRENDS

While NIOSH-certified "N95" masks are the gold standard, they are unavailable to the general public for months. The urgent need for masks leads to countless creative designs and unending arguments about what the "best" masks are. Elastic loops? Ties around the head? One or two fabric layers? Filters?

EMMY'S SWEEPS

Created by father-son team Eugene and Daniel Levy, the quirky Canadian comedy series *Schitt's Creek* wins nine Emmys, the most in a year for a comedy series. The show features a wealthy family who fall on hard times.

CHADWICK BOSEMAN

Chadwick Boseman dies from colon cancer at age 43. After his diagnosis, he films five movies including *Black Panther*. At the 2021 Golden Globes, Boseman posthumously wins "Best Actor."

TIKTOK GROWS

Despite facing a threatened ban in the U.S., TikTok continues to grow to 732 million users as of April 2021, making millions of dollars for some contributors.

TRENDS

CHRIS DELMAS/CONTRIBUTOR via AFP Getty Images, AARONP/BAUER-GRIFFIN/CONTRIBUTOR via AFP Getty Images, GREGG NEWTON/CONTRIBUTOR via AFP Getty Images, VALERIE MACON/CONTRIBUTOR via AFP Getty Images, VAXELLE/BAUER-GRIFFIN/CONTRIBUTOR via AFP Getty Images, GETTY IMAGES/STAFF via AFP Getty Images, MATT ROURKE/ASSOCIATED PRESS via AP Images, HAVEN DALEY/ASSOCIATED PRESS via AP Images, BLOOMBERG/CONTRIBUTOR via AFP Getty Images, MATT ROURKE/ASSOCIATED PRESS via AP Images, SOPA IMAGES/CONTRIBUTOR via AFP Getty Images, ROSS D. FRANKLIN/ASSOCIATED PRESS via AP Images, LAURI PATTERSON via AFP Getty Images, ROBERT F. BUKATY/ASSOCIATED PRESS via AP Images, JASON REDMOND/CONTRIBUTOR via AFP Getty Images, ROBERT F. BUKATY/ASSOCIATED PRESS via AP Images, GREGG NEWTON/CONTRIBUTOR via AFP Getty Images, JOHN MINCHILLO/ASSOCIATED PRESS via AP Images, ICON SPORTSIRE/CONTRIBUTOR via AFP Getty Images, JAMIE SQUIRE/STAFF via AFP Getty Images, ERIN SCHAFF/ASSOCIATED PRESS via AP Images, JEFF SWENSEN/STRINGER via AFP Getty Images, GO NAKAMURA/STRINGER via AFP Getty Images, CHIP SOMODEVILLA/STAFF via AFP Getty Images, JIM WATSON/CONTRIBUTOR via AFP Getty Images, HANDOUT/HANDOUT via AFP Getty Images, NAM Y. HUH/ASSOCIATED PRESS via AP Images, SPENCER PLATT/STAFF via AFP Getty Images, WIN MCNAMEE/STAFF via AFP Getty Images, MIKE EHRMANN/STAFF via AFP Getty Images, MICHAEL REAVES/STRINGER via AFP Getty Images, CHRIS O'MEARA/ASSOCIATED PRESS via AP Images, MEDIANEWS GROUP/READING EAGLE/CONTRIBUTOR via Getty Images, BRETT WILHELM/CONTRIBUTOR via AFP Getty Images, MITCHELL LEFF/CONTRIBUTOR via AFP Getty Images, SEAN M. HAFFEY/STAFF via AFP Getty Images, DAVE SANDFORD/CONTRIBUTOR via AFP Getty Images, JESSE D. GARRABRANT/CONTRIBUTOR via AFP Getty Images, SIMON BRUTY/CONTRIBUTOR via AFP Getty Images, NED DISMAN/CONTRIBUTOR via AFP Getty Images, JEFF CHIU/ASSOCIATED PRESS via AP Images, YICHUAN CAO/SIPA USA via AP Images, GENARO MOLINA/CONTRIBUTOR via AFP Getty Images, PICTURE ALLIANCE/CONTRIBUTOR via AFP Getty Images, JON ELSWICK/ASSOCIATED PRESS via AP Images, IGOR GOLOVNIOV/SOPA IMAGES SIPA USA via AP Images, WCCFTECH/GAMER DILEMMA/CONTRIBUTOR

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STANSTEAD COLLEGE

SANITAS SAPIENTIA RELIGIO